



KEMENTERIAN PENDIDIKAN MALAYSIA

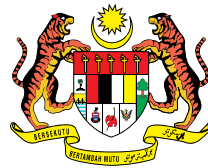
ENGLISH

FOR COMMUNICATION

SPECIAL EDUCATION

FORM **5**





RUKUN NEGARA

Bahawasanya Negara Kita Malaysia
mendukung cita-cita hendak;

Mencapai perpaduan yang lebih erat dalam kalangan
seluruh masyarakatnya;

Memelihara satu cara hidup demokrasi;

Mencipta satu masyarakat yang adil di mana kemakmuran negara
akan dapat dinikmati bersama secara adil dan saksama;

Menjamin satu cara yang liberal terhadap
tradisi-tradisi kebudayaannya yang kaya dan pelbagai corak;

Membina satu masyarakat progresif yang akan menggunakan
sains dan teknologi moden;

MAKA KAMI, rakyat Malaysia,
berikrar akan menumpukan
seluruh tenaga dan usaha kami untuk mencapai cita-cita tersebut
berdasarkan prinsip-prinsip yang berikut:

**KEPERCAYAAN KEPADA TUHAN
KESETIAAN KEPADA RAJA DAN NEGARA
KELUHURAN PERLEMBAGAAN
KEDAULATAN UNDANG-UNDANG
KESOPANAN DAN KESUSILAAN**

(Sumber: Jabatan Penerangan, Kementerian Komunikasi dan Multimedia Malaysia)

THE STANDARD-BASED ENGLISH FOR COMMUNICATION CURRICULUM (SBECC)

ENGLISH FOR COMMUNICATION

SPECIAL EDUCATION FORM 5

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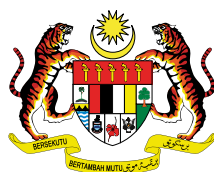
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KEMENTERIAN PENDIDIKAN MALAYSIA

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Contents

Introduction		iv
21st Century Skills		v
Content Mapping for Theme 1		vi
Content Mapping for Theme 2		viii
Content Mapping for Theme 3		x
Content Mapping for Theme 4		xii
Inventory of Icons		xiv
i-Think		xvi
Character Introductions		1
THEME 1	PEOPLE AND CULTURE	3
Unit 1	Family Bonds	4
Unit 2	Food Varieties	20
Unit 3	When in Doubt, Unwind!	35
THEME 2	SCIENCE AND TECHNOLOGY	49
Unit 4	Technological Wonders	50
Unit 5	Life Made Easy	61
Unit 6	Discovery through Experiment	73
THEME 3	HEALTH AND ENVIRONMENT	89
Unit 7	Healthy Food, Healthy Body	90
Unit 8	Unpredictable Weather	103
Unit 9	Building Better Mental Health	115
THEME 4	CONSUMERISM AND FINANCIAL AWARENESS	127
Unit 10	Ringgit Sense	128
Unit 11	Business E-Commerce	142
Unit 12	Wise Shoppers	152

Audio Tapescript		165
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Introduction

The **English for Communication (Special Education) Form 5** textbook is designed to fulfil the needs of English Language requirement for Form 5 pupils with Special Education Needs (SEN). This textbook is based on the Standard-Based Curriculum for Malaysian Special Education Secondary School (KSSMPK) and the Standard-Based English for Communication Curriculum (SBECC).

The main objective of this textbook is to equip pupils who have learning disabilities with the necessary English Language skills and knowledge to access the information and interact confidently and effectively in various aspects of their lives.

This textbook consists of four main themes which are People and Culture, Science and Technology, Health and Environment, Consumerism and Financial Awareness. For each theme, there are three units emphasizing four language skills listening and speaking, reading and writing in the enrichment and assessment activities.

The content of this textbook is aligned to the Common European Framework of Reference (CEFR) at Revise A2 to B1 Low proficiency levels. Moral values are also integrated within the content of the textbook to promote a holistic secondary school education.

21st Century Skills

21st century skills embrace skills, abilities, and learning dispositions that have been identified as being required for success in 21st century society. Hence, the Standard-Based English for Communications Curriculum (SBECC) emphasizes on the appropriate thinking skills as well as life skills and one's career based on pure value practices.

The main objective of the 21st century skills is to produce holistic individuals among the pupils. Not only should the pupils be prepared with adequate learning skills and literacy skills, they should also focus on a life skills as well as the creative and innovative thinking skills too.

Schools need to adapt and develop new ways of teaching and learning that reflect a changing world. Given the widespread availability of information today, teacher needs to teach students on how to find, interpret and use information, rather than using most or all of the time to present information.

As future leaders, pupils need to improve their proficiency in English, as well as their leadership qualities and ethical decision-making skills to be globally competitive. By adapting to the 21st century skills, pupils could develop the aimed characteristic as mentioned in the pupils' profile as follows:



Resilient



Thinker



Communicator



Team Player



Inquisitive



Principled



Informed



Caring



Patriotic

Content Map

Theme 1: People and Culture

Unit	LS	Listening	LS	Speaking	LS	Reading	LS	Writing	Language Focus
Unit 1 Family Bonds (Page 4 to 19)	1.1.1	Understand with little support the main ideas in simple longer texts on a range of familiar topics	2.1.2	Ask about and explain information from simple processes	3.1.1	Understand the main points in simple longer texts on an increased range of familiar topics	4.1.2	Explain and give detailed information from variety of materials	Present Simple and Present Continuous
	1.1.2	Understand with little support the specific details and information in simple longer texts on a range of familiar topics	2.1.4	Express and respond to common feelings such as happiness, sadness, surprise and interest			4.2.1	Punctuate written work with reasonable accuracy	
			2.2.1	Express feelings or simple opinions about a story, event or experience					
Unit 2 Food Varieties (Page 20 to 34)	1.1.2	Understand with little support the specific details and information in simple longer texts on a range of familiar topics	2.1.3	Ask about, describe and give respond to future plans or events	3.1.1	Understand the main points in simple longer texts on an increased range of familiar topics	4.1.2	Explain and give detailed information from variety of materials	Countable or Uncountable Nouns and Quantifiers
	1.2.1	Guess the meaning of unfamiliar words from clues provided by other known words by context on a range of familiar topics	2.1.2	Ask about and explain information from simple processes			4.2.2	Spell written work with reasonable accuracy	
Unit 3 When in Doubt, Unwind! (Page 35 to 47)	1.1.1	Understand with little support the main ideas in simple longer texts on a range of familiar topics	2.1.3	Ask about, describe and give respond to future plans or events	3.1.1	Understand the main points in simple longer texts on an increased range of familiar topics	4.1.3	Express and respond to opinions and common feelings such as happiness, sadness, surprise and interest	Relative Pronouns and Question Tags
					3.1.2	Understand specific details and information in a variety of text types on a range of familiar topics			
	1.1.2	Understand with little support the specific details and information in simple longer texts on a range of familiar topics			3.1.3	Use with little or no support familiar print and digital resources to check meaning			

Content Map

Theme 2: Science and Technology

Unit	LS	Listening	LS	Speaking	LS	Reading	LS	Writing	Language Focus	
Unit 4 Technological Wonders (Page 50 to 60)	1.1.2	Understand with little support the specific details and information in simple longer texts on a range of familiar topics	2.1.1	Ask about and explain information from simple texts	3.1.2	Understand specific details and information in a variety of text types on a range of familiar topics	4.1.1	Explain simple content from what they have read or heard	Modal Verbs	
			2.1.3	Ask about, describe and give respond to future plans or events	3.2.1		Read, enjoy and give a personal response to fiction or non-fiction and other suitable print and digital texts of interest	4.1.2		Explain and give detailed information from variety of materials
					4.2.1		Punctuate written work with reasonable accuracy			
Unit 5 Life Made Easy (Page 61 to 72)	1.1.1	Understand with little support the main ideas in simple longer texts on a range of familiar topics	2.1.1	Ask about and explain information from simple texts	3.1.3	Use with little or no support familiar print and digital resources to check meaning	4.1.1	Explain simple content from what they have read or heard	Adjectives and Adverbs	
	1.2.1	Guess the meaning of unfamiliar words from clues provided by other known words by context on a range of familiar topics	2.1.3	Ask about, describe and give respond to future plans or events	3.2.1	Read, enjoy and give a personal response to fiction or non-fiction and other suitable print and digital texts of interest	4.1.3	Express and respond to opinions and common feelings such as happiness, sadness, surprise and interest		
Unit 6 Discovery through Experiment (Page 73 to 87)	1.1.1	Understand with little support the main ideas in simple longer texts on a range of familiar topics	2.1.4	Express and respond to common feelings such as happiness, sadness, surprise and interest	3.1.1	Understand the main points in simple longer texts on an increased range of familiar topics	4.1.1	Explain simple content from what they have read or heard	Present Perfect Simple and Present Perfect Continuous	
	1.2.1	Guess the meaning of unfamiliar words from clues provided by other known words by context on a range of familiar topics	2.2.1	Express feelings or simple opinions about a story, event or experience	3.1.2	Understand specific details and information in a variety of text types on a range of familiar topics	4.1.2	Explain and give detailed information from variety of materials		
					3.2.1	Read, enjoy and give a personal response to fiction or non-fiction and other suitable print and digital texts of interest	4.2.2	Spell written work with reasonable accuracy		

Content Map

Theme 3: Health and Environment

Unit	LS	Listening	LS	Speaking	LS	Reading	LS	Writing	Language Focus
Unit 7 Healthy Mind, Healthy Body (Page 90 to 102)	1.1.1	Understand with little support the main ideas in simple longer texts on a range of familiar topics	2.1.2	Ask about and explain information from simple processes	3.1.1	Understand the main points in simple longer texts on an increased range of familiar topics	4.1.1	Explain simple content from what they have read or heard	Future Time Expressions
	1.2.1	Guess the meaning of unfamiliar words from clues provided by other known words by context on a range of familiar topics	2.1.4	Express and respond to common feelings such as happiness, sadness, surprise and interest			4.1.2	Explain and give detailed information from variety of materials	
				4.1.3			Express and respond to opinions and common feelings such as happiness, sadness, surprise and interest		
Unit 8 Iffy Weather (Page 103 to 114)	1.1.2	Guess the meaning of unfamiliar words from clues provided by other known words by context on a range of familiar topics	2.2.1	Express feelings or simple opinions about a story, event or experience	3.1.1	Understand the main points in simple longer texts on an increased range of familiar topics	4.1.3	Express and respond to opinions and common feelings such as happiness, sadness, surprise and interest	Temporal Expressions
	1.2.1	Guess the meaning of unfamiliar words from clues provided by other known words by context on a range of familiar topics			3.1.3	Use with little or no support familiar print and digital resources to check meaning			
Unit 9 Building Better Mental Health (Page 115 to 125)	1.1.1	Understand with little support the main ideas in simple longer texts on a range of familiar topics	2.1.2	Ask about and explain information from simple processes	3.1.1	Understand the main points in simple longer texts on an increased range of familiar topics	4.1.2	Explain and give detailed information from variety of materials	Order of Adjectives
	1.1.2	Understand with little support the specific details and information in simple longer texts on a range of familiar topics	2.2.1	Express feelings or simple opinions about a story, event or experience	3.1.3	Use with little or no support familiar print and digital resources to check meaning	4.2.1	Punctuate written work with reasonable accuracy	

Content Map

Theme 4: Consumerism and Financial Awareness

Unit	LS	Listening	LS	Speaking	LS	Reading	LS	Writing	Language Focus
Unit 10 Ringgit Sense (Page 128 to 141)	1.1.2	Understand with little support the specific details and information in simple longer texts on a range of familiar topics	2.1.3	Ask about, describe and give respond to future plans or events	3.1.1	Understand the main points in simple longer texts on an increased range of familiar topics	4.1.1	Explain simple content from what they have read or heard	Relative Pronouns
	1.2.1	Guess the meaning of unfamiliar words from clues provided by other known words by context on a range of familiar topics	2.2.1	Express feelings or simple opinions about a story, event or experience	3.2.1	Read, enjoy and give a personal response to fiction or non-fiction and other suitable print and digital texts of interest	4.1.3	Express and respond to opinions and common feelings such as happiness, sadness, surprise and interest	
Unit 11 Business E-Commerce (Page 142 to 151)	1.1.1	Understand with little support the main ideas in simple longer texts on a range of familiar topics	2.1.3	Ask about, describe and give respond to future plans or events	3.1.2	Understand specific details and information in a variety of text types on a range of familiar topics	4.1.2	Explain and give detailed information from variety of materials	Adverb
	1.1.2	Understand with little support the specific details and information in simple longer texts on a range of familiar topics	2.1.4	Express and respond to common feelings such as happiness, sadness, surprise and interest	3.1.3	Use with little or no support familiar print and digital resources to check meaning			
Unit 12 Wise Shoppers (Page 152 to 164)	1.1.2	Understand with little support the specific details and information in simple longer texts on a range of familiar topics	2.1.3	Ask about, describe and give respond to future plans or events	3.1.1	Understand the main points in simple longer texts on an increased range of familiar topics	4.1.1	Explain simple content from what they have read or heard	Indirect Questions
	1.2.1	Guess the meaning of unfamiliar words from clues provided by other known words by context on a range of familiar topics	2.1.4	Express and respond to common feelings such as happiness, sadness, surprise and interest	3.1.2	Understand specific details and information in a variety of text types on a range of familiar topics	4.1.3	Express and respond to opinions and common feelings such as happiness, sadness, surprise and interest	
					3.2.1	Read, enjoy and give a personal response to fiction or non-fiction and other suitable print and digital texts of interest			

Inventory of Icons



Listening

Provides exercises that develop the pupils' listening skills.



Speaking

Strengthens the pupils' ability to communicate effectively.



Writing

Provides exercises that develop the pupils' writing skills.



Games Begin!

Interesting games provided to make learning process in fun way.



Interesting Fact

Provides authentic information of an event or situation.



Glossary

Helps the pupils to understand difficult words by providing definitions.



Language Focus

Features various grammar rules.



HOTS

Stimulates pupils' higher order thinking skills.



Scan Here

Provides links to information materials from the Internet.



Moral Value

Encourages the pupils to have good values that will provide them with benefits in their daily lives.



Assessment

Checks the pupils' level of development based on the skills.



Augmented Reality (AR)

Provides interactive exercises and games via smartphones and mobile gadgets.

How to Use:

1. Download the AR application by scanning this QR code.



2. Browse the pages that contain AR icon.

3. Scan the image with your smartphone to enjoy the new learning experience.



Group Work

Signifies activities that should be done in groups.



Pair Work

Signifies activities that should be done in pairs.



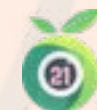
Reading

Enhances the pupils' reading abilities in a fun and engaging manner to promote critical thinking at various levels.



Teacher's Note

Guides teachers in instructing the pupils and aids the learning session in class.



21st Century Learning

Accommodates different learning styles.

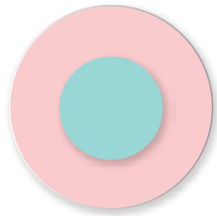


Learning Standard

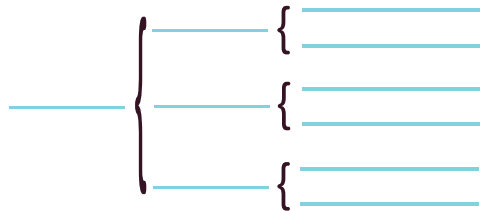
Refers to the learning standards.

i-Think

1. **Circle Map** is used for defining in content.



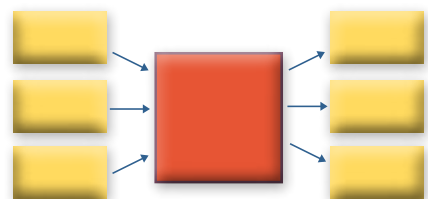
3. **Brace Map** for identifying whole-part relationship.



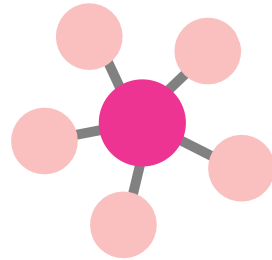
5. **Tree Map** is used for classifying and grouping.



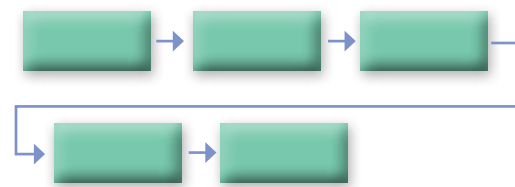
7. **Multi-Flow Map** is used for analyzing causes and effects.



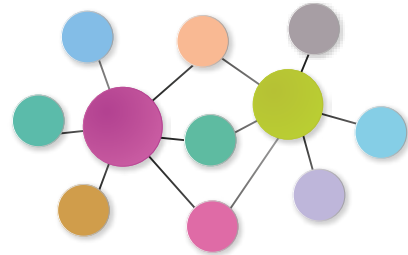
2. **Bubble Map** is used for describing ideas or concepts.



4. **Flow Map** is used for sequencing or ordering events.



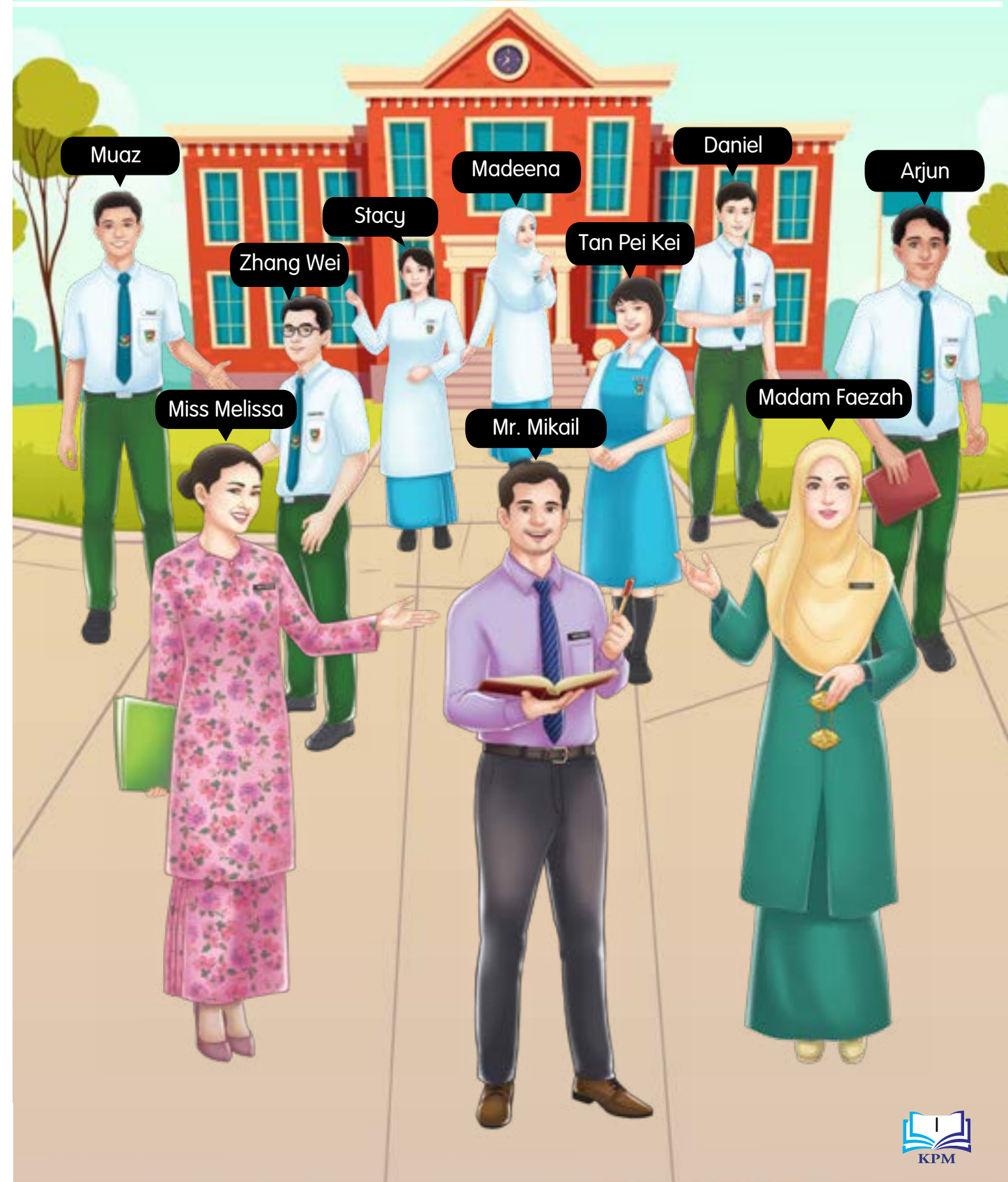
6. **Double Bubble Map** is used for comparing and contrasting.



8. **Bridge Map** is used for seeing analogy.



Character Introductions





Theme

People and Culture

1

In this theme, you will:

- Listen to a short recording about Arjun and his little brother about their daily activities.
- Listen to a dialogue of Stacy ordering food in a restaurant.
- Listen and sing a song entitled The Muffin Man.
- Listen and recite the poem Garden of Sand.
- Listen to the dialogue between a father and daughter on their vacation to Langkawi.
- Read about places of interest.

UNIT 1 FAMILY BONDS



Warm Up

- Do you have a small or big family? Who are you close to in your family?

Listening

- A. Listen to a short recording about Arjun and his little brother's daily activities. Draw items related to their activities in the correct box below.

Arjun



Jeevan





Scan Here

<http://arasmega.com/qr-link/arjun-and-little-brothers-daily-activities-2/>



Teacher's Note

- Items could be drawing of objects or symbols.

 **Listening**

B. Listen to the audio and choose the correct picture for each question.

1. What is Daniel's grandmother's favourite food?



2. Which one is Madeena's father's job?



3. Where do Tan Pei Kei and her little sister play every evening?



4. When will Madam Faezah's niece's birthday be celebrated?



5. Which girl is Muaz's sister?



Scan Here











<http://arasmega.com/qr-link/unit-1-exercise-b-combine/>





Teacher's Note



- Facilitate pupils to read and understand the questions first before the audio is played.

A. Read the meaning of emoji expressions below.

 Happy	 Shocked	 Sad	 Angry	 Blowing a Kiss
 Amused	 Regretful	 Annoyed	 Thinking	 Cheeky

B. Read aloud the following sentences with appropriate expressions.

1. My father will take our family to the beach this weekend.	
2. I didn't expect my sister to come on my sports day.	

3. I feel sad because my grandmother passed away yesterday.	
4. My brother took my shirt without my permission.	
5. Thank you for my birthday present Lisa. I love you.	
6. The cartoon movie that I watched with my niece was funny.	
7. I am sorry for forgetting to wash the dishes, mother.	
8. Why do you always act silly, my dear little sister?	
9. How did my uncle know my English grade?	
10. I love to tease my little brother.	



Teacher's Note

- Pupils can take turns reading aloud the sentences in their group.
- Help pupils to pronounce the words correctly.
- Help pupils to understand the vocabulary to show appropriate reaction.

C. Look at the picture below. What happened to Daniel's brother?



Teacher's Note

- Draw circle map on the board and write vocabulary elicited by the pupils that might help them in the next activity.

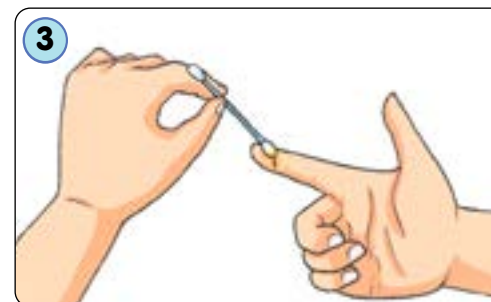
D. As a member of Red Crescent Society, give a talk on how to treat a small wound to your classmates.

bleeding wound minor cut finger



When you get a _____ because of _____ on your _____, don't be panic.

put antiseptic cotton swab



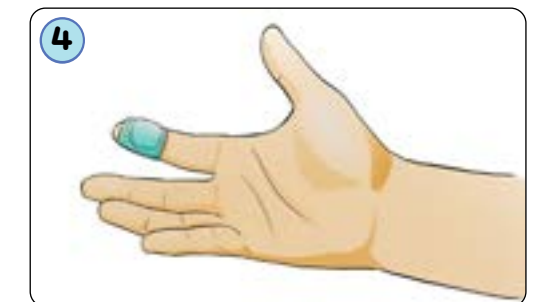
Secondly, _____ using _____ on the wound.

rinse bleeding wound tap water



Firstly, you need to _____ your _____ with _____.

cover the wound adhesive bandage strip infection



Lastly, you must _____ with _____ to avoid _____.

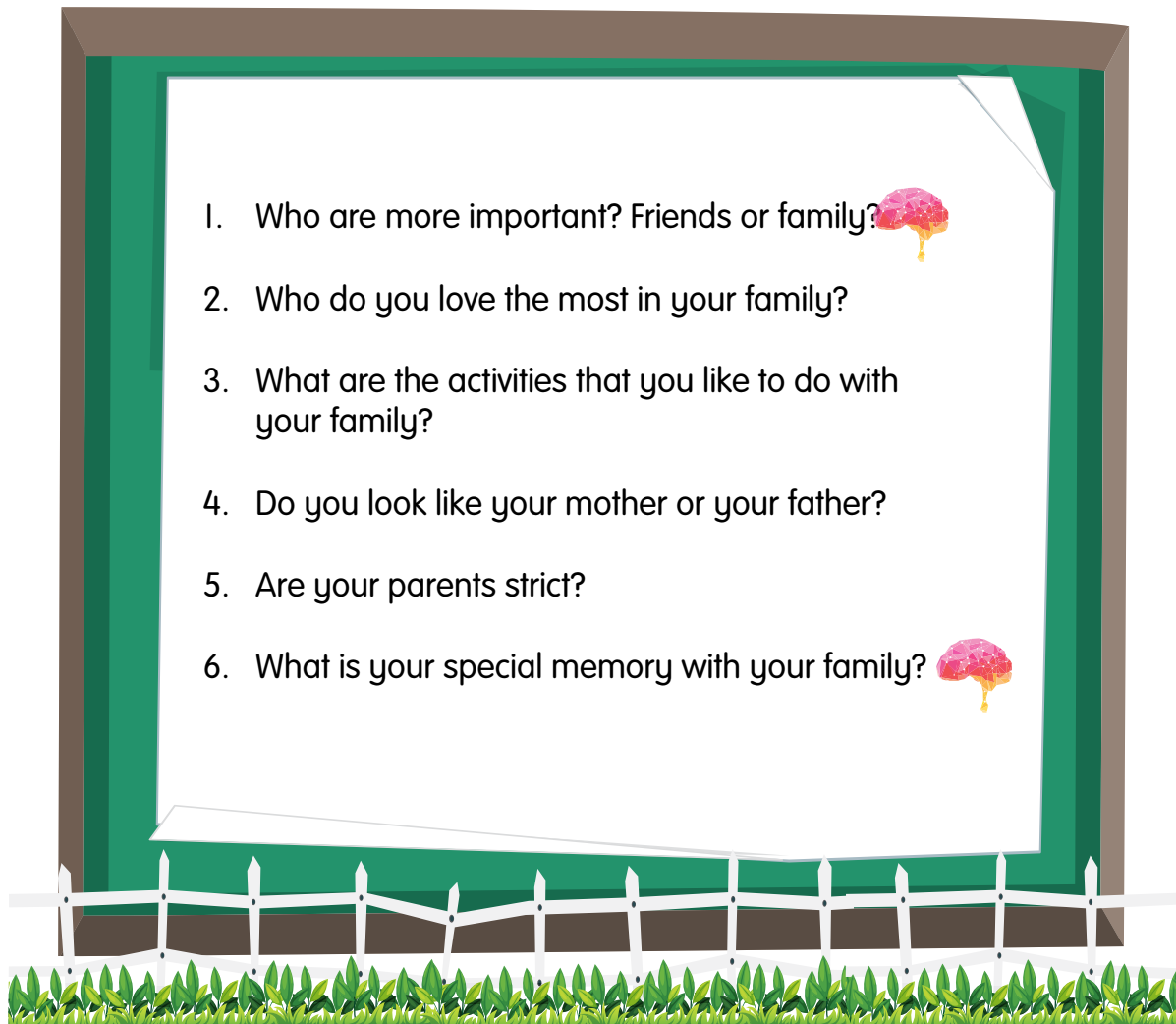




Teacher's Note

- Ask pupils to give a speech in front of the class.



E. In group, discuss one of the topics below.



1. Who are more important? Friends or family? 
2. Who do you love the most in your family?
3. What are the activities that you like to do with your family?
4. Do you look like your mother or your father?
5. Are your parents strict?
6. What is your special memory with your family? 

 **Teacher's Note**

- Start the teaching by rolling a dice to find the topic number for each group.
- Suggest pupils to use "I think that..." or "In my opinion..." to answer the question.
- Ask pupils to jot down words that they can use before they start speaking in the group.

A. Read Muaz's blog post below.

Posted on 30th November, 10:43 p.m.

A Day in My Hometown

Today was the start of the school holiday. I was so excited because my parents promised to take me to our hometown on this school holiday. My hometown is in Sabak Bernam, Selangor. We did many activities there. We started our journey early in the morning, at 8:00 a.m. The journey took three hours from our house.

The moment we arrived at the house, we were greeted by my grandparents and my uncle's family. They live together with my grandparents. Soon after, my elder cousin took my siblings and I to the nearest paddy field. He taught us to use *bubu* to catch fish in the marsh. *Bubu* is made of bamboo. I managed to get two small fishes. I guess it was not bad for the person who tried to use *bubu* for the first time.

After that, we spent a little time to take pictures at the paddy field although our clothes were already soaked from the mud. I captured a scenic landscape of the paddy field since the sun is the best lighting source for beautiful photographs. My little sister took a lot of selfies at the rice field instead. She must be doing it for her Instagram postings.

At night, my uncle marinated some seafood and chicken. He wanted to have a barbeque. My siblings and I helped him grill the food, while my mother and aunt cooked some side dishes. My uncle also asked his neighbours to come and join us for the barbeque. We felt extremely full and bloated after eating too much food provided.

So, that was my action-packed day at our hometown. I can't wait for tomorrow as we planned to visit Menara Condong in Teluk Intan.

 **Interesting Fact**

Sabak Bernam's main economic activity is agriculture.


 **Glossary**

- **Marinated:** To pour a marinade over meat or fish; in order to be left in marinade.
- **Dishes:** Food prepared in a particular way as part of a meal.

 **Teacher's Note**

- Guide pupils to read the text with correct pronunciation.

 Reading

B. Do you think it will be fun to visit a village? 

C. Rearrange the activities done by Muaz based on the text.



His elder cousin taught him and his siblings to use <i>bubu</i> to catch a fish.	
Muaz was excited to go to Teluk Intan for the next day.	
Muaz's family started their journey in the morning to his village.	1
Muaz took scenery pictures while his little sisters took her selfies in the paddy field.	
At night, his uncle had a barbeque and they ate together with the family and neighbours.	

 Teacher's Note

- Guide pupils to look for similar keywords in the question referring to the text.

 Reading

D. Answer the questions.

1. Why did Muaz feel excited?

2. What kind of activity that Muaz and his siblings did after they have arrived?

3. What would Muaz's little sister be doing after she took selfies in the paddy field?

4. What was the food that Muaz's uncle marinated for barbeque?

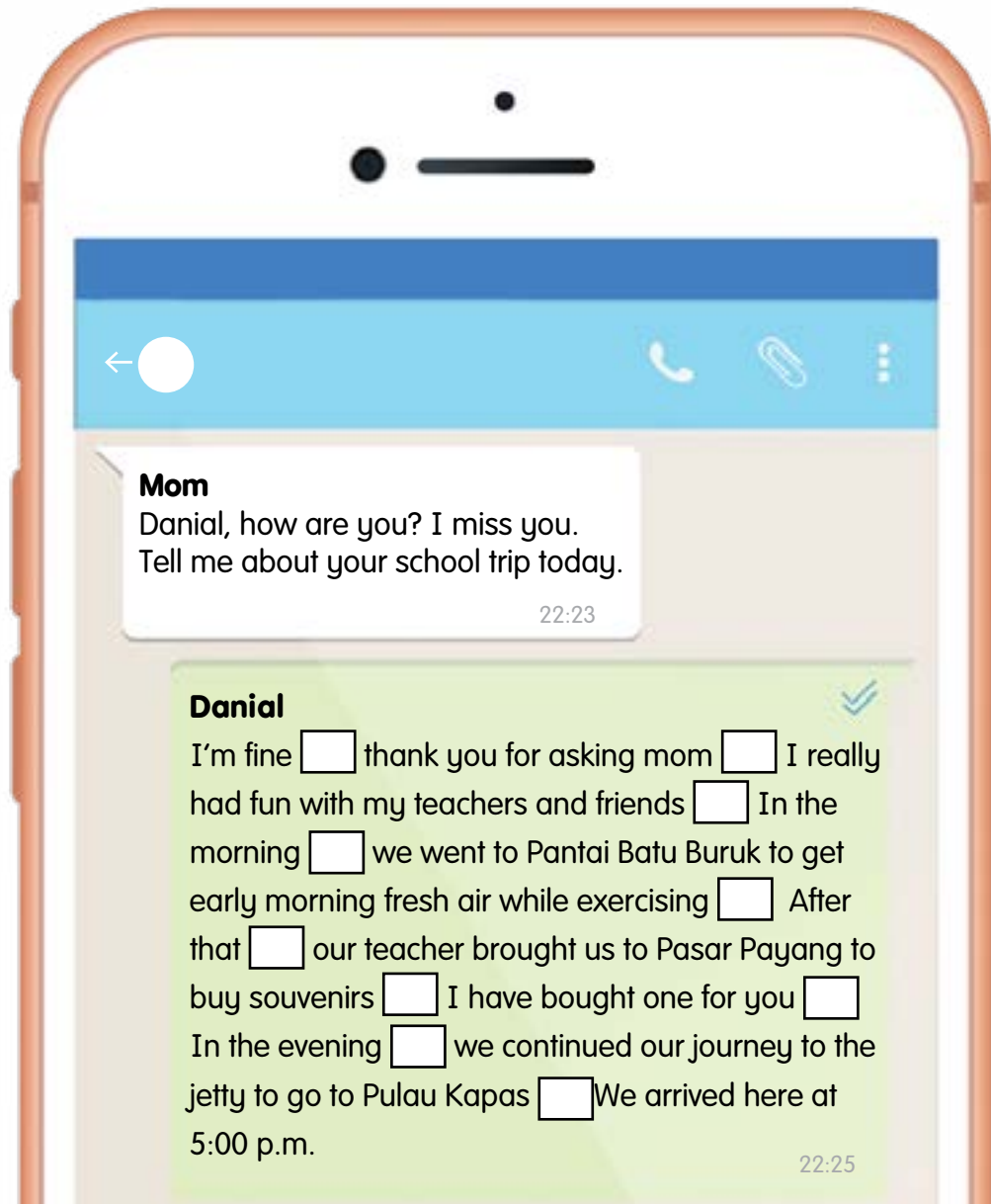
5. What are Muaz's family going to do at Teluk Intan?

 Teacher's Note

- Guide pupils to look for similar keywords in the question referring to the text.

 **Writing**

A. Insert either comma (,) or fullstop (.) in the boxes provided.



B. Rewrite Danial's reply with the correct punctuation.

 **Teacher's Note**

- Explain to the pupils about comma and full stop punctuation.
- Instruct pupils to rewrite the reply with the correct punctuations.

 **Writing**

C. Fill in the flow map below with the correct steps to wrap a gift.

Crease the corners into the shape of the present and tape it using transparent adhesive tape.

Tape again at the sides and fold the remaining flaps over the creases you just made.

Put the gift in the middle of wrapping paper evenly.

The gift has completely wrapped.



 **Teacher's Note**

- Inculcate moral value to pupils that giving present to family is an act of kindness and love.

Present Simple and Present Continuous

A. Read the sentences below. Match each sentence with one use of the Present Simple.

1. The sun **rises** from the East.
2. Her brothers **study** at the same university.
3. I **have** a meeting next Monday.
4. I **play** badminton on Saturdays.

- Future actions based on timetables and schedules
- Habits and repeated actions
- Scientific situations
- Permanent situations

B. Read the sentences below. Match each sentence with one use of the Present Continuous.

1. She **is** always **interrupting** her brother.
2. She **is eating** a lot these days.
3. My cousin **is saving** up for her dream car.
4. The phone **is ringing!** It must be dad.
5. Going paperless **is becoming** a practice nowadays.

- Future plans
- Changing and developing situations in the present
- Actions happening now
- Annoying habits
- Temporary situations

 **Teacher's Note**

- Explain to pupils Present Simple refers to a prolonged action while Present Continuous refers to a current action.
- Remind pupils stative verbs can only use Present Simple.

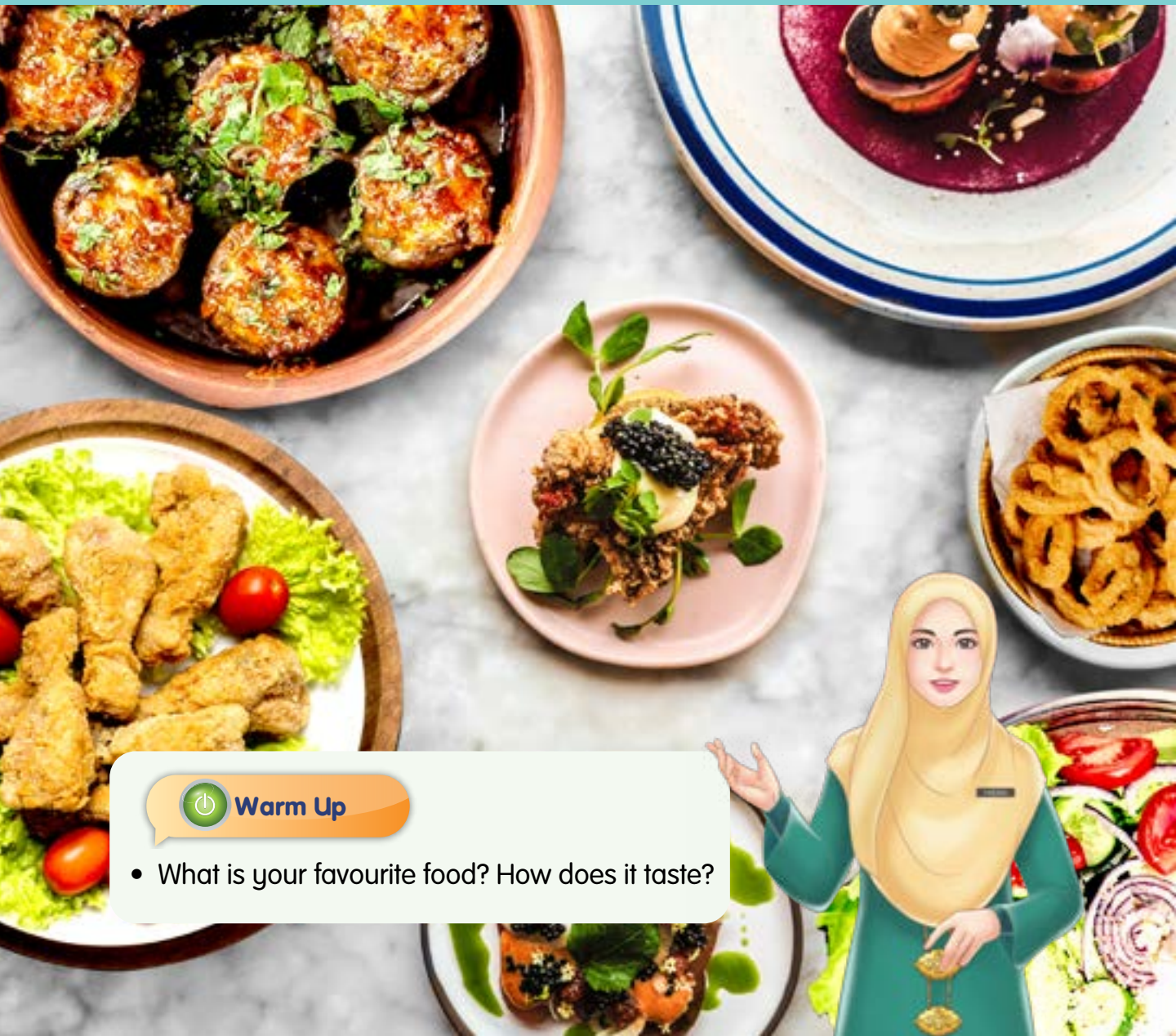
Draw your family tree.

Name:

 **Teacher's Note**

- Demonstrate how to draw a family tree.
- Put up pupils' artwork on class board.

UNIT 2 FOOD VARIETIES



Warm Up

- What is your favourite food? How does it taste?

Listening

A. Listen to the audio and complete the exercise.

spicy	dish	apple
French fries	dinner	less sugar
apple juice	fried noodles	hot-selling beverages

Waiter: Hello, can I help you?

Stacy: Yes, I'd like to order some _____.

Waiter: What would you like to order?

Stacy: I'd like to have _____. Make sure they are not _____.

Waiter: Okay. Would you like anything to drink? I would like to suggest coconut shake or fruit juice since both are _____ in our restaurant.

Stacy: I'd prefer fruit juice. Do you have _____?

Waiter: Yes, we do.

Stacy: Great. I'd like _____ juice with _____.

Waiter: Anything else you would like to add as a side _____?

Stacy: _____ would do. That's all, thank you.

Waiter: You're welcome.



Scan Here

<http://arasmega.com/qr-link/unit-2-exercise-a-dialogue-of-stacy-ordering-food-in-a-restaurant/>



Teacher's Note

- Facilitate pupils to read and understand the dialogue first before the audio is played.

B. Sing the song.

The Muffin Man

Do you know the muffin man
The muffin man, the muffin man?
Do you know the muffin man
Who lives on Drury Lane?

Yes, I know the muffin man
The muffin man, the muffin man
Yes, I know the muffin man
Who lives on Drury Lane

Do you know the muffin man
The muffin man, the muffin man?
Do you know the muffin man
Who lives on Drury Lane?

Yes, I know the muffin man
The muffin man, the muffin man
Yes, I know the muffin man
Who lives on Drury Lane



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Teacher's Note

- Play the video for pupils to watch how to do actions while singing the song.
- Hold a performance competition between groups.



Pair Work

A. Complete the survey with your partner.

Survey Form

My Friend's Name: _____


1. Can you cook?

Yes No

2. If yes, what can you cook? If no, do you want to learn to cook?

3. Who normally does the cooking at home?

4. What's your favourite food?

5. What food would you never eat? Why? 



Teacher's Note

- Explain to pupils that a survey form is used to collect information.

A. Read the information about the different restaurants below.



Nyiru Cafe

- Delicious traditional foods such as nasi kerabu, nasi dagang and nasi kukus
- Traditional treats in town
- Uses authentic ingredients and spices
- Buffet-style
- Open air restaurant
- Walk-in



Riuh Kitchen

- Various western foods such as cordon bleu, lamb steaks and pasta
- Popular restaurant in town
- Poultry is freshly fried upon orders
- Serves big families
- Air-conditioned restaurant
- Reservation required



Nippon Restaurant

- Authentic Japanese foods such as sushi and ramen
- Latest trendy restaurant hype in town
- Food cooked by Japanese chefs
- Sushi is served on conveyor belt
- Air-conditioned restaurant
- Walk-in

B. Based on the information on page 24, persuade your partner to join you to go to the restaurant of your choice.

1. Which restaurant would you choose?



2. What are the foods sold at the restaurant?



3. Explain the reasons why you choose the restaurant.

You may use persuasive sentence starters to invite your friend.

- Let's enjoy ...
- Surely you would agree ...
- In my opinion ...
- I'm sure ...
- I believe that ...



Teacher's Note

- Help pupils to brainstorm the elaboration of reasons for their choice.

C. Read the newspaper article below.

TODAY'S NEWS

Wheelchair-bound Haziqah Turns Out Chinese Delicacies



KEMAMAN: Being wheelchair-bound has not stopped a 21-year-old, Haziqah Nurul Huda from being successful in launching a business by selling halal Chinese delicacies.

With customers hankering for her halal mooncakes and kuih bakul that is called *nian gao*, Haziqah earns a good income every month.

The avid computer game player, who had been paralysed from the waist down since she was 16, ventured into the business after a fellow gamer from Beijing introduced a mooncake recipe to her.

Haziqah pointed out that there are a lot of Muslims who enjoy the traditional Chinese cake but always anxious when they buy and eat them.

"With mine, they can eat the cakes without feeling guilty," she said.

Haziqah said once she started selling the cakes, her story spread over the social media and gained the attention of Muslims around the world.

"One of my greatest pleasure is to satisfy the cravings of my Malay customers, who want to eat mooncakes and *nian gao* but can't find the halal ones," she said.

Haziqah said that she also had many Chinese customers who buy her cakes especially during Chinese New Year and the Mooncake festival.

With her parents help, they can bake up to 10,000 mooncakes and 7,000 *nian gao* during the peak seasons.

Haziqah pointed out that her *nian gao* are made traditionally with white sugar instead of other commercialised *nian gao* which use brown sugar.

She said that brown sugar will take only four hours to cook, compared to white sugar which takes four hours of stirring and another 12 to 15 hours of steaming to get the caramel colour of the *nian gao*.

"When you use brown sugar, the *nian gao* will vanish the aroma which can only be formed when it is made of white sugar".

Haziqah hopes to open up a mini factory one day and branch out her baking shops around the country.

She sells 32 different flavoured mooncakes from durian to traditional lotus and red beans.

Her mooncakes are priced between RM6 and RM14, while her *nian gao* costs RM12.

Adapted from <https://www.thestar.com.my/metro/metro-news/2018/09/14/disabled-womans-determination-recognised>

D. Choose your personal responses after reading the article.

- I (know/didn't know) about mooncakes and *nian gao* before reading the article.
- I (would/wouldn't) like to try out by eating the mooncakes and *nian gao* after reading the article.
- I (have/haven't) eaten mooncakes and *nian gao* before this.
- I'm (amazed/unamazed) by Haziqah's success.
- I (would/wouldn't) like to be an entrepreneur like Haziqah.

E. Write the simple meaning each of the words below.

Word	Meaning
Delicacies	
Venture	
Consume	
Commercialise	
Distribute	



Teacher's Note

- Introduce mooncakes and *nian gaos* in the set part of the lesson introduction.
- Guide pupils to look up the meaning of the words in the dictionary.

F. Read the recipe below.

Yummy Fried Rice

Ingredients:

- 3 cups of steamed rice
- 250 gm of mixed vegetables
- 2 onions, thinly sliced
- 3 teaspoons of dried shrimps, coarsely ground
- 3 eggs
- 1 teaspoon of white pepper powder
- Reasonable amount of salt
- 3 spoons of cooking oil



Garnish:

- Some chopped scallions
- Some fried shallots

Steps:

1. Heat some cooking oil in the wok.
2. Over medium heat sauté the onions.
3. Put in the ground dried shrimps and continue sautéing.
4. Add in white pepper powder, salt and stir.
5. Put in eggs and scramble them.
6. Add in the rice and mixed vegetables.
7. Stir fry on high heat until everything is combined and feels light.
8. To serve, sprinkle some scallions and fried shallots on top of your fried rice.

G. Answer the questions based on the recipe.

1. What is the name of the recipe?

2. How many types of ingredients are needed for this recipe?


3. How many eggs are used?

4. How many grams of mixed vegetables are used?

5. When do you need to put in white pepper and salt?

6. What do you need to do after adding in the rice and mixed vegetables?

7. What are the ingredients used for the garnish?

8. What do you need to do with the onions before sautéing them? 



Teacher's Note

- Guide pupils to look for the key words in the text to answer the questions.

A. Fill in the blanks with appropriate food items based on the meal plan.

My Meal Plan of the Day

Day: _____

Breakfast

- Oat
- Hot Milo
- Curry Puff

Lunch

- Chicken Rice
- Fruit Cordial
- Sweet Corn Porridge

Tea Time

- Banana Fritters
- Hot Tea

Dinner

- Chapati
- Chicken Curry
- Plain Water

On _____ (day), I will eat _____
 _____ and _____ (breakfast food)
 for my breakfast. At lunch, I prefer to eat _____
 _____ and _____ (lunch food).
 For my teatime, I plan to eat _____ and
 _____ (teatime food).
 Lastly, I would love some _____
 _____ and _____ (dinner food) for my dinner.

 **Teacher's Note**

- Discuss with pupils the main ideas and specific details of the meal plan.

B. Rearrange the letters correctly and make a simple sentence.

Verbs for Preparing Food

1. k e a b

Sentence: _____

2. o l b i

Sentence: _____

3. h c o p

Sentence: _____

4. l i s e c

Sentence: _____

5. e p r p e r a

Sentence: _____

 **Teacher's Note**

- Help pupils to arrange the letter by the flash cards.
- Teach pupils about the sentence structure (subject-verb-object).

Countable or Uncountable Nouns and Quantifiers

- Countable** nouns refer to separate items that can be in singular or plural forms.
- Uncountable** nouns refer to things that cannot be counted and abstract ideas. They do not have plural forms.

A. Write the words in their correct category.

chef	restaurant	honey	plate	sugar
bread	sausage	coin	rice	oil

Countable	Uncountable

 **Teacher's Note**

• Use the above objects as realia to show whether the object is countable or uncountable.

B. Complete the dialogue with a, an or some.

a	an	some
---	----	------

- A: Can I have _____ apple?
B: Sure.
- A: What are you eating, my friend?
B: It's _____ plate of aglio olio pasta made by my mom.
- A: I saw _____ beautiful dress in a boutique just now.
B: Oh, did you buy it?
- A: Do you want _____ candies?
B: Sure, thank you for the offer.
- A: Could I have _____ tea?
B: Sorry my dear, there isn't any left.
- A: We need to prepare _____ food for our guest this evening.
B: Oh okay, I'll help you.
- A: You can spread _____ jam on the bread after you toast it.
B: I will, surely it will add flavour to my toasted bread.
- A: I want to bake _____ chocolate cake, but there is no chocolate in the kitchen.
B: Oh, well, I'll go and buy it.

 **Teacher's Note**

• Explain to pupils that the articles (a/an) can only be used for countable nouns, while the quantifier (some) can be used for both countable and uncountable nouns.



Games Begin!

Do you know the names of these foods? Can you answer these questions? Find out.



Name three breakfast foods.

Name two red fruits.

Move ahead three spaces.

What is cheese made of?

Go back three spaces.

Name three green vegetables.

What do rabbits eat?

Name two snack food.

What do we eat at the movies?

Roll the dice again.

FINISH



What are French fries made of?

What's in a burger?

Lose five turns.

How to play:

1. Each player puts their counter in the START box.
2. Take turns to roll the dice.
3. Answer the questions in the box you have stopped.
4. The first player to get to the FINISH box is the winner.



Teacher's Note

- Teacher prepare the question cards for the students.

UNIT 3 WHEN IN DOUBT, UNWIND!



Warm Up

- Name a few places that you plan to go for vacations. Why?

 Listening

A. Listen and recite the poem.

Garden of Sand

Soft waves of the sea
tickle my feet
Salt on my face
A wandering breeze
sunlight's embrace
Horizon so near
a small fishing boat
The sound of the sea
My soul is afloat

Source: Aufie, Z. H. (N.D). Garden of Sand.
Retrieved from <https://www.poemhunter.com/poem/garden-of-sand/>

 Glossary

- Horizon: The line which the earth's surface and the sky appear to meet.
- Tickle: To touch lightly.
- Afloat: Floating on water.



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<http://arasmega.com/qr-link/unit-3-exercise-a-garden-of-sand/>



Teacher's Note

- Teacher guides pupils to listen and recite the poem correctly.
- Check pupils' pronunciations when they are reciting the poem.

 Listening

B. Listen to the dialogue and mark (✓) TRUE or (x) FALSE for the statements below.

1. They are going to take a nap.

TRUE

FALSE

2. They are going to the island by aeroplane.

TRUE

FALSE

3. The school holiday starts on Monday.

TRUE

FALSE

4. The main attractions in Langkawi Island are Seven Wells, Langkawi Cable Car, Kilim Geoforest Park, Eagle and Lagenda Park, Tanjung Rhu and etc.

TRUE

FALSE

5. They are going to spend only three days there.

TRUE

FALSE



Scan Here

<http://arasmega.com/qr-link/unit-3-exercise-b-conversation-a-father-and-daughter-on-going-vacation-to-langkawi-island/>




Teacher's Note


- Teacher guides pupils to listen attentively for details.
- Teacher instructs the pupils to identify the correct answer.

 **Listening**

C. Listen to the dialogue again and answer the questions below.

1. According to the conversation, what are the names of the two caves mentioned?
 - a. _____
 - b. _____
2. Melissa was very excited to visit Langkawi Island. How many days will they spend at the island?

3. Name another island in Malaysia that you can visit with your family. 

4. List three souvenirs that you may buy in Langkawi Island. 

 **Pair Work**

D. Log on to <http://www.thailand-guide.com/koh-lipe/> to read more about Koh Lipe Island. Share your findings with your classmates.

 **Teacher's Note**

- Teacher guides pupils to access information about Koh Lipe Island by following the link given.
- Teacher guides pupils to answer the questions.

 **Speaking**

A. Read the pamphlet below.



MATTA FAIR

IS COMING BACK!

Date: 23-25 September 20__
Venue: PWTC, Kuala Lumpur

- 34,000 m² exhibition space provided for the travel agency.
- 1,400 booths.
- 32 exhibitors from hotels and resorts.
- 200 exhibitors from travel agencies.
- Popular destinations offered:

Grand Prize

Round trip Business Class flight tickets from Kuala Lumpur to London for two people by Malaysia Airlines.

Domestic Destinations

Kuala Lumpur, Johor Bahru, Sabah, Selangor, Negeri Sembilan, Kedah, Penang, Melaka, Perak.

International Destinations

Turkey, Italy, Australia, Japan, Taiwan, China, Vietnam, United Kingdom, France.



B. Answer the questions below.

1. Do you like to go to MATTA Fair? Why?

2. Share the reasons with your classmates.

 **Interesting Fact**

MATTA Fair is held only twice a year. This provides an opportunity for the travellers in Malaysia to get travel tickets, hotel reservations, and holiday packages at lower prices.

 **Teacher's Note**

- Teacher guides pupils speak and encourage them to share their ideas in the sharing session.

A. Read about the places of interest.

PLACES OF INTEREST

Lost World of Tambun, Perak

- Covered by the lush tropical jungle, this place boasts its beautiful natural hot springs, breath-taking limestone features of 400 million years of age, and seven other amazing attraction parks.
- The only theme park in Southeast Asia with natural hot springs complemented by an array of attractions and rides.
- An impressive restoration of a glorious tin-mining wasteland to an iconic landmark which has put this place on Malaysia's tourist map.



Kundasang, Sabah

- A little town hidden behind the majestic Mount Kinabalu; this breezy part of the Malaysian Borneo is located in Ranau district.
- Visitors may enjoy nature sightseeing around its places of attractions such as Poring Hot Spring, Desa Dairy Farm, Kundasang War Memorial, Sabah Tea Garden and many more. Souvenirs can be bought at Kundasang and Nabalun Town Market.



Glossary

- Serenity: The state of being calm, peaceful and untroubled.

Colmar Tropicale French Resort, Pahang

- Situated in Bukit Tinggi hill, this resort is built with French architectural features inspired by the classic French villages of Riquewihr, Turckheim and Kaysersberg.
- Families may enjoy horseback riding in hilly areas and tropical rainforest, as well as visit the neighbouring villages and valleys. Besides, the management also provides the facilities for physical activities like golfing, flying fox, canopy walk, paintball games, rock climbing and more.
- Services such as Tatami Spa treatment and relaxing body massages are also available at the hotel.



Cameron Highlands, Pahang

- Founded by Sir William Cameron in 1885, this land which is located 200 km away from Kuala Lumpur is one of the most pleasant districts to visit in Malaysia.
- Tourists' favourite spots include Boh Plantation, Lavender Garden, Butterfly Farm, Big Red Strawberry Farm, Cactus Valley, MARDI Agro Technology Park, Time Tunnel Museum and Brinchang Night Market.



George Town, Penang

- The heritage sites of Penang are mainly centred around the Georgetown area. This area is made up of a collection of buildings consisting of shophouses, mosques, temples, British colonial government offices, and monuments.

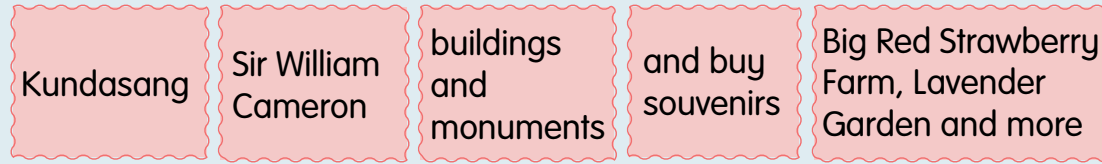


Teacher's Note

- Teacher introduces the places of interest to pupils.
- Teacher guides the pupils to read the text with correct pronunciations.

 Reading

B. Complete the tree map below.



PLACES OF INTERESTS



Located in _____
(Sabah).
Tourist can enjoy
sightseeing _____.



Several places for
tourists to visit include

Founded by
_____.



This area is made
up of a collection
of _____.
Good places for travel
photographers and
foodies.

C. Look up the meaning of these words in the dictionary.

Word	Meaning
1. Attraction	
2. Iconic	
3. District	
4. Sightseeing	
5. Classic	

 **Teacher's Note**

- Teacher guides pupils to fill in the blanks with correct answers.
- Guide pupils to find out the meaning of words using a dictionary.

 Writing

 **Pair Work**

A. Choose a destination that you like to visit from pages 40-41. Give reasons. You may use phrases below as your guidance.



Example:

I choose Kundasang, Sabah to visit because it has much to offer to the visitors.

I am a nature enthusiast and Kota Kinabalu has beautiful locations such as the luscious green rainforests, pretty tropical islands and wonderful mountains.

One fine day I hope that I can visit Kota Kinabalu with my family.

I choose _____ (where) to be my next vacation destination with my family because _____ (why). Besides, it has several great attractions such as _____ (why).

 **Teacher's Note**

- Encourage pupils to share their opinions with their classmates.

A. Read the following explanation.

Relative Pronouns

- Relative pronouns are used to refer to nouns mentioned previously whether they are people, places, things, animals, or ideas. The pronouns can be used to join two sentences.
- The most common relative pronouns are **who**, **whom**, **whose**, **which**, and **that**. Sometimes, **when** and **where** can also be used as relative pronouns.

Example:

- That's Nizam, the boy **who** has just arrived at the airport.
- I talked to the girl **whose** car had broken down in front of the shop.
- Grandma remembers a time **when** radio shows were popular.

B. Complete the sentences below with suitable relative pronouns.

that

whom

whose

which

where

1. The children, we love dearly, need better educations.
2. This is the watch everyone is talking about.
3. You can choose one person, you like, to share the cruise with you.
4. This is the cake Melissa made.
5. The police identified the murderer fingerprints were on a knife.
6. This is the house my son was born in.



Teacher's Note

- Teacher explains to pupils about relative pronouns.
- Teacher guides pupils to answer the questions.

C. Read the following explanation.

Question Tags

- A question tag is a small question at the end of a statement. Question tags are used when asking for agreement or confirmation.
- Formed using **auxiliary verb** (e.g. be, have, can) and a pronoun referring to the subject (e.g. you, he, she, it, they).

Structure:

- **A positive statement + A negative question tag**
Example: You are a lecturer, aren't you?
- **A negative statement + A positive question tag**
Example: You are not a lecturer, are you?

D. Match the statement with the correct question tags.

Statement	Question tag
Mareesa can speak two languages,	isn't he?
Muaz wasn't told about the meeting,	doesn't it?
This isn't working,	can't she?
He is an engineer,	was he?
It looks delicious,	is it?



Teacher's Note

- Teacher guides pupils to understand the usage of questions tags in the sentences.

 **Assessment**

1. Name the places that you can visit in Cameron Highlands.

- a. _____
- b. _____
- c. _____
- d. _____

2. Based on the places of interest on page 40 and 41, answer the questions below.

- a. Lost World of Tambora is the only theme park in Southeast Asia with _____.
- b. List three beautiful islands that can be found in Sabah.
 - i. _____
 - ii. _____
 - iii. _____
- c. Put a tick (✓) by the activities that you may enjoy during your visit to Colmar Tropicale French.
 - i. Horseback riding in hilly areas.
 - ii. Playing golf, rock climbing and paintball.
 - iii. Visiting villages and valleys.
 - iv. Nature sightseeing at Desa Dairy Farm and Poring Hot Spring.

 **Teacher's Note**

- Teacher instructs pupils to answer the following questions.
- Refer to page 40 and 41.

 **Games Begin!**

Take a Break!
Name all the places correctly to win the game.

Instructions:

1. Play in pairs.
2. Withdraw a number from the box.
3. Name the places according to the number.
4. The player who names the most places wins.

		
	Name the places	
		

 **Teacher's Note**

- Teacher guides pupils to name the places based on the pictures correctly.



Theme Science and Technology

2

In this theme, you will:

- Listen to the weather forecast announcer about the weather.
- Listen to the dialogue between a daughter and her father about booking ticket online.
- Make a simple experiment Magical Plastic Bag and Pencil!
- Listen to the conversation between Zhang Mei and Madeena about experiment preparation.
- Read the blog post A Visit at Petrosains.

UNIT 4 TECHNOLOGICAL WONDERS



Warm Up

- Technology serves a variety of purposes and means to different things and different people. In today's world, technology can be found at every corner. Do you think technology is important in our daily lives?

Listening

A. Listen to the weather forecast announcer and fill in the blanks.



Hello! My name is Naufal, and I am the weather forecast announcer for this week. Now, let's see what the weather is like today. In the _____ it is very windy and cool. There is a chance of some rain too, so don't leave home _____!

The _____ is between _____ degrees Celsius and is never exceeded; while the maximum temperature is between _____ degrees Celsius. This week we will receive _____ (100 in) of rain.

In the _____ it is going to be raining all day with _____; whereas in the _____ of the country the weather is dry but cloudy. So, there'll be no rain for you although it is quite _____. The temperature would be about _____ degrees Celsius. The south has the best weather today. It is cloudy most of the time, but sunny _____. The temperature is between 10 and 15 degrees Celsius. Stay hydrated throughout the day.

Glossary

Temperature: A measure of the warmth or coldness of an object or substance.



Scan Here

<http://arasmega.com/qr-link/unit-4-exercise-a-naufal-a-weather-forecast-announcer/>



Teacher's Note

- Guide pupils to listen attentively for details.
- Check pupils' pronunciations.

 **Listening**

B. Listen to Madeena's Whatsapp Voice Audio and circle the correct answers.



1. Madeena (loves/hates) the use of technology.
2. Madeena communicates (more/less) through the phone compared to Facebook.
3. Madeena (feels/does not feel) that phone conversations are more meaningful than conversations through social media.
4. Madeena only uses social media on (weekdays/weekends).
5. Her mother (advises/does not advise) Madeena to use social media wisely.



Scan Here

<http://arasmega.com/qr-link/unit-4-exercise-b-madeena-opinions-about-phone-call-and-social-media/>



Teacher's Note

- Ask pupils whether they like phone conversations more than social media conversations.
- Provide another example of social media.

 **Speaking**

A. Using the bubble map below, talk with your partner about your phones.



B. In a group, discuss and design what a future mobile phone might look like. 



Teacher's Note

- Help pupils to imagine the future mobile phone by giving them clues such as features and functions.

A. Read and understand the article below.



Hot Air Balloon Festival in Putrajaya

The Putrajaya International Hot Air Balloon Fiesta will return to Precinct 2 for its 10th anniversary this year. Starting from March 28 to 31, hot air balloon for this year's event will come from all over the world including Belgium, India, Britain, Spain, Taiwan and Thailand.

Visitors will be able to go on a tethered balloon ride and have breakfast with the best view for balloon watching at the Picnic Zone. There are also balloon igloos which are made of recycled hot air balloon, an F&B park, and other activities for the entire family. Besides, there is also the Night Glow.

Meanwhile, the Hare and Hound competition will see pilots showcasing their flying skills as they breeze through the skies of Putrajaya.

Admission to the event is free. For more details about the event, please visit www.myballoonfiesta.com or contact the person in charge (Miss Najihah) at 03-77224455.

Adapted from: Chester, C. (2019). Malaysian Can Ride Hot Air Balloons in This Festival in Putrajaya. Retrieved from <http://myballoonadventure.com/hot-air-balloon-rides-in-malaysia/> on August 3rd, 2020.

Interesting Fact

Hot air balloons are lighter than aircrafts. Each consists of a bag that is made up of three parts which are an envelope that contains heated air, a basket or gondola, and a burner system which creates an open flame.

Glossary

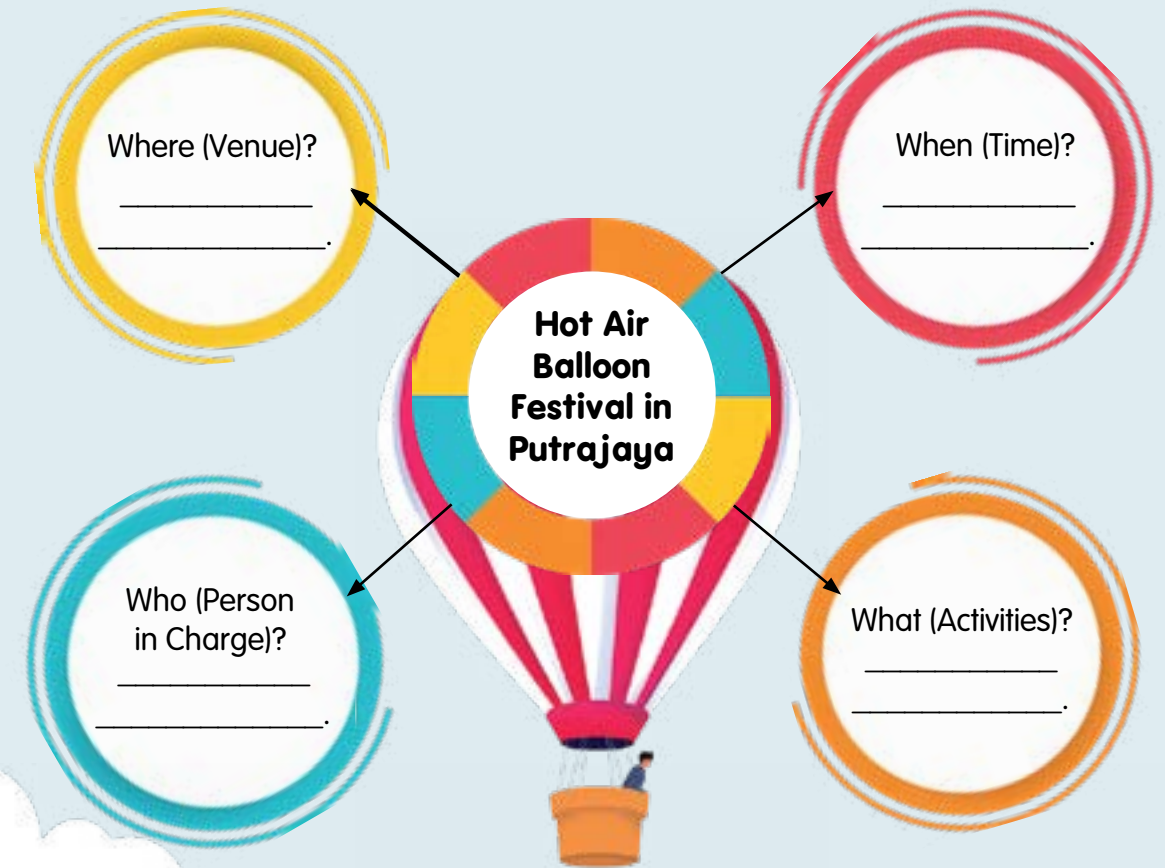
Breeze: A very light wind.

Teacher's Note

- Teacher guides to read the article with correct pronunciations.

Pair Work

B. Based on the article on page 54, complete the bubble map below with the details from the text.



Teacher's Note

- Teacher guides pupils to fill in the bubble map with correct details.

A. Read the following explanation.

Modal Verbs

- Modal verbs are used with other verbs to express ability, obligation, possibility and so on.
- Modal verbs include can, could, must, may, might, will, would, should.

B. Fill in the blanks with the correct modal verbs.

may

should

must

1. You _____ buy it on Sunday if you want. The shops are open.
2. We want to be the best. We _____ practise!
3. You _____ look at me when I am talking to you.
4. Amsyar _____ master maths and science to become an engineer.
5. _____ I go to the bathroom, please?

C. Choose either must or should to complete the sentences below.

1. The food at the restaurant is really good. They _____ have a great chef.
2. Those children _____ be at school.
3. That motorcyclist _____ be wearing a helmet.
4. This book _____ belong to the library. It's certainly not mine.
5. What lovely flowers you have! You _____ really like gardening.
6. It's late and you are tired. You _____ go to bed.

 **Teacher's Note**

- Explain to pupils about comma and fullstop.
- Instruct pupils to rewrite the reply with the correct punctuation.

Take a Break!

Floating Egg on Water

Materials:



First step

Put an egg in a glass of water. Observe the egg. It will sink.



Second step

Take out the egg and add 3-4 tablespoons of salt. Stir the salt until it dissolves.



Last step

Put an egg in a water containing salt. Observe the egg as it floats.

Explanation:

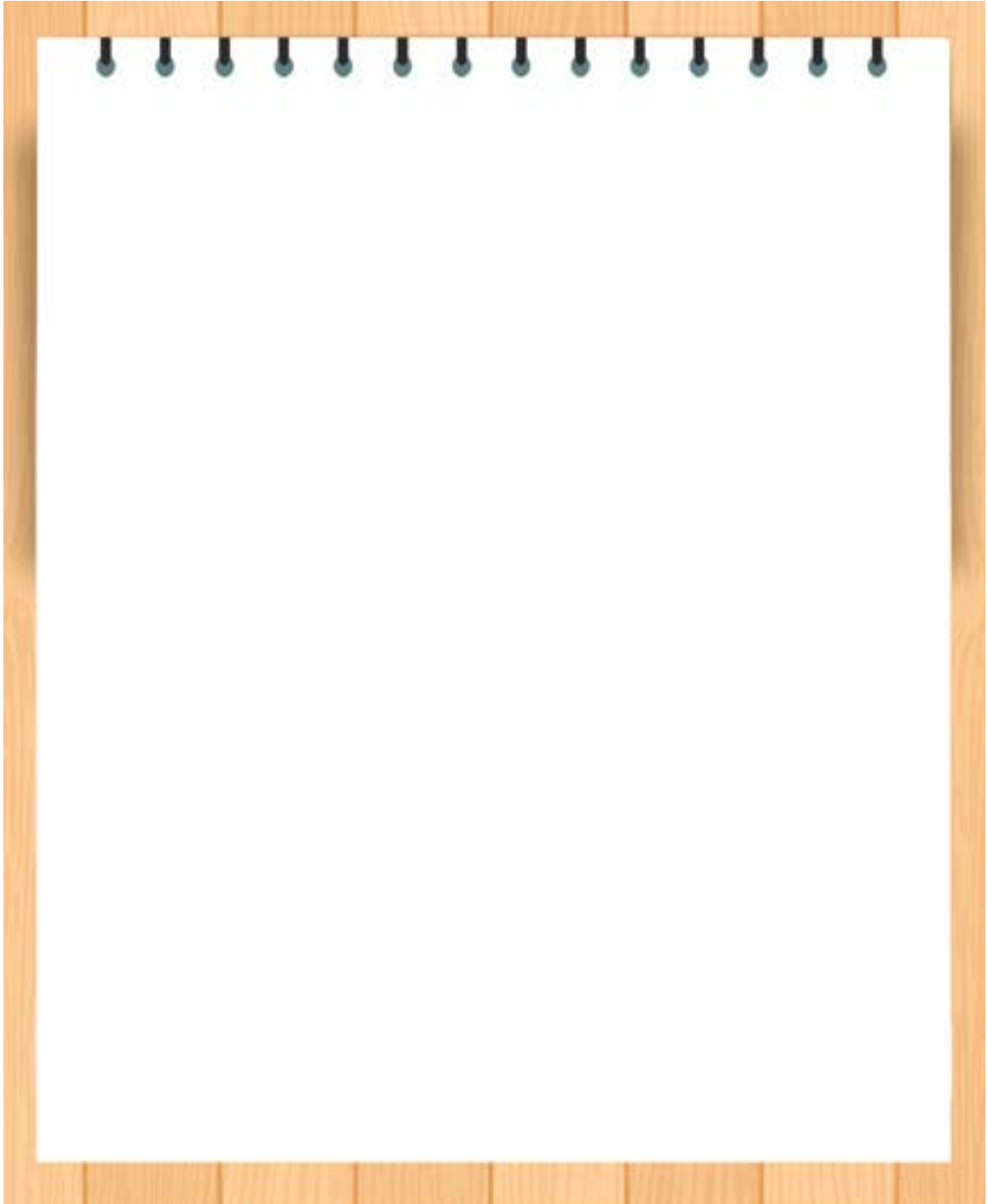
The denser the liquid, the easier it will be for the object to float on it.





Arts Gallery

Draw a picture that describes your unique future smartphone. Present to your classmates.



UNIT 5 LIFE MADE EASY



Warm Up

- List some of the technologies that you know. Share with your friends.

Listening

A. Listen to the conversation. Tick (✓) the words that you hear.


- transaction online ticket website
verification barcode mobile

B. Listen to the conversation and answer the following questions.

1. What did Madeena use to book the online tickets and where was the confirmation sent to?

2. What is a CVV number? Where can you locate it on your bank card?

3. Name the movie that they were going to watch that night.

4. Why should you be careful when you enter personal details on a website? Explain. 

C. Tick (✓) TRUE or FALSE for each of the sentences below.

1. The movie that they were going to watch that night was Maze Runner: The Death Cure.
TRUE () FALSE ()
2. The movie tickets were booked by Madeena's father.
TRUE () FALSE ()
3. Madeena made a reservation using her credit card.
TRUE () FALSE ()
4. CVV number is a verification number at the back of a card.
TRUE () FALSE ()
5. Madeena will use her phone to display the barcode to be scanned at the cinema.
TRUE () FALSE ()



Scan Here

<http://arasmega.com/qr-link/unit-5-exercise-a-conversation-between-madeena-and-her-father-about-booking-online-tickets/>



Teacher's Note

- Teacher guides pupils to listen attentively and complete the exercises given.

Speaking



A. Underline the correct answers and role play the dialogue.

Miss Melissa: I'm going to an (exhibition/convocation) on Sunday morning. Would you like to come along?

Tan Pei Kei: What is it about?

Miss Melissa: It is the Young Investor Challenge 2020 at Shah Alam Convention Centre, SACC organized by the Faculty of Communication and Media Studies, UiTM Shah Alam Selangor.

Tan Pei Kei: Oh, I think I have heard about it.

Miss Melissa: In this competition, a number of (organizations/teams) of four to six students from secondary schools are required to put their ideas together and come up with an (invention/innovation). The purpose of the programme is to encourage and polish the (creative/artistic) and inventive capabilities of young people. The (shortlisted/enlisted) teams will compete for the Grand Prize.

Tan Pei Kei: Wow, that sounds interesting. Are you taking part in it?

Miss Melissa: No, but I know some of the (participants/fans). I want to support them and see the interesting inventions made.

Tan Pei Kei: Are there any other projects run by the organizer?

Miss Melissa: They actually have various (projects/assignments) such as Science Fair for Young Children and Creative and Critical Thinking Camp.

Tan Pei Kei: I would like to go with you to the event.

Miss Melissa: Let's go!



Teacher's Note

- Teacher guides pupils to read the dialogue and underline the correct answers.

B. Read the article below. Discuss the answers with your partner.

Fitness Tracker

An activity tracker, also known as a fitness tracker, is a device or application for tracking and monitoring individual fitness-related metrics such as distance walked or run, calorie consumption, heartbeat and in some cases oxygen level in our blood.

The function of this tracker is to watch and record your daily heart rate, burnt calories and number of steps taken. In addition, it allows you to stick to a healthier diet. Regular use of the fitness tracker boosts our daily workout and makes them achievable.

How does a tracker measure our steps? It can sense the movements of our body. The data is recorded the whole time it is worn and powered up, which enables the tracker to trace if the individual is walking forward, running fast or even standing still. This tracker helps setting in individual fitness goals such as burning calories, drinking a set number of glasses of water and many more.

 **Glossary**


- Device: A piece of mechanical or electronic equipment.
- Boosts: Helps to encourage or increase actions.
- Wearable: Very easy to wear.


C. Answer the following questions.

1. What is a fitness tracker?

2. List three functions of a fitness tracker based on the article above.

- _____
- _____
- _____

3. After reading the article above, would you like to get a fitness tracker for yourself? Why? 

 **Teacher's Note**

- Check pupil's pronunciation when they are sharing their ideas.
- Teacher guides pupils to answer all questions.

A. Read the following blog post.

Friday, 29th May 20__

By Muhammad Naufal bin Muhammad Nabeel

Our Gadgets and Devices



Laptop



Smart watch



Tab



Smartphone

Gadget addiction among youth especially students is worrying. Too many of them are dependent on digital devices and completely disregard the real world. They always enjoy playing games and watching video games online. Despite all this, this technology is also a source of education and entertainment. Let's make use of this technology for good purpose. Below are the benefits of the technology:

- As a source of good educational programmes such as documentaries.
- Gives viewers the chance to learn new things like new languages, playing musical instruments and many other interesting skills.
- Technology can be used for online research such as taking online quizzes and improve learning skills. It provides access to online learning materials such as online quizzes and instant study notes.
- Improves eye coordination.

 **Glossary**

- Education: The process of receiving or giving a systematic instruction, especially at school or university.
- Entertainment: An event, performance or activity designed to entertain others.
- Technology: A scientific method of achieving a practical purpose.

 **Teacher's Note**

- Encourage pupils to share their opinions or additional knowledge about the benefits of technology.

Reading

B. Answer all the following questions.

- Based on the blog post at page 65, list three benefits of technology for students.
 - _____
 - _____
 - _____
- When using your devices or gadgets, what application do you use the most? Give a reason for it.

- State two things that are generally important to teenagers.
 - _____
 - _____
- Match these words to their correct meanings.

Word	Meaning
Technology ●	● Small mechanical or electronic device or tool.
Gadget ●	● A system of communication used by a community or country.
Language ●	● A scientific method of achieving a practical purpose.



Teacher's Note

- Encourage pupils to share their opinions or additional knowledge about the benefits of technology.

Writing

A. Read the email below.

Invitation to a Job Interview

From : Melissa Nayla binti Muhammad Nabeel
To : Ain Roudatul Ngasri bin Sulaiman
Subject : Invitation to a Job Interview at Karisma Property Sdn. Bhd.

Dear Miss Ain,

Thank you for applying for the position of software engineer at Karisma Property Sdn. Bhd. We would like to invite you to an interview at our main office at Jalan Maharajalela, Kuala Lumpur.

Your interview has been scheduled on Friday 29th May at 9:00 a.m. If the time or date set is inconvenient to you, please do not hesitate to contact us to reschedule.

Our office is in Jalan Maharajalela, Kuala Lumpur, behind Mandarin Hotel. It is only five minutes walk from Jalan Kenanga LRT station. The interview will be conducted by the Head of Human Resources Department, Madam Masniza binti Yusof. Once you have arrived, please ask Mr. Lim at the reception to assist you. We look forward to hearing from you. Thank you.

Yours faithfully,

Melissa Nayla binti Muhammad Nabeel
Head of Administration
Karisma Property Sdn. Bhd.

Glossary

- Schedule: A timetable.
- Reception: An area at the office where visitors are entertained.



Teacher's Note

- Teacher guides pupils to read the email with the correct pronunciation.

B. Tick (✓) TRUE or FALSE for each of the sentences below.

1. The interview is scheduled to be held on 29th May at 9:00 p.m.
TRUE ()
FALSE ()
2. The main office is located at Mandarin Hotel.
TRUE ()
FALSE ()
3. The person who is going to interview Ain is Madam Masniza.
TRUE ()
FALSE ()

C. Rewrite the sentences below with the correct punctuation and spelling.

1. an investor is someone who comes up with an idea for the first time
he or she must be creative hard-working and persistent

2. bill gates experienced many failures before achieving his success

3. sheikh muszaphar shukor earned a degree in medicine and surgery
from Kasturba Medical College in Manipal India



Teacher's Note

- Guide pupils to answer all the questions correctly.



Assessment

A. Read the following text.

Dato' Dr. Sheikh Muszaphar Shukor

Dato' Dr. Sheikh Muszaphar Shukor Al Masrie bin Sheikh Mustapha was born on 27th July 1972 in Kuala Lumpur. He is a Malaysian orthopaedic surgeon and the first Malaysian astronaut.

He attended high school at Maktab Rendah Sains MARA in Muar. He earned a Bachelor Degree in Medicine and Surgery from Kasturba Medical College, an affiliated college of Manipal University in India. Sheikh Muszaphar is an orthopaedic surgeon at Universiti Kebangsaan Malaysia. In 1998, he worked at Hospital Seremban, followed by Kuala Lumpur General Hospital in 1999, and Hospital Selayang from 2000 through 2001.




Sheikh Muszaphar and three other candidates were selected for the Malaysian Angkasawan spaceflight programme. He completed his initial training at Star City in Russia and then was selected as one of the prime crew members to fly on the Soyuz TMA-II mission.

B. Choose the correct answer.

1. In 1998, which hospital did Dato' Dr. Sheikh Muszaphar Shukor work?
 - a. Hospital Kuala Lumpur
 - b. Hospital Seremban
 - c. Hospital Selayang
2. After completing his degree at Manipal India, he came back to Malaysia to serve as _____ at University Kebangsaan Malaysia.
 - a. a general surgeon
 - b. a colorectal surgeon
 - c. an orthopaedic surgeon
3. He completed his training at Star City in _____.
 - a. India
 - b. Malaysia
 - c. Russia

C. Fill in the blanks with the choices provided in the boxes.


- nice yellow
- baked smell
delicious
- small white
cat
- long straight
black
- green and
red




The clown was wearing a _____ hat.




Medina bought _____ apples.



She lost a _____.



The cookies that you _____.



Andrea had her _____ haircut at the salon yesterday.

A. Read the following explanation.

Adjectives

- A word that describes a noun and pronoun.

Adverbs

- A word that describes a verb, adjective, or another adverb.

Example:

Adjective	Adverb
• She is a beautiful singer.	• She sings beautifully .
• He is a good writer.	• He writes well .

B. Underline the adjectives, and adverbs in the following sentences.

Example: That is a cute horse.

1. You did a good job.
2. You do not look well today.
3. This big house is for sale.
4. The old man hasn't got much hair on his head.
5. Is there any hot milk left?
6. I know some of those handsome boys.



Teacher's Note

- Teacher explains adjectives to pupils and give them real life examples.



Follow the instructions to conduct the experiment "Rain Cloud in a Jar".

Rain Cloud in a Jar

Materials:



A jar



Shaving foam



Blue food colouring



Water
200 ml



Pipette



1 Pour 200 ml of water into the jar, and then put some shaving foam on top of the water to form a cloud.



2 Using the glass dropper or pipette, drop the blue food colouring into the cloud.



3 Observe what happens next. The blue food colouring will fall into the water just like rain.



Interesting Fact

The experiment aims to show you how rain is formed. Shaving cream is the cloud and the water is the air. The food colouring represents the rain. When the cloud becomes too heavy with the food colouring, it will fall through the air as rain.



Teacher's Note

- Help pupils to conduct the experiment.



UNIT 6 DISCOVERY THROUGH EXPERIMENT



Warm Up

- What is the pupil doing in the picture?
- Where can you find the apparatus?

Listening

A. Listen and pronounce the scientific words in the box.

technique	leak
pressure	quantity
equipment	



Scan Here

<http://arasmega.com/qr-link/unit-6-exercise-a-pronounce-the-scientific-words/>

B. Complete the steps of a simple experiment with words from the box by listening to the instructions.

Magical Plastic Bag and Pencil!

You can try this fun experiment in class!
You will need the following (1) _____:

- A ziplock bag
- Sharp pencils
- Water



First, fill the plastic bag with water until about 3/4 full and seal it. Don't fill it too much or you won't be able to close it.



Next, hold up the plastic bag with one hand and use the other hand to firmly push a sharpened pencil through one side of the plastic bag. Keep up the (2) _____ and push the pencil through the other side of the plastic bag.



Can you see the water is not (3) _____ out? This is because the pressure of the water inside the bag has caused the plastic to form a (4) _____ around the pencil.



Now, add more sharpened pencils at different angles but use the same (5) _____!



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<http://arasmega.com/qr-link/unit-6-exercise-b-magical-plastic-bag-and-pencil-2/>

Listening

C. Listen to Zhang Wei and Madeena's conversation. Write TRUE or FALSE for each statement below.

- Mr. Mikail will teach them how to inflate the balloons using vinegar and soda bicarbonate.
- Mr. Mikail asks Zhang Wei to bring vinegar, bottle, balloons and bicarbonate soda.
- Madeena is not excited about tomorrow's experiment.
- Zhang Wei wants to be in the same group with Madeena for the experiment.
- Madeena explains that the mixture of soda bicarbonate and vinegar will produce carbon dioxide that causes the balloon to inflate.



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<http://arasmega.com/qr-link/unit-6-exercise-c-conversation-about-experiment-of-blow-the-balloons-using-vinegar/>



Teacher's Note

- Remind pupils that they won't hear the exact words that they'll read in the questions, so try to listen and look for similar words.

 Speaking

 Group Work

A. Role play the dialogue of three pupils talking about their favourite innovative household items.



I love to use magic eraser sponges. They are made of melamine foam that does not need any cleaning product other than water to clean most stains easily.



I love to use cooking oil hardener. It is used to harden cooking oil and transform it into a jelly-like substance. The purpose is to easily dispose used oil after cooking.



I love to use scented garbage bags. They lessen the rotten smell of the garbage in the dustbin. Now my kitchen no longer has garbage smell problems.

B. Based on the information in A, discuss the household item you like the most and the item you like the least.

1. The household item that I like the most is the (magic eraser sponge /cooking oil hardener/scented garbage bag) because

2. The household item that I like the least is the (magic eraser sponge /cooking oil hardener/scented garbage bag) because



Teacher's Note

- Help pupils brainstorm the reasons for their choice.

C. Based on the information in A, discuss which household items can be helpful in the following situations.

1. Miss Husna used a lot of oil to fry spring rolls. Which item is useful for her?



I think the most suitable item Miss Husna should use to dispose the used oil easily is the _____. It is used to _____.

2. Zafrul would like to clean the stains on his shoes. Which item can help him?



I think the most suitable item Zafrul can use to clean his shoe stains is the _____. It is easy to use because it _____.

3. Anas feels irritated by the bad smell coming from the garbage bin. Which item can help him?



I think the most suitable item Anas can use to get rid of the bad smell coming from the garbage bin is the _____. It can _____.



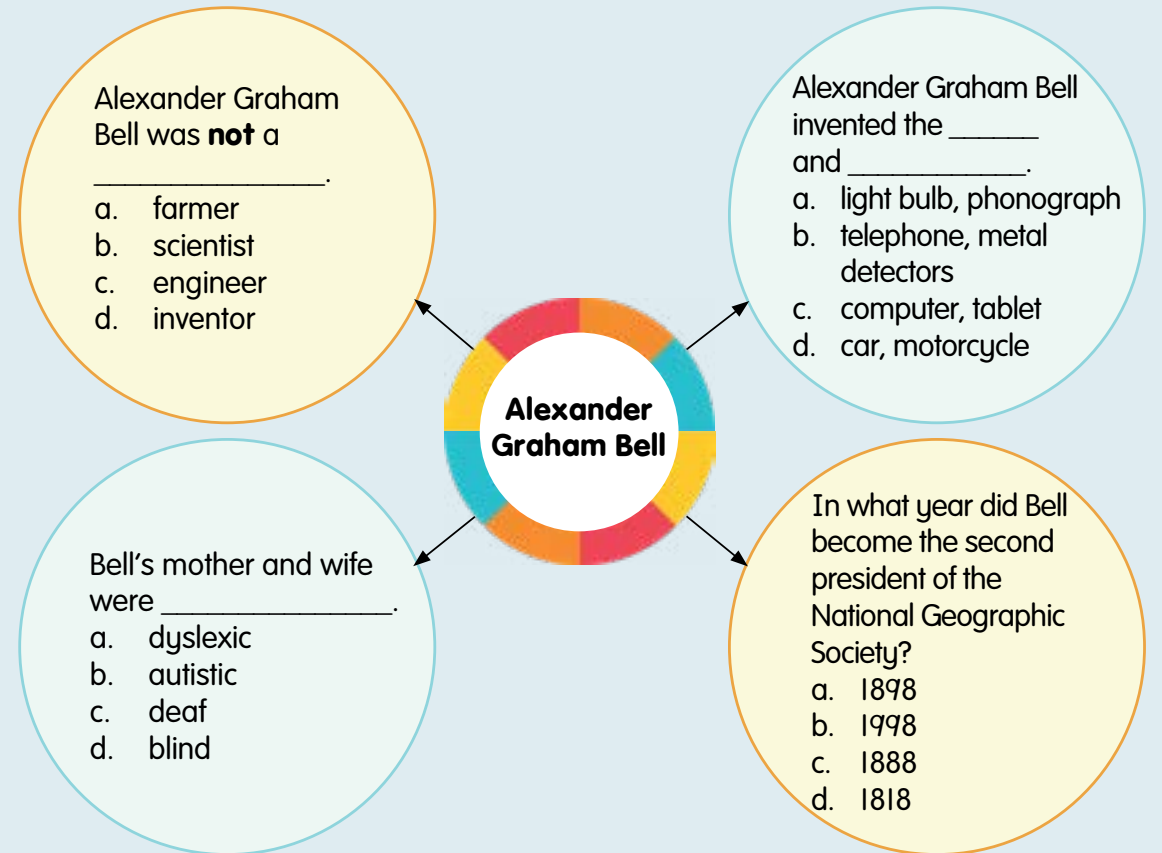
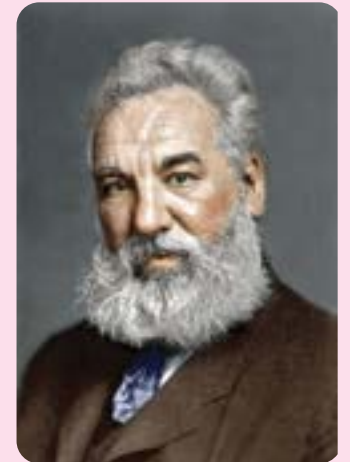
Teacher's Note

- Ask pupils to reread the information in A to help them come out with their opinions.

A. Read the biography below and circle the correct answers.

Alexander Graham Bell

Alexander Graham Bell was a famous scientist, engineer and inventor. He began inventing things at an early age. His family was very involved in helping speech-impaired people. Both his mother and wife were deaf. His research on hearing led him to inventing and experimenting with hearing devices. One of these devices became the telephone and he was awarded a patent for his invention in 1876. Bell never set out to invent the telephone and he thought it got in the way of the work he truly enjoyed. Bell went on to invent many other things, including one of the first metal detectors. He became the second president of the National Geographic Society in 1898, which prints the National Geographic magazine.



B. Read the blog post.

A Visit to Petrosains

Hi! I'm Daniel and I'm going to talk about my visit to Petrosains in Kuala Lumpur City Centre (KLCC) with my family. This is how our trip went.



8:00 A.M.

I got up and got ready to go to Petrosains. My father drove us from Seremban to Kuala Lumpur for about 2 hours. My siblings and I felt very excited as this was our first time going to Petrosains. I believe there were many exhibits that I would discover.

10:45 A.M.

Our fun activities at Petrosains began with riding the Dark Ride. It was shaped like an oil droplet which took us to see Malaysia's rainforests, mountains and underwater sceneries.

11:15 A.M.

After the Dark Ride, we discovered how astronauts live and work in the Space Gallery. Other than that, we tried driving a NASA Mars rover to roam over a Martian landscape to find the signs of life and go to Jupiter to experience a hurricane!

12:00 P.M.

Passing through Time Tunnel, we arrived at Geotime Diorama Gallery. We got to know dinosaurs and ancient world creatures. We could explore the history of the Earth and find out how petroleum is formed.

12:30 P.M.

We went to Oil Platform Gallery that exhibited the actual offshore platform. My ambition is to be an offshore engineer, so this is the gallery that I liked the most at Petrosains. It also featured two large simulator rides on a virtual journey.

1:00 P.M.

After that, we really used our energy at Speed Gallery which provided kinaesthetic activities for us. We passed through the spiral stairway that introduced the world of atoms and watched The Little Prince and The Lost World at 3D Theatre. Lastly, we explored the computer-generated music, stop motion animation, and art machine at Music, Art and Science gallery.

2:00 P.M.

We enjoyed ourselves at Petrosains. Lastly, before going back to Seremban. My father took us around to the window shopping at Suria KLCC.

C. Fill in the blanks with the suitable phrases based on the blog that you have read.

dinosaurs, ancient creatures, planet Earth history and how petroleum formed

rainforests, mountains and underwaters

how astronauts live and work

actual offshore platforms and two large simulators ride

the world of atoms

kinaesthetic activities

1. Daniel's family rode Dark Ride to see _____.
2. In Space Gallery, Daniel's family discovered _____.
3. Geotime Drama Gallery showed _____.
4. Oil Platform exhibited _____.
5. Daniel's family _____ at Speed Gallery.
6. Spiral stairway introduces _____.

D. Identify the main idea in the blog post. Then, complete the map.



Teacher's Note

- Help pupils to recognise main ideas and supporting details in the text.

A. Correct the spelling of the words in bold in the email below.

To: peikei@mail.com

From: muaz@mail.com

Subject: Invitation to go to Petrosains

Hi Pei Kei,

My friend and I will be going to Petrosains on this Saturday, 2nd April, by LRT. We would like to invite you to join us. If you come along, this trip would be more **(1) mgeaniful** and fun.

There are many reasons why we pick Petrosains as a place to visit. Firstly, Petrosains is the **(2) nereast** place for a field trip from our houses. It would be best for us not to go too far since our parents might not give their **(3) prmeissoin**. Secondly, Petrosains provides interactive activities for us to learn Science. This would help us to understand Science in a fun way because we will do the activities **(4) sandh-on**. We also choose Petrosains because it is easily **(5) rcheaabel** by public transport. We won't burden our parents to take us there.

I think you should join us since you have never visited Petrosains although it is very close to our houses. Please let us know your answer.

Hope to hear from you soon.

Muaz

Clues:

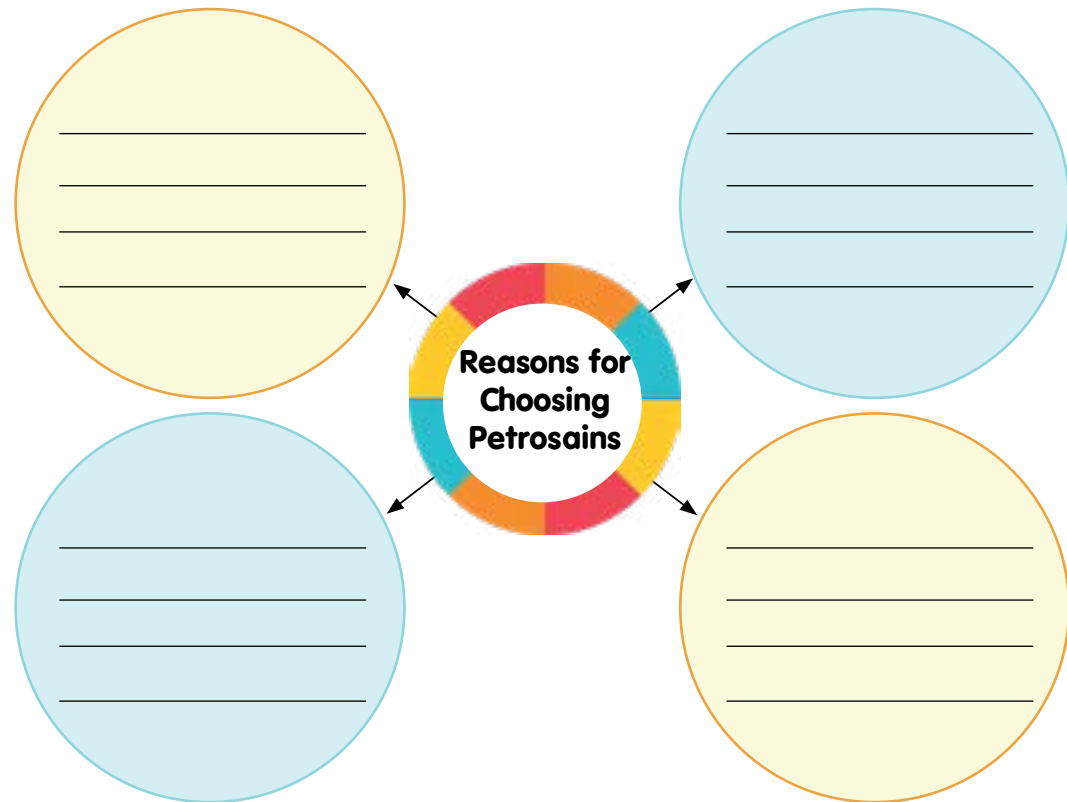
1. Significant or important
2. Closest
3. Consent or approval
4. Practical, actively involved
5. Able to be reached, accessible



Teacher's Note

- Ask pupils to guess the words by understanding the context and clues given.

B. Based on the email, write down the reasons Petrosains is picked as a place to visit.



C. Fill in the boxes with the information from the invitation email.

Muaz's Invitation to Tan Pei Kei

Where

When

How

Why



Teacher's Note

- Teach pupils that when writing, they need to include detailed information as elaboration.

A. Read the following explanation.

Present Perfect Simple and Present Perfect Continuous

Present Perfect Simple (have or has + past participle)	Present Perfect Continuous (have or has + been + -ing form)
Similarity	
Talk about past actions or states which are still connected to the present	
Differences	
Focuses on the result E.g.: You have tidied the room! It looks lovely.	Focuses on the activity E.g.: I have been cycling for many years.
Actions that have just finished E.g.: The teachers have just finished the innovation project for school.	Actions that began in the past and are still in progress or have happened repeatedly until now E.g.: The students have been studying for six months.
Actions that happened in the past but have the results that affect the present E.g.: I can't hand in the work because I haven't finished it yet.	Actions that happened for a period of time and have finished but have results that affect the present E.g.: She is starving because she has been working non-stop.
Actions that happened at an indefinite time in the past E.g.: The scientist has conducted many experiments.	



Teacher's Note

- Teach pupils that the present perfect simple emphasizes the completion of an event while the present perfect continuous talks about an ongoing event.

B. Choose the correct answers.

1. Many hikers have _____ to Mount Kinabalu.
 - a. go
 - b. been
 - c. going

2. No one is here. They have _____ to the Science laboratory.
 - a. gone
 - b. been
 - c. going

3. Daniel has been experimenting with the virus _____.
 - a. for three years
 - b. since three years
 - c. three years

4. She _____ that book all day.
 - a. has been reading
 - b. read
 - c. reading

5. My brother _____ his kitten.
 - a. lose
 - b. has lost
 - c. have lost

6. The engineer _____ for many years.
 - a. has been working
 - b. working
 - c. work



Teacher's Note

- Teach pupils that the present perfect simple emphasizes the completion of an event while the present perfect continuous talks about an ongoing event.



Make your own slime!

Do-It-Yourself Slime



Ingredients:



100 gm of soda bicarbonate



One container of clear glue



250 ml of hot water



Food colouring

Steps:

1. Mix soda bicarbonate with hot water.
2. Add in food colouring as much as you like.
3. Mix in clear glue gradually until the mixture becomes thick and condensed.



Teacher's Note

- Remind pupils to be careful with hot water.
- Make sure pupils put a fair amount of glue to create thick and condensed mixture.

Theme

Health and Environment

3

In this theme, you will:

- Listen to the nutritionist talking about How to Eat Better.
- Recite the poem Let Us Go Gentle with Nature.
- Listen to the audio about weather forecast.
- Listen to a talk about 10 Ways to Take Care of Mental Health.
- Read an article entitled Depression among Adolescents.

UNIT 7 HEALTHY FOOD, HEALTHY BODY




Warm Up

- What is your favourite food? Name a few.

Listening

A. Listen to a short talk by a nutritionist and answer the questions.

1. Which type of food below is the healthiest choice?
 - a. Canned food
 - b. Fresh food
 - c. Frozen food
2. How many portions of fruits and vegetables should you eat a day, at a minimum?
 - a. Five portions of fruits and five portions of vegetables separately.
 - b. Five portions of fruits and vegetables together.
3. Why should you avoid eating zero calorie and low-fat food?
 - a. Zero calories and low-fat food contains a lot of salt and sugar.
 - b. Low-fat or zero calorie food is high in vitamins and minerals.
 - c. Zero calorie and low-fat food is convenient and easy to find.
4. In the talk, it is suggested that fish should be eaten _____ a week.
 - a. twice
 - b. four times
 - c. less than twice
5. In the talk, the nutritionist suggests that we choose brown rice instead of white rice. Explain why. 



Scan Here

<http://arasmega.com/qr-link/unit-7-exercise-a-how-to-eat-better/>



Teacher's Note

- Teacher guides pupils to listen attentively for details.

 **Listening**

B. Fill in the bubble map with the steps on how to eat better.



 **Teacher's Note**

- Teacher guides pupils to listen to the audio and complete the exercise.

 **Speaking**

A. Recite the poem.

Let Us Go Gentle with Nature

Let us go gentle with nature
It has given us many
Blessings to be proud of.

Learn your Botany, Anatomy,
Geography, Astronomy, etc...
Before it is too late.

Regardless of what nature
Is giving us
An unwise person will always
Fail to see the good side of it
He or She will only see it as a curse
But let the rest of us go gentle with nature.

Source: Frederick, K. Y. (N.D). Let Us Go Gentle with Nature. Retrieved from <https://www.poemhunter.com/poems/nature/page-1/319702/>

 **Glossary**

- Gentle: Moderate in action, effect, or degree; not strong or violent.
- Nature: The physical world and everything in it (such as plants, animals, mountains, oceans, stars, etc.) that is not made by people.

 **Teacher's Note**

- Teacher guides pupils to recite the poem correctly.
- Check pupils' pronunciations when they are reciting the poem.

B. The illustrations show some activities that you can do during Environment Week at school. Discuss the activities with your friends.



C. Fill in the blanks with the correct phrases and then role play the dialogue with your friends.

- plant some trees
- the making of environmental awareness posters
- old pots or containers with stagnant water
- prize-giving ceremony

Madam Faezah:	Hello, everyone! The school has announced that we are going to organise an Environment Week next month. There are a lot of activities and there will also be inter-class competitions.
Arjun:	Whoa, that sounds very interesting, madam! Everyone holds the responsibility to care for our environment. So, what are the activities?
Madam Faezah:	On Monday, we will start off with _____. This will be a good opportunity for all students to show their talents. Marks and points will be given for every poster and the best one will be chosen as the champion.
Zhang Wei:	Madeena should totally represent us! She is a good artist. She must have interesting ideas for making the poster. What activities will we have on Tuesday, madam?
Madam Faezah:	That's a good suggestion. So, on Tuesday we will _____ around the school, while the following day we will be making handicrafts out of used items. Points will be awarded and the group with the most creative product will win. On Thursday, we will clean up around the school area.
Tan Pei Kei:	We will, madam! We should also check that there are no _____ while doing it. Mosquitoes love to breed in those places.
Madam Faezah:	Yes, we should. In fact, it's very worrying that there are so many mosquitoes in our school lately.
Daniel:	Sure. What about Friday, madam? What activity will we have?
Madam Faezah:	Friday will be the last day. So, a _____ will be conducted by our headmistress, Madam Najah Raihan. Prizes will be given to the students with the highest points for each category.

Teacher's Note

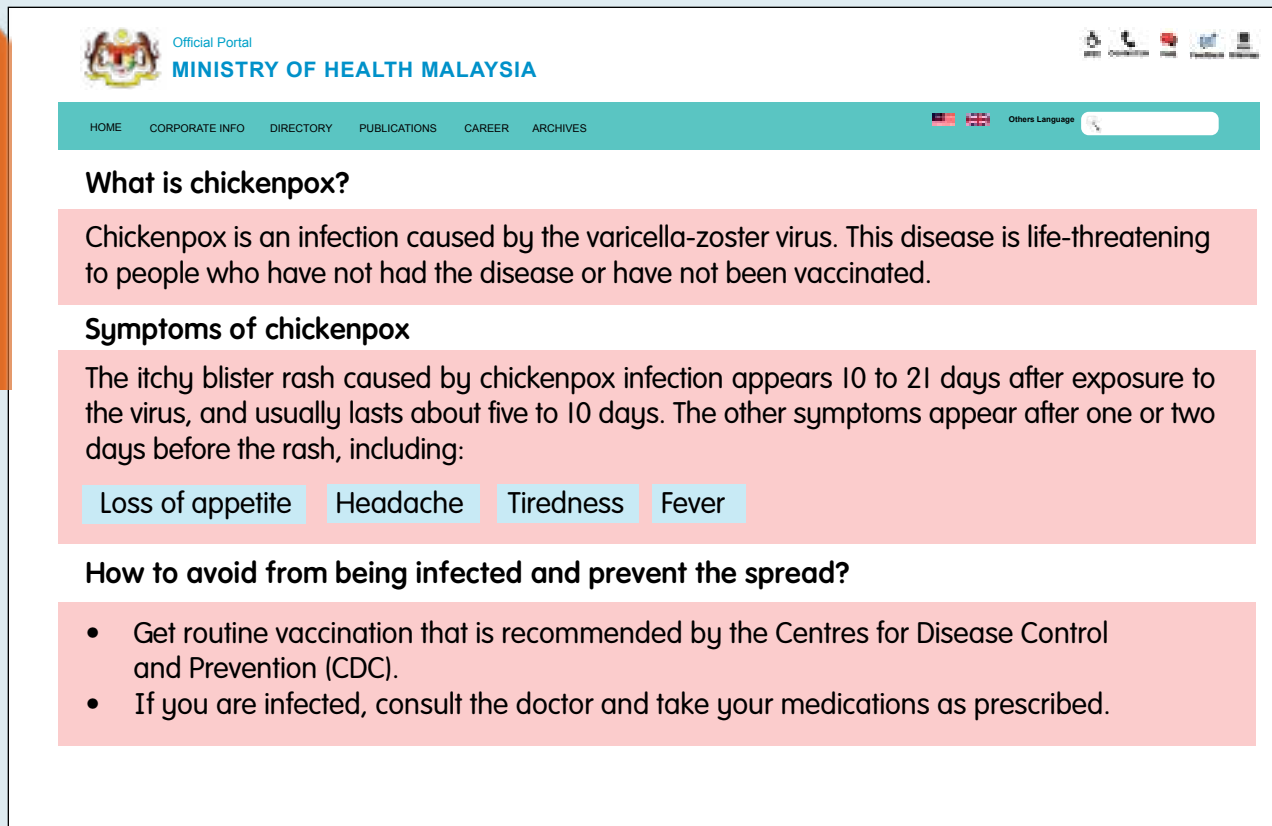
- Teacher guides pupils to work with their partner and talk about the topic.

Teacher's Note

- Teacher guides pupils to fill in the blanks and then role play the dialogue.

Reading

A. Read the following article about chickenpox by the Ministry of Health Malaysia.




The screenshot shows the official portal of the Ministry of Health Malaysia. The article title is "What is chickenpox?". The text states: "Chickenpox is an infection caused by the varicella-zoster virus. This disease is life-threatening to people who have not had the disease or have not been vaccinated." Under "Symptoms of chickenpox", it says: "The itchy blister rash caused by chickenpox infection appears 10 to 21 days after exposure to the virus, and usually lasts about five to 10 days. The other symptoms appear after one or two days before the rash, including: Loss of appetite, Headache, Tiredness, Fever." Under "How to avoid from being infected and prevent the spread?", it lists: "Get routine vaccination that is recommended by the Centres for Disease Control and Prevention (CDC). If you are infected, consult the doctor and take your medications as prescribed."

B. Answer the following questions below.

1. What is chickenpox?

2. List down the signs and symptoms of chickenpox.

3. If you are showing any symptoms of this disease, would you like to seek advice from your doctor? Why? 



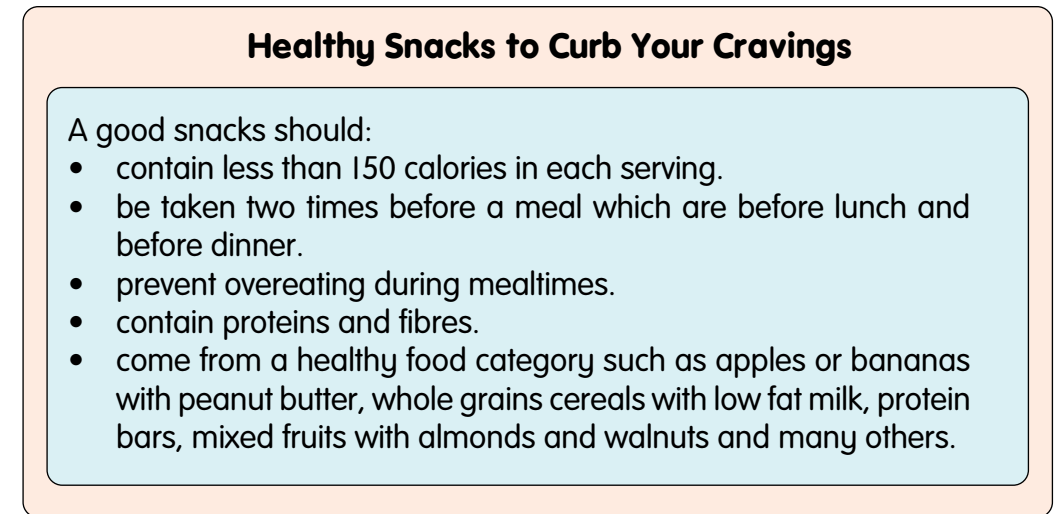
Teacher's Note

- Teacher guides pupils to read the article and fill in the blanks with correct answers.

Writing

Pair Work

A. Read the following poster about Healthy Snacks.



Healthy Snacks to Curb Your Cravings

A good snacks should:

- contain less than 150 calories in each serving.
- be taken two times before a meal which are before lunch and before dinner.
- prevent overeating during mealtimes.
- contain proteins and fibres.
- come from a healthy food category such as apples or bananas with peanut butter, whole grains cereals with low fat milk, protein bars, mixed fruits with almonds and walnuts and many others.

B. Answer all the following questions.

1. What is the best time to eat your snacks?

2. Name a few healthy snacks based on the poster above.

3. How many calories should we take for each serving of snack?

4. In your opinion, why should we take proteins or fibres in our snacks? 



Teacher's Note

- Teacher discusses the materials with pupils and help them answer the questions.

C. During the school holidays you have been taking healthy snacks and you find it interesting. Share your experience by writing an email to your best friend.

- How do you feel about your choices?
- Are you happy, sad, surprised or confused?
- Does the snack make any difference to your diet and health? Why?

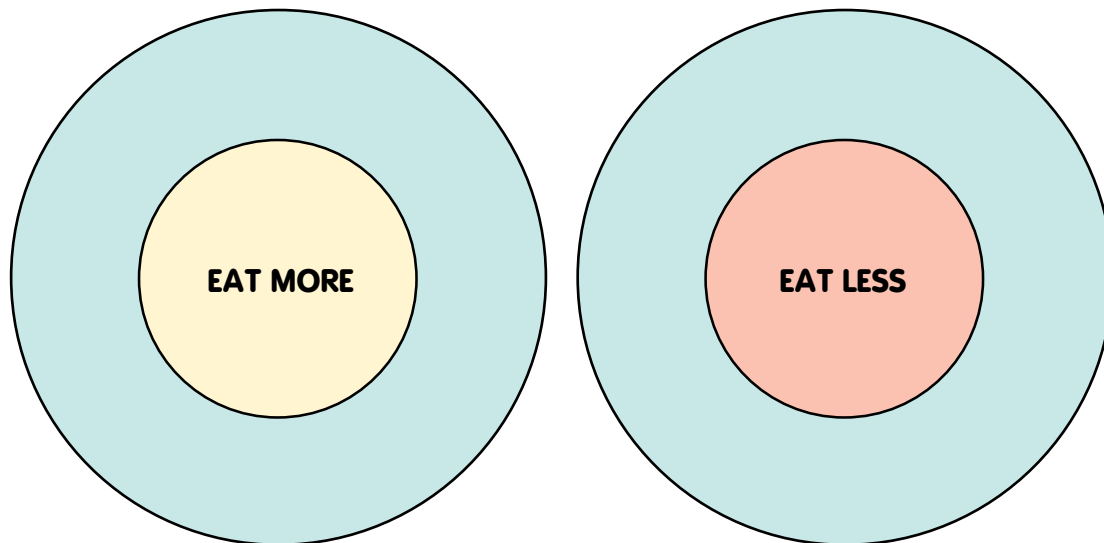
New message - ↗ ✕

To: _____

From: _____

Subject: _____

D. Fill in the circle map with snacks that you should eat more and snacks that you should eat less.



 **Teacher's Note**

- Teacher encourages pupils to share their opinions.

A. Read the following explanation.

Future Time Expressions

Future time expressions are used to describe **future plans** and **intentions**.

Time Expressions

+

Future Tenses

Future Time Expressions	Examples	Expressions under the same category
Tomorrow (The day after today)	I think I will go snorkelling tomorrow.	Tonight Tomorrow morning Tomorrow afternoon Tomorrow evening
The day after tomorrow (Two days after today)	Muhairee is moving out the day after tomorrow.	The week after next week
Next week (The week after this week)	Marita starts her school by next week.	Next month Next year
This evening (The closest evening in the future)	Yusuf has a party this evening.	This week This month This year This weekend
On Friday (Specific day)	Ahmad is going to Cambodia on Friday.	On the weekend In September

 **Teacher's Note**

- Give explanations and examples of future time expressions in real life.

B. Choose the correct future time expressions for the following sentences.

1. Ainisha will buy some gifts at the airport _____.
 - a. last week
 - b. next week
 - c. yesterday

2. Idzni has an exam at school _____.
 - a. tomorrow
 - b. an exam
 - c. at school

3. I was born _____ the 25th September 1992.
 - a. at
 - b. in
 - c. of
 - d. on

4. My aunty and her family moved to Ainsdale City _____.
 - a. February 2020
 - b. in February 2020
 - c. on February 2020

5. The train arrives at 10:00 a.m. _____.
 - a. by my watch
 - b. by your watch
 - c. local time

6. Mikayla and Maryam are going for a run _____.
 - a. at Saturday
 - b. on Saturday
 - c. in Saturday

A. Search the words based on the clues given.

b	r	e	a	k	f	a	s	t	p
a	s	d	f	g	h	j	k	f	r
q	o	i	l	y	y	f	q	i	o
f	q	w	e	t	y	a	w	b	t
r	a	r	w	n	a	t	u	r	e
u	b	e	a	c	h	s	e	e	i
i	n	u	t	r	i	t	i	o	n
t	d	y	t	t	i	u	r	t	y

Clues:

Horizontal

- A meal that you eat in the morning.
- _____ food should be avoided.
- Take a variety of healthy foods so that you will get enough _____.
- A place that you visit when you seek peacefulness.

Vertical

- You should eat a lot of fruits and vegetables because they are high in _____.
- Chicken, fish and eggs are examples of food that are high in _____.
- There are good and bad _____ found in food.
- Eat enough _____ to prevent constipation.

beach

nutrition

oily

protein

breakfast

fruit

fats

fibre



A. Follow the instructions to make a healthy salad.

Ingredients:

lettuce	mayonnaise	black pepper
onion	tomatoes	eggs

Healthy Salad



1 First, boil the eggs and then let them cool.



2 Peel the eggs, mash them and put it aside.



3 Chop the tomatoes and onions into small pieces.



4 Slice the washed lettuce into bite sized pieces.

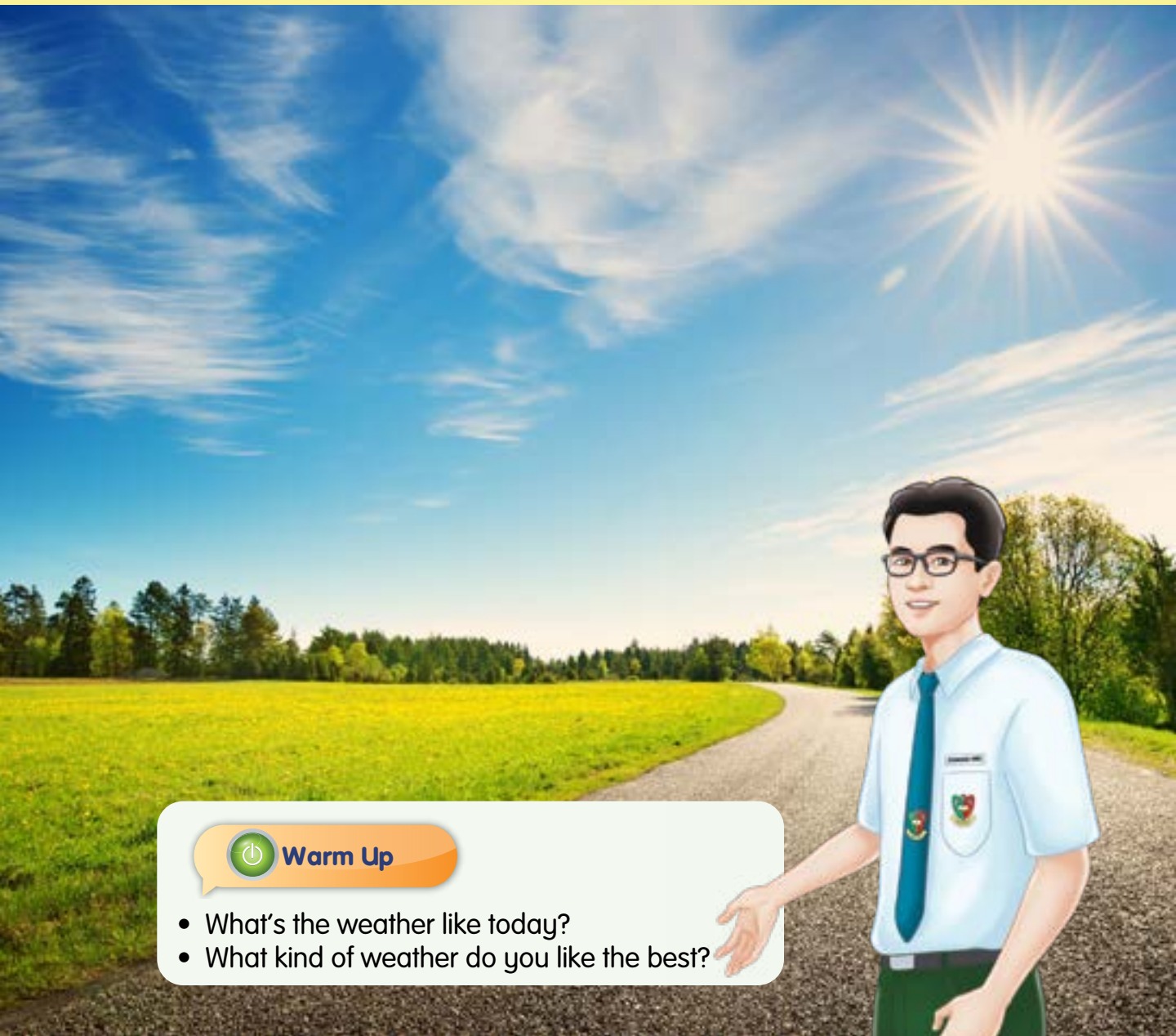


5 Mix the mashed egg with black pepper, mayonnaise and chilli sauce. Set aside.



6 The salad is ready to eat.

UNIT 8 UNPREDICTABLE WEATHER



Warm Up

- What's the weather like today?
- What kind of weather do you like the best?

Listening

A. Listen to the weather forecast and determine whether the statements are TRUE or FALSE.

1. It will start raining at lunchtime today in Kuala Kangsar.
2. The weather in the north of Peninsular Malaysia will be worse than in the south.
3. There will be thunderstorms in Putrajaya tonight.
4. Most part of Sabah will be hot this week.
5. The Southwest Monsoon will start this weekend.



Scan Here

<http://arasmega.com/qr-link/unit-8-exercise-ab-weather-forecast/>

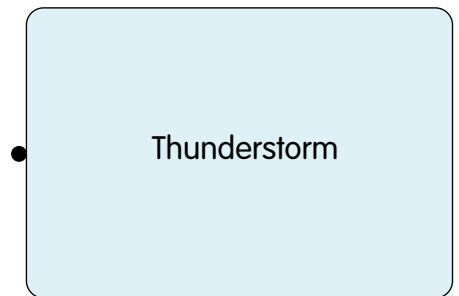


Teacher's Note

- Encourage pupils to read the questions first and look for possible keywords before the audio is played.
- Play the audio at least twice.

Listening

B. Match the pictures below with the kinds of weather that you have heard in the audio.



Scan Here

<http://arasmega.com/qr-link/unit-8-exercise-ab-weather-forecast/>



Teacher's Note

- Ask pupils to guess the kind of weather from clues provided in the audio.

A. Which weather do you like? Why?



- Tell your partner which weather you prefer.
- Talk about your feelings about the weather you have picked.
- Tell your partner why it makes you feel that way.

Teacher's Note

- Introduce vocabularies related to feelings such as happy, sad, excited, worried, scared and frustrated.
- Discuss as a class to generate ideas.

A. Read the newspaper article below.

TODAY'S NEWS

Floods Hit Several States in Malaysia; Thousands Evacuated



A resident of Kampung Pianggu in Rompin, Pahang, returning on Sunday Dec 15th to retrieve important documents from his home, which was under threat from rising floodwaters. PHOTO: BERNAMA

KUALA LUMPUR: More than 5,000 people were in flood evacuation centres in Johor on Sunday Dec 15th, with the authorities predicting more rain as several Malaysian states were hit by floods at the weekend.

The states affected included Johor, Melaka, Pahang, Kelantan, Terengganu, Sabah and Sarawak, with more than 5,000 forced to leave their homes.

The number of flood victims in Johor stood at 5,592 people on Sunday, an increase from the 4,326 recorded the day before.

Parts of Malaysia, especially the east coast states, are hit annually by heavy monsoon rain. In Melaka, 13 people were evacuated to a relief centre after two days of rainfall.

In Pahang's Rompin district, the flood situation had worsened, with 756 people evacuated on Sunday afternoon, surging from 345 people from 92 families the night before.

Flooding in remote parts of Sarawak in East Malaysia had made cooking impossible in many areas, with gas cylinders going empty and wood dampened by the rain. The authorities managed to send supplies of dry and canned food to the area, but residents said they urgently needed cooking gas.

The floods in Kelantan claimed at least two lives, a seven-year-old boy and a 49-year-old man. A total of 12,468 people were also evacuated from their homes in several districts in Kelantan on Dec 4th, but most had since returned.

The worst also seemed to be over in Terengganu, with 6,028 victims allowed to return home after enduring floods since Nov 29th.

Things were also looking up in Sabah, with 448 flood victims from several villages in Beaufort and Membakut allowed to return home on Saturday after the flood waters fully receded.

Adapted from: Nadirah H. Rodzi. (2019, Dec 20). Floods Hit Several States in Malaysia; Thousands Evacuated. Retrieved from <https://www.straitstimes.com/asia/se-asia/floods-hit-several-states-in-malaysia-thousands-evacuated>

Glossary

- Evacuate: To move people from a dangerous place to somewhere safe.
- Flood: To cause to fill or become covered with water, especially in a way that causes problems.
- Remote: A long way from any towns or cities.
- Resident: A person who lives or has their home in a place.
- Recede: To move further away into the distance.

B. Answer the questions.

1. Why were more than 5,000 people evacuated in Johor?
2. What were the states affected by the flood?
3. What kind of help did the authorities send to residents in the remote part of Sarawak?
4. How many lives were claimed because of floods in Kelantan?
5. In which state were the victims allowed to return home after the floods were over?



Teacher's Note

- Guide pupils to read aloud the news article.
- Highlight keywords in the questions to help pupils to look for the details in the text.



Reading

C. Using the information in the boxes, answer the questions that follow.

Word: Evacuate

1. To move people from a dangerous place to somewhere safe.
2. To empty something of its contents, especially the bowels.

1. Based on the sentence below, which is the best definition for the word?

The firemen **evacuate** the victims of the house fire within seconds.

Definition 1

Definition 2

Word: Flood

1. To fill or enter a place in large numbers or amounts.
2. To cause to fill or become covered with water, especially in a way that causes problems.

2. Based on the sentence below, which is the best definition for the word?

The evacuation centre is **flooded** with food and clothes donation.

Definition 1

Definition 2

Word: Recede

1. To move further away into the distance.
2. To get lower in value, amount, or number.

3. Based on the sentence below, which is the best definition for the word?

Petrol prices will **recede** in June.

Definition 1

Definition 2







Teacher's Note

- Explain that meaning of a word depends on the context.

A. Based on the weather forecast, plan out your daily activities.

August 10th
Monday

Kuala Lumpur
Weather
Forecast







6:00 a.m. 24 °C Partly cloudy	10:00 a.m. 31 °C Sunny
3:00 p.m. 29 °C Rainy	
8:00 p.m. 32 °C Partly cloudy	12:00 p.m. 26 °C Partly cloudy

My Daily Timetable

Name: _____
Day: _____
Date: _____

Time	Activity
6:00 a.m.	At 6:00 a.m., I will _____
10:00 a.m.	
3:00 p.m.	
8:00 p.m.	
12:00 p.m.	

 **Teacher's Note**

- Help pupils to brainstorm ideas for suitable activities by referring to the weather forecast.
- Teach pupils to construct sentences using future tenses.

B. Follow the steps below to write a poem about weather.

Steps 1 Pick the weather that you like as the title.

Sunny

Cloudy

Stormy

Windy

Rainy

Steps 2 Answer these questions about the weather that you have picked. Include adjectives where needed.

- What do you see?
- What do you taste?
- What do you smell?
- How do you feel?
- What do you hear?



Steps 3 Write your short poem.

Weather


I see _____.

I taste _____.

I smell _____.

I feel _____.

I hear _____.

 **Teacher's Note**

- Help pupils to brainstorm ideas based on the weather they have chosen.
- Teach pupils adjectives to use in their poem.

A. Search for the following words in the word search below.

Weather

W	U	D	D	H	E	A	T	W	A	V	E	Y	N
U	A	F	R	E	E	Z	I	N	G	M	C	M	T
S	L	R	Z	R	A	I	N	H	E	I	S	A	O
S	U	M	M	E	R	E	A	O	N	I	M	O	R
D	R	L	L	R	T	G	F	T	A	H	S	W	N
N	B	D	W	E	B	Z	A	A	C	R	F	A	A
S	L	T	A	T	L	R	L	R	I	L	R	R	D
N	I	I	B	L	A	O	L	B	R	C	O	N	O
O	Z	T	H	E	C	F	U	R	R	O	S	I	S
W	Z	U	U	A	K	M	V	H	U	L	T	N	O
R	A	I	M	U	O	M	S	M	H	D	Y	G	A
E	R	L	I	O	U	T	H	G	I	N	B	S	N
U	D	T	D	A	T	H	M	W	I	N	D	Y	R
D	S	O	L	T	S	W	S	T	O	R	M	S	A

SUMMER FROSTY COLD WARM TORNADOS
 STORMS BLIZZARD WINDY RAIN HOT

Temporal Expressions

Temporal expressions are time expressions. When we use them to talk about the future, they are followed by a **present tense**, not a future form.

A. Underline the verbs after the temporal expressions "in bold".

1. Stacy will come **as soon as** she finishes her class.
2. **When** we go to Kuala Terengganu, we'll visit our relatives.
3. I'll wait **until** you finish your work.
4. Check that you have switched off the fan **before** you leave.
5. Please call me **the moment** the guest arrives.

B. Underline the correct temporal expression for each sentence.

1. I'll clean the mess **as soon as/until** the kids have left.
2. **By the time/After** Madam Faezah arrives, the launching event will be over.
3. I'll call you **the moment/when** the officer sends the file.
4. I won't come home **until/the moment** I have found my cat!
5. Daniel's parents will buy a new house **after/before** they have saved up enough money.



Teacher's Note

- Tell pupils that they may cross out the words vertically or horizontally.
- Give rewards to fast finishers.



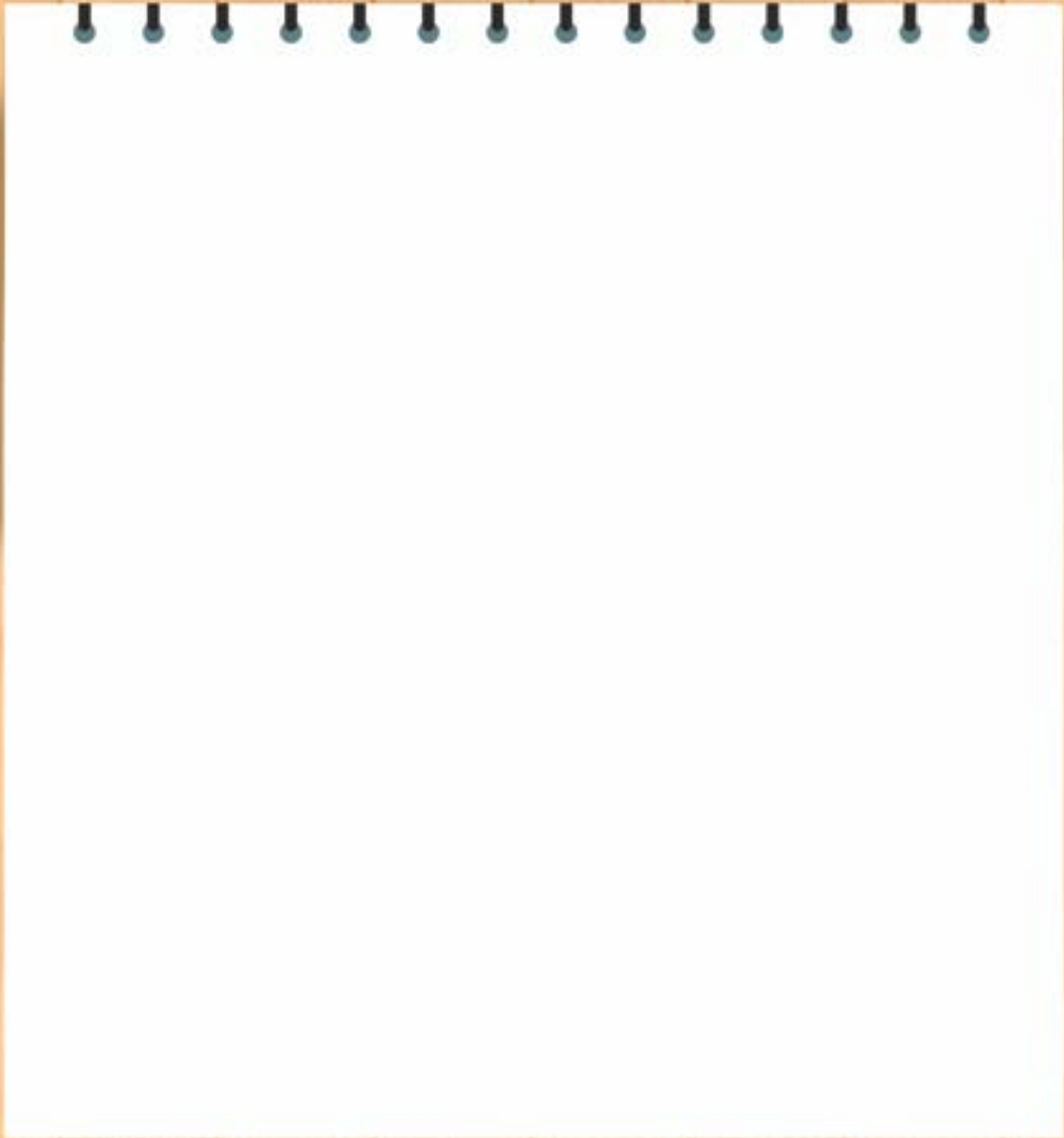
Teacher's Note

- Observe whether pupils have prior knowledge on verbs.
- Clarify that the words in bold are examples of temporal words.



Arts Gallery

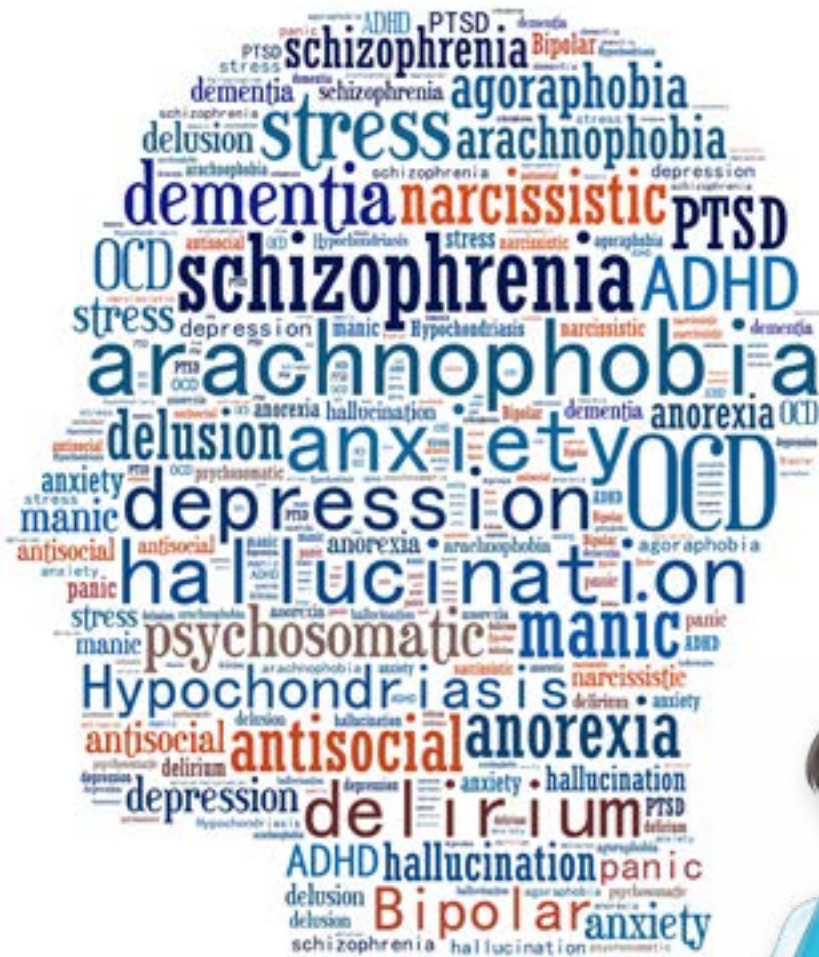
A. Draw a beautiful scenery with any kind of weather of your choice.



Teacher's Note

- Remind pupils about the kinds of weather that they have learned.

UNIT 9 BUILDING BETTER MENTAL HEALTH

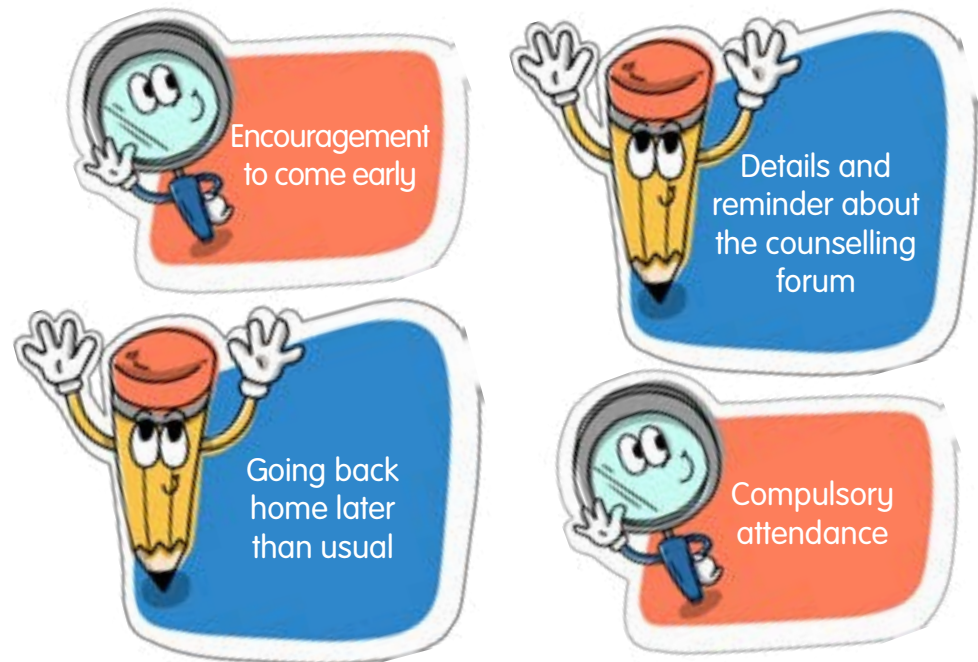


Warm Up

- Have you ever felt sad? Why?

 **Listening**

A. Listen to an announcement and choose the main idea of the text from the options below.



B. Listen again. State whether the following statements are TRUE or FALSE.

1. The forum will be conducted on 14th August, Wednesday.
2. Form 1 and Form 2 pupils must join the forum.
3. The first 50 participants who arrive will receive goodie bags.
4. The pupils can wear T-shirts to the forum.
5. Parents should be informed earlier about the school afternoon programme.



Scan Here

<http://arasmega.com/qr-link/unit-9-exercise-ab-counselling-forum-on-mental-health/>



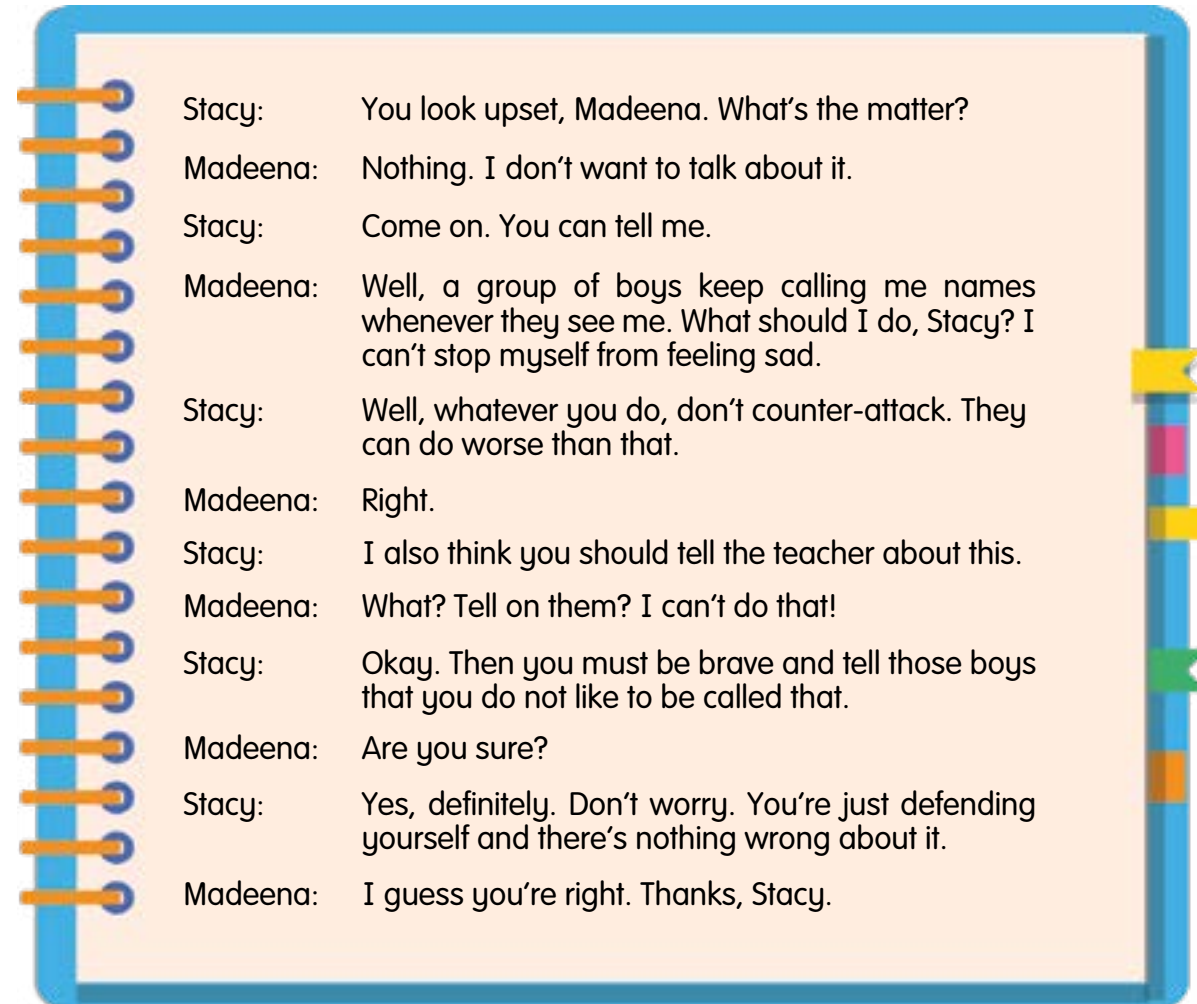
Teacher's Note

- Teach pupils that specific details are primary points that support the main idea.

 **Speaking**



A. Role play the following dialogue with your shoulder partner.



Stacy: You look upset, Madeena. What's the matter?

Madeena: Nothing. I don't want to talk about it.

Stacy: Come on. You can tell me.

Madeena: Well, a group of boys keep calling me names whenever they see me. What should I do, Stacy? I can't stop myself from feeling sad.

Stacy: Well, whatever you do, don't counter-attack. They can do worse than that.

Madeena: Right.

Stacy: I also think you should tell the teacher about this.

Madeena: What? Tell on them? I can't do that!

Stacy: Okay. Then you must be brave and tell those boys that you do not like to be called that.

Madeena: Are you sure?

Stacy: Yes, definitely. Don't worry. You're just defending yourself and there's nothing wrong about it.

Madeena: I guess you're right. Thanks, Stacy.

B. Have you ever been called names? Does any of your friend come to help and support you?



Teacher's Note

- Relate bullying to mental health effects.
- Remind pupils of the right things to do if they get bullied.



C. Discuss the following questions with your group members.

1. How would you feel when someone calls you name?

I would feel...

depressed embarrassed annoyed angry

2. What should you do when someone calls you name?

I should...

cry report to teachers or parents ignore the insult avoid the person

3. Give two reasons why name calling is terrible.

The reasons why name calling is terrible are...



Teacher's Note

- Remind pupils of good moral values.

A. Read the article below.

Successful Autistic Baker

KOTA BHARU – Being autistic does not stop this young man from following his passion to start cakes and pastries business.

Muhammad Farid Fakhruddin Md Fazah, 21, who has been diagnosed with Autism Spectrum Disorder (ASD) ever since he was a child proved his ability to succeed, defying the judgement of society that he only depends on his family.

With determination and interests in baking, the holder of the Basic Culinary Certificate from Selayang Community College moved forward with the opening of Farid's Trading and his own cake and pastry workshop next to his house. Built over a year ago, the workshop was contributed by Kelantan Department of Labour.



"I'm just a normal human being. I love to help people. I love to bake cakes and pastries. So, I must help people through this cakes and pastries business."

"Before this, I felt worried and afraid to do all these, but God gave me strength and I didn't look back anymore. I want to move forward and help everyone that is just like me to learn about the making of cakes and pastries," said Farid.

Source: from <https://m.sinarharian.com.my/mobile-article?articleid=7532>



Teacher's Note

- Instil moral values in pupils by reminding them that disability is not a hindrance to success.

B. Tick (✓) the main idea of the article.

1. Farid loves food
2. Farid is an autistic boy who succeeds as a baker
3. Farid makes a cake for his friend

C. Based on the article, tick the attitudes shown by Farid.



Determined	<input type="checkbox"/>	Helpful	<input type="checkbox"/>	Weak	<input type="checkbox"/>	Hard-working	<input type="checkbox"/>
Loves to give excuses	<input type="checkbox"/>	Skilful	<input type="checkbox"/>	Lazy	<input type="checkbox"/>	Generous	<input type="checkbox"/>



Teacher's Note

- Explain that a phrase is a group of words that express a concept and can be combined to form a sentence.
- Compare and contrast the adjectives and the description of Farid in the text.

3.1.3
3.1.1

A. Read the poster below.

TEEN DEPRESSION

HAVING DIFFICULTIES TO COPE WITH CHALLENGES?

Teenagers nowadays need to cope with social and development challenges. The challenges include peer pressure, commitment to sport, changing of hormone levels and developing bodies. These challenges may lead to depression. Depression can result in high levels of stress, anxiety or in the worst-case scenario, suicide. It can affect the teen's life and lead to isolation and other problems.



THE SIGNS OF DEPRESSION ARE:

- Appearing sad, easily annoyed and tearful
- Changes in appetite or weight
- Not interested in favorite activities
- A decrease in energy
- Difficulties to concentrate
- Feelings of guilt, worthlessness and helplessness
- Changes in sleeping habits
- Talks about suicide
- Withdrawal from friends
- Worsening school performances

LOOK OUT FOR THE SIGNS AND CHANGES IN BEHAVIOURS SO THAT YOU CAN SEEK HELP FROM THE SCHOOL COUNSELLOR WHEN YOU ARE IN NEED.

Counselling Department of SMK Taman Semanja

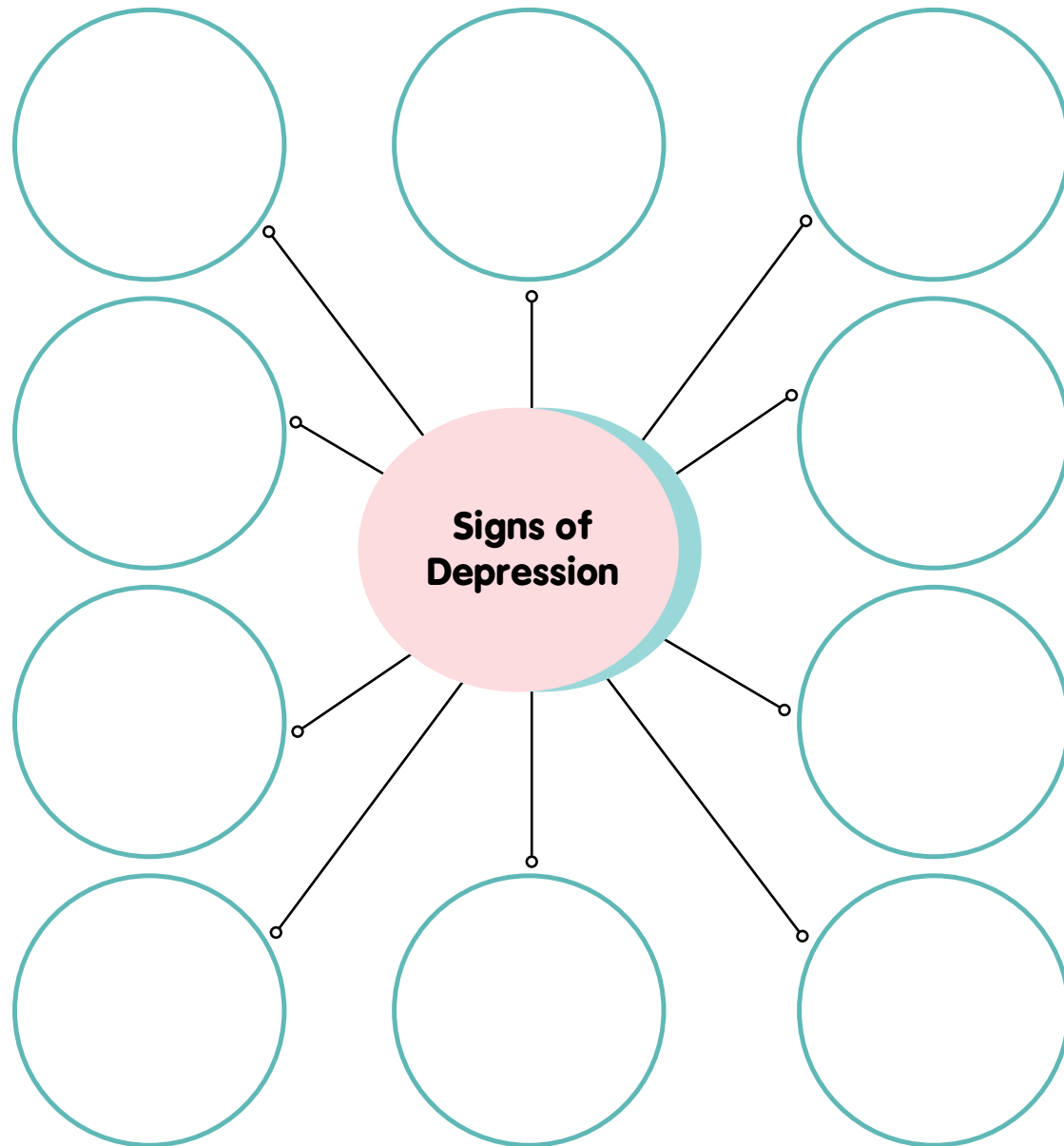


Teacher's Note

- Engage pupils' prior knowledge by asking where they can find posters in school and what information they can get from a poster.



B. Based on the poster you have read, fill in the bubble map with the signs of depression.



Teacher's Note

- Explain to pupils that a linear text can be presented in a non-linear form for clearer understanding.
- Ask pupils whether they have any of the signs and the reasons why.



C. Correct the punctuation of Daniel's diary entry by putting commas (,) and full stops (.) where necessary.



Dear Diary

I saw a poster on school notice board today It's a poster about seeking help from the counsellor if we feel depressed There are signs of depression that are listed out in the poster I think I have some of signs I have less appetite to eat feel lazy to go to my football practice sleep all day long after school and have difficulties to concentrate in class The reason behind this is that I am having family problems and my performance in school exams is declining I don't know how to cope with these problems Everything comes all at once and I don't know who to talk to Dear diary do you think I need to seek help from the school counsellor? I am in a low mood and I can't think straight

Daniel

Teacher's Note

- Explain the functions of commas (,) and full stops (.)
- Tell pupils that a full stop must be followed by a capital letter.

Order of Adjectives

The **order of adjectives** is the sequence used when there is more than one adjective to describe a noun. This order helps you to make sense when you read the sentence. The correct order is **opinion, shape, age, colour, origin and materials**.

Correct order	Opinion	Shape	Age	Colour	Origin	Material
Example	Cute	Thin	Young	Green	Indian	Cotton

A. Arrange the adjectives in correct order.

1. I bought a _____ blouse.

long	silk	flowy
------	------	-------

2. I love your _____ boots.

leather	brown	comfortable
---------	-------	-------------

3. Madam Faezah has got a _____ car.

new	Japanese	black
-----	----------	-------

4. She visits the National Museum to see a _____ monument.

Greek	ancient	fascinating
-------	---------	-------------



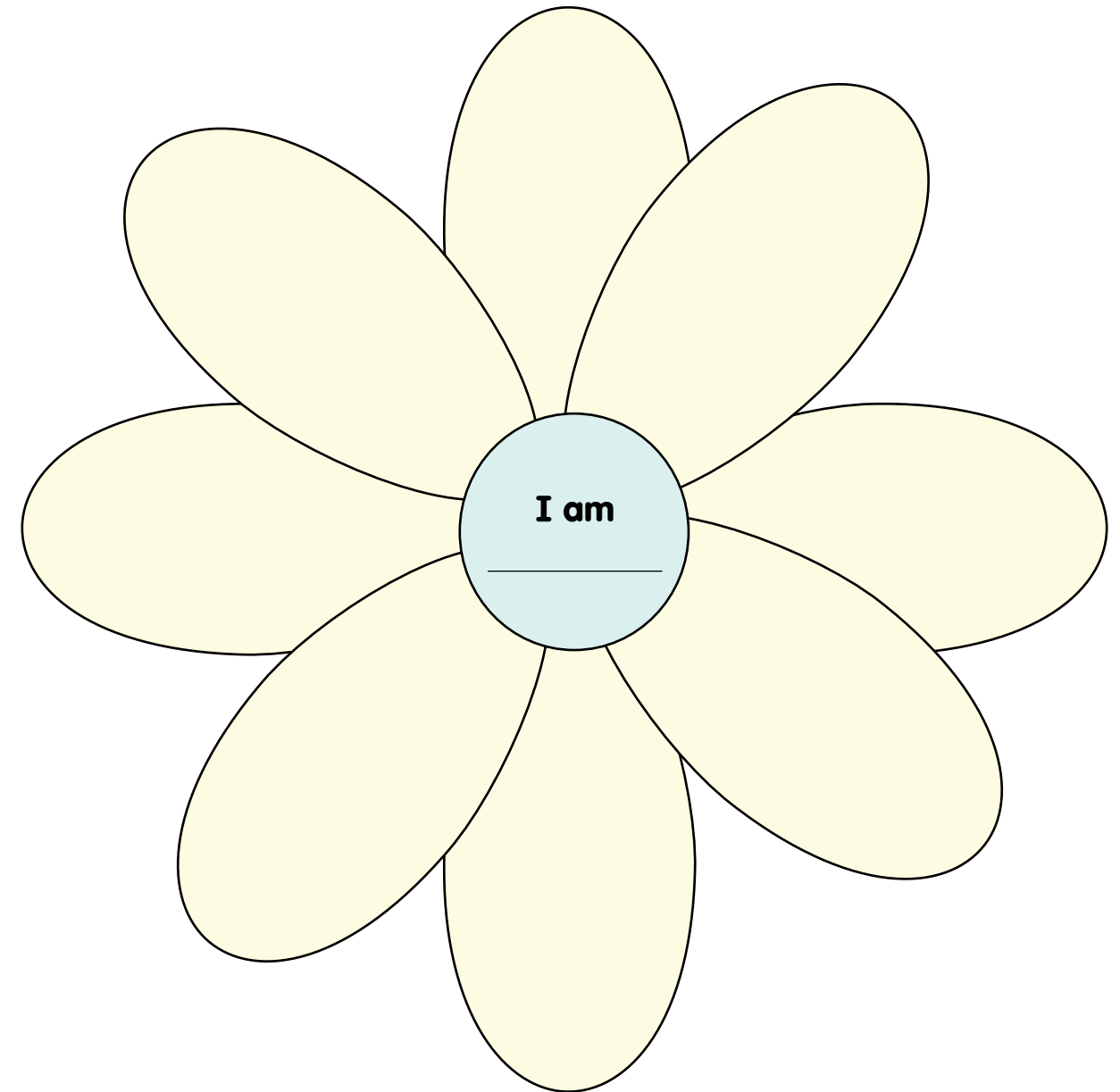
Teacher's Note

- Show some realia and ask pupils to describe them by arranging the descriptive adjectives according to the right order in the table.



Arts Gallery

Write on each petal a good thing about yourself.



B. Colour and decorate the flower. Put it on your class board.



Teacher's Note

- Teach pupils to use adjectives to recognise their positive values.

Theme Consumerism and Financial Awareness

4

In this theme, you will:

- Listen to the story about efforts to buy a Smart Watch.
- Listen to the interview about TV programme.
- Read the short story about Wise Money Management.
- Sing a song Save Up!.
- Listen to the talk about Advantages of Online Business.
- Role play the dialogue about Ordering Groceries via Phone Call.
- Read the text about Online Business.
- Read the notes about Relative Clauses Using Who, Which and Where.

UNIT 10 RINGGIT SENSE



Warm Up

- What are the dilemmas faced by the girl?
- If you were the girl, would you save money or spend money for something that you want?

Listening

A. Listen and repeat the words related to money in the box.

buy	sell	spend	cost	save
-----	------	-------	------	------



Scan Here
<http://arasmega.com/qr-link/unit-10-exercise-a-repeat-the-words-that-related-with-money/>

B. Listen and rearrange the story about Muaz's Efforts to Buy a Smart Watch.

	Muaz thought he should save his school pocket money. Other than that, he wanted to do small online business to earn more.
	Muaz, who is a school athlete, had the intention to buy a smart watch. The smart watch can monitor his heart rate and help him to access his smart phone applications easily.
	However, the price of a smart watch is expensive. It costs around RMI,700. Muaz put his thought into how to get RMI,700 to buy the smart watch.
	Eventually, he managed to buy the smart watch. He was very happy to own the smart watch. What's more important, he learnt how to do business and saw that success requires efforts.
	He sold fitness T-shirts online. He advertised and promoted the T-shirts on social media like Facebook and Instagram. He gained a lot of profits from the small business.



Scan Here
<http://arasmega.com/qr-link/unit-10-exercise-b-muazs-efforts-to-buy-a-smart-watch/>



Teacher's Note

- Introduce smart watch to pupils.
- Ask pupils to read the paragraphs thoroughly before the audio is played.

 Listening

C. Listen to an interview and underline the correct answers.

1. Stacy comes from **Selangor/Perak**.

2. Stacy's new bag is **cheap/expensive**.

3. Stacy prefers **dark/bright** colours.

4. Arjun bought a new pair of **slippers/jeans**.

5. Arjun usually buys **new/used** clothes.

6. Arjun **bought/borrowed** a bag.



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<http://arasmega.com/qr-link/unit-10-exercise-c-dialogue-about-shopping-2/>

 Speaking

 Pair Work

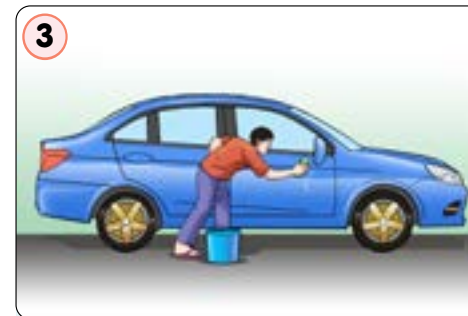
A. Study the following pictures. Then, tell a story using the words provided.



1 wished - buy - DSLR camera



2 thought - ways to get money



3 did - part-time job



4 helped - mother - paid for the chores



5 sold - used clothes - car boot sale



6 buy - DSLR camera



Teacher's Note

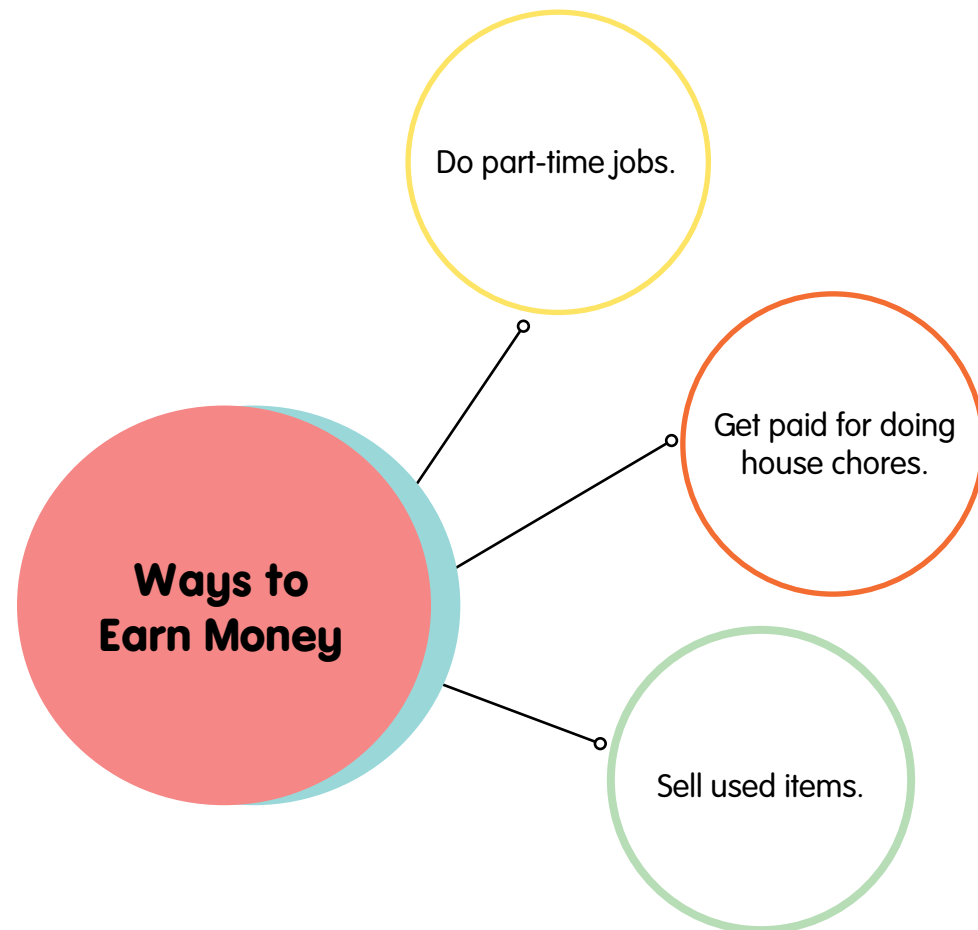
- Highlight the antonyms from this activity.



Teacher's Note

- Introduce unfamiliar vocabularies from the pictures.
- Ask pupils to take turns to tell their stories.

B. Pick the best way to earn money and give reasons for your choice.



 **Teacher's Note**

- Help pupils brainstorm the ideas to speak.
- Encourage pupils to start their discussion with "I think that..." or "In my opinion..."
- Teach pupils to agree or disagree with the opinion of their shoulder partner politely.

 2.2.1

A. Read the short story and answer the following questions.

Wise Money Management

Adam works in a car factory and earns RM40,000 a year. His brother Afiq is a businessman in Ipoh and makes RM100,000 a year. Adam saves nearly all his wages and only spends a little on food, but Afiq wastes all his money on unnecessary shopping.

They inherited RM100,000 each from their late grandfather 10 years ago and Adam invested his share in a trust fund. Afiq spent his money to buy a luxury car.

He often borrows money from Adam, but never pays him back so now he owes Adam a fortune. Adam is really lucky and he won RM5000 from a lucky draw he entered last month. He invited Afiq to his house to celebrate, but when he was there, Adam saw Afiq stealing money from his wallet. Adam decided never to lend Afiq money again.



 **Teacher's Note**

- Before they read, ask for pupils' opinions on what they will do if they get a large sum of money.
- Get pupils' opinions on who is better in financial management in the story.
- Ask pupils what vocabularies are found in the short story that are related to money.

B. Tick (✓) the main idea of the short story.

- 1. Adam is wiser at money management than Afiq.
- 2. Adam has a lavish lifestyle.
- 3. Afiq has a thrifty lifestyle.

C. Match the vocabulary with the correct definition.

To earn	• is to receive money from somebody who has died.
To inherit (from somebody)	• is to give somebody money that they must give back to you.
To borrow	• is to take money out of a bank account.
To lend	• is to get money from somebody that you will give back.
To pay back	• is to use money on something you don't need.
To waste	• is to get money by working.
To withdraw	• is to return money that you have borrowed.

 **Teacher's Note**

- Encourage pupils to find meanings contextually based on the short story.
- Highlight the difference between "borrow" and "lend".

A. Read the poem. Then, answer the questions on page 136.

Save Up!

<p>Tell us how to save money Cash starts to run out Oh no! We are going to be poor We must learn to save up Yeah let's think about our money When we have it in our hands It is good to understand That we can save our money</p> <p>Let me introduce myself Madeena is my name My big tip is Let good planning be your aim</p> <p>Hi my name is Muaz I use my pocket money wisely I save up first Before I spend the money</p>	<p>Hey my name is Daniel I love to put my money in piggy bank Once my piggy bank is full My money goes to saving account</p> <p>Stacy is my name I love to spend and spend But I keep track on my spending So that I still can save money</p>
---	---

 **Teacher's Note**

- Ask pupils to identify four tips to save money from the song.



B. Based on the poem, identify the Do's and Don'ts in saving money.

Good planning	Spending before saving	Forgetting to keep track on expenses	No planning
Saving before spending	Forgetting to put money in the piggy bank or saving account	Keeping track on expenses	Putting money in the piggy bank and saving account

Do's	Don'ts

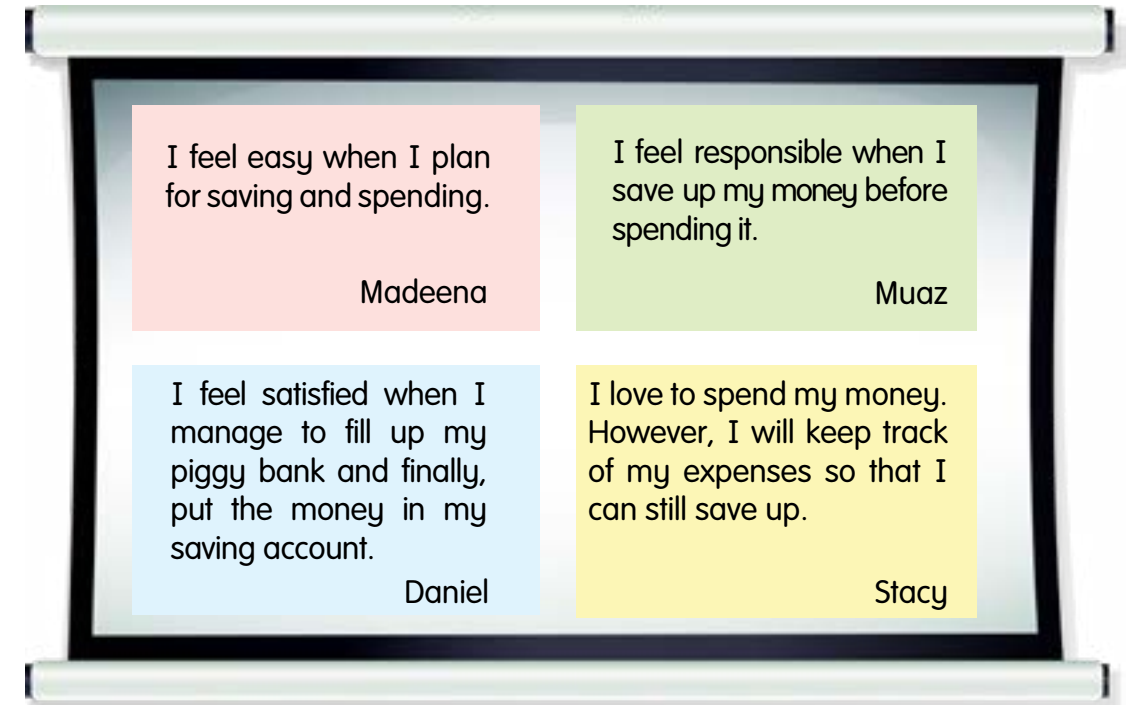


Teacher's Note

- Highlight the antonyms used in this activity.



C. Read the sticky notes on the board below.



D. Complete the following short paragraph based on the notes above.

Madeena, Muaz, Daniel and Stacy shared their personal tips to save up money. Each of them also shared their feelings when they applied their tips.

Madeena felt _____ while _____

Muaz felt _____. As for Daniel, he felt _____

_____. Stacy had a

different approach, she _____



Teacher's Note

- Highlight the vocabularies used to express feelings in Activity C.
- Remind pupils to be careful with singular and plural verb usage.

Relative Pronouns

Relative pronoun is used to introduce relative clauses which serves the purpose to make clear which person or thing we are talking about or give more information about a person, thing or situation.

1. My parents still remember the day **when** they first met.
2. That's the office **where** my father works.
3. I think people **who/that** is polite with waiters or cleaners are well-mannered people.
4. Are you the person **whose** money got stolen in the bus?
5. Did you love the scarf **which/that** I gave you?

A. Determine the functions of the relative pronouns based on the above examples.

1. Refers to people	•	•	When
2. Refers to things	•	•	Where
3. Shows possession	•	•	Who
4. Refers to a period of time	•	•	Whose
5. Refers to a place	•	•	Which/that

B. Circle the correct words.

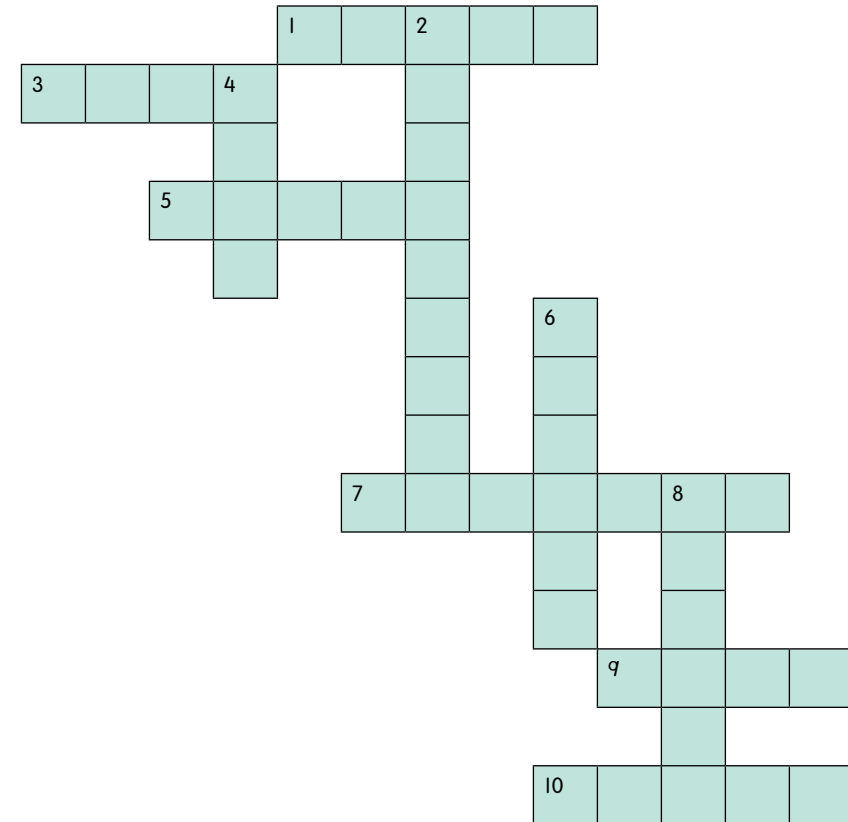
1. That's the man **whose/who** daughter is a baker.
2. Have you seen the TV remote control **where/which** I put on the table?
3. Can you remember the name of the restaurant **when/where** we ate last month?
4. The principal is discussing with the teacher **whose/that** always leads the school gardening project.
5. Where is the boy **which/whose** laptop is broken?



Games Begin!

A. Read the clues on page 140 and then complete the crossword puzzle using the words provided.

Financial Crossword Puzzle



EARN	SAVE	INVEST	CHEAP
AFFORD	DEPOSIT	EXPENSIVE	BROKE
	NOTES	SELL	



Teacher's Note

- Remind pupils to compare the clues given with the answers provided.

UNIT 11 BUSINESS E-COMMERCE



Warm Up

- List some of the online shopping websites that you know.

Listening

A. Scan the QR Code and listen to the audio script entitled **Advantages of Online Business**. Tick (✓) the words that you heard.

Creatures
 Mammals

Business
 Internet

Shipment
 Online

Shops
 Affection

Advancement
 Products

Advertisement
 Global



Scan Here

<http://arasmega.com/qr-link/unit-11-exercise-11-advantages-of-online-business/>

B. Listen to the audio again for the glossary and then complete the following sentences.

operated

online

shipment

advertisement

- _____ businesses can be managed from any place in the world.
- After orders are placed by the customers, items will be processed for immediate _____ so that the parcels can reach their destinations all over the world.
- Once the _____ is posted online, the whole world will get to see it.
- Unlike physical shops which require you to open and close according to a specified time, online businesses can be _____ 24 hours a day, 7 days a week.















Teacher's Note

- Guide pupils to listen attentively for details.
- Let the pupils read the questions before listening.

A. Discuss the following situation with your group members.



B. Which supermarket do you think is the best for me to do my shopping?

Supermarket A		Supermarket B	
 Poultry RM15.00	 Vegetable RM15.00	 Poultry RM8.50	 Vegetable RM1.90
 Fruit RM7.00	 Snacks RM6.00	 Fruit RM4.50	 Snacks RM3.30
 Detergents RM20.00	 Toiletries RM6.00	 Detergents RM11.90	 Toiletries RM4.30

Teacher's Note

- Teacher can divide pupils into groups, ask them to work together and discuss.
- Encourage pupils to speak and express their opinions.

C. Fill in the blanks and role play the dialogue with your friend.

Grocery Shopping via a Phone Call

dozen eggs	planning to bake a cake	share your location
to deliver the goods	what is the total cost	

Mr. Arjun:	Good morning, Berjaya Grocer here. May I help you?
Madeena:	Good morning. I would like to order some groceries, please.
Mr. Arjun:	Sure. What would you like to order?
Madeena:	Well, I need a _____, 100 g of white chocolate chips, 150 ml of vegetable oil, 200 g of self-rising flour, a box of cocoa powder, a small can of baking powder, a packet of brown sugar, 150 ml of Greek yogurt and a bottle of salted caramel sauce.
Mr. Arjun:	I guess you are _____, right?
Madeena:	Absolutely. So, _____?
Mr. Arjun:	The total cost for the purchased items is RM40.30.
Madeena:	How long does it take _____?
Mr. Arjun:	That will be half an hour from now. Can you _____, please?
Madeena:	Sure. I will be waiting at the playground in Taman Bukit Melawati.
Mr. Arjun:	Thank you for shopping with us.

Teacher's Note

- Encourage pupils to share their opinions and express their ideas.
- Pupils fill in the blanks and then role play the completed dialogue.

A. Read the following online forum on the Tips to Promote Online Business.



ArjunRampal92

Hi, I am Arjun Rampal from Alor Setar, Kedah. I want to sell my product online, but I do not know how to start. Has anyone got any tips to promote online business?
29 May 2020 11:00 a.m.

You can use websites and blogs because they are good platforms to promote your business on the Internet as a beginner. Besides, posting quality content regularly may help to boost your traffic in the search engines.

29 May 2020 12:10 p.m.



PhuaChuSui



MikayMY

Nowadays people tend to use their social media account to promote their products. It can reach your targeted audience widely. You can use it to update about your daily activities. Post the content about your product, ask some questions and repost or comment on other users' account to engage with the audience.

30 May 2020 2:00 p.m.

Visual content works well on social media. Use your time to develop your skills in taking photographs and making videos to market your product efficiently. Create interesting videos that can grab people's attention and engage with them.

31 May 2020 8:00 a.m.



MikailNaufal



StacyEsmerelda

Do not overdo your business promotion efforts on social media by posting the advertisement too often. Instead, you can share articles, write comments, give feedbacks to others' comments on your postings, and provide space for your audience to ask questions.

31 May 2020 5:00 p.m.

Glossary

- Internet: A computer network that provides a variety of information and communication facilities to the audience.
- Search engines: Computer software used to search data for specified information.
- Social media: It is a form of electronic communications which users can create online communities to share information, ideas and contents.

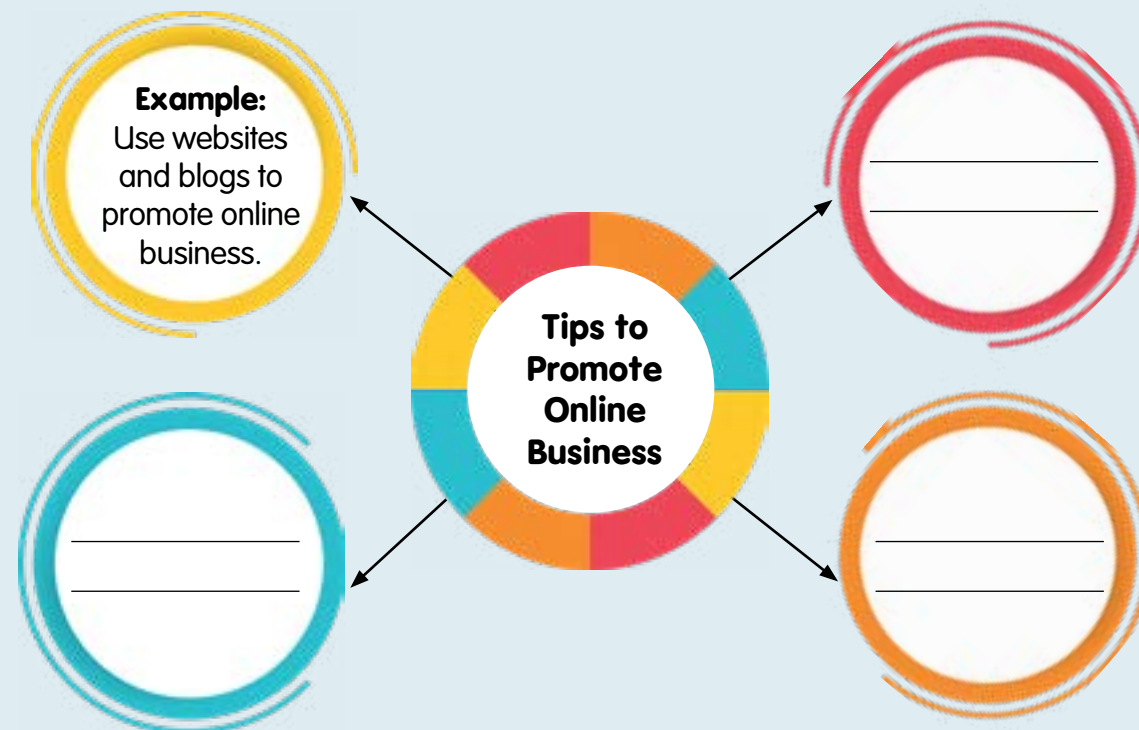


Teacher's Note

- Teacher guides pupils to read the text.

B. Answer the following questions.

1. Fill in the map with your answers.



2. In your opinion, what are the advantages of selling products online?

3. List down the social media platforms that can be used to market products.



Teacher's Note

- Teacher guides pupils to fill in the blanks based on the text given.

A. Read the poster below.

Ways to Protect Personal Banking Information

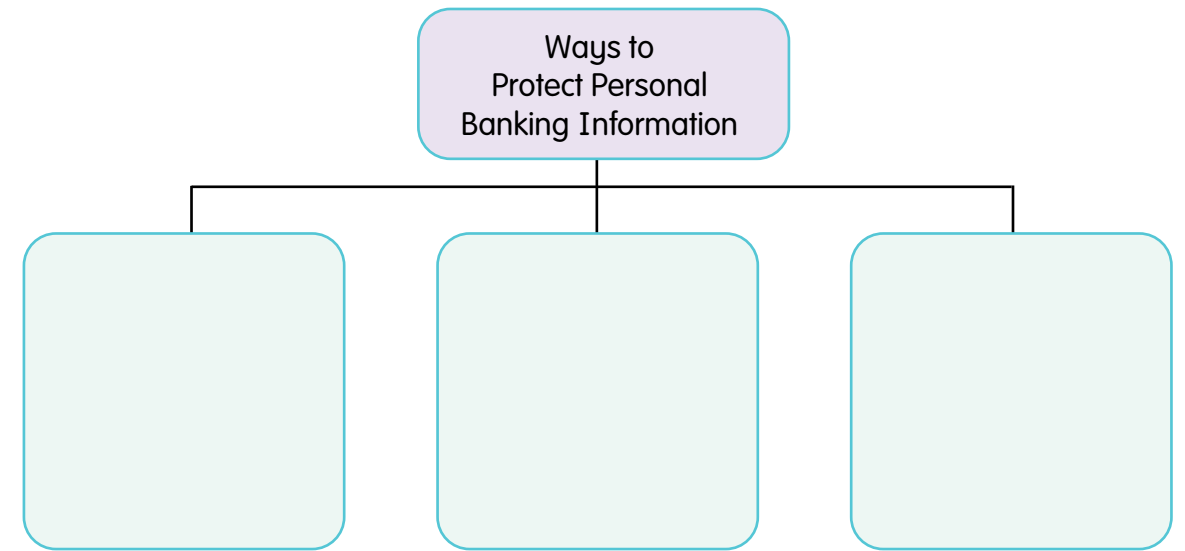


- Report lost cards immediately as soon as you realised your card is missing.
- Beware of your surroundings at the ATM machines.
- Don't use public computers for online banking.
- Keep your PIN numbers and passwords secret.
- Watch out for scammers.
- Check your account activity regularly.
- Use strong passwords for online banking.

Glossary

- Skimmer: A device that can be placed over ATM cards slots.
- Online banking: A method of banking transactions that is conducted electronically.

B. Based on the poster on page 148, complete the chart.



C. Rearrange the letters into words and then construct sentences using the words.

1. olinne kingban

2. mmiersks

3. cmotpuer publci



Teacher's Note

- Teacher guides pupils to fill in the chart using the information from the poster.
- Teacher guides pupils to arrange the letters into words and construct the sentences.

A. Read the following notes.

Adverb

Notes

- Adverb is a word that describes a verb.
- Adverb often ended with-ly.

Example:

- My cats wait **impatiently** for his food.
- We will be **slightly** late to the meeting.

B. Fill in the blanks with the correct answer provided below.

abruptly	quickly	gently
happily	seriously	simply





1. Firdaus is happy. He smiles .
2. They walk to catch the train.
3. The driver stops the bus .
4. During autumn, colourful leaves can be seen falling from trees.
5. This exercise is simple. You have to put one word to each sentence.
6. I will consider your suggestion.

 **Teacher's Note**

- Teacher instructs pupils to read the notes given and fill in the blanks with the correct adverbs.

 **Topical Quiz**

A. Choose the best product and provide your reasons.

Item	Your Choice	Reason
 <p>Peanut Butter A = 5.4 gram sugar for 100 gram B = 2.3 gram sugar for 100 gram</p>		
 <p>Ketchup A = 80 ml for RM5.00 B = 110 ml for RM7.50</p>		
 <p>Biscuits A = High in vitamins K, B1, B2, B3, fibre and zink for serving pack B = Consists of vitamins B1 and B2 for serving pack.</p>		
 <p>Tissues A = 200 sheets for RM10.90 B = 400 sheets for RM15.90</p>		

UNIT 12 WISE SHOPPERS



Warm Up

- Are you good at saving money? Discuss.

Listening

A. Write TRUE or FALSE for the following statements.



Scan Here

<http://arasmega.com/qr-link/unit-12-exercise-a-conversation-about-online-shopping/>

1. When shopping online you should not provide your personal information to the sellers.
2. Stacy is planning to ask her friend to buy a school bag for her.
3. You will receive spam emails and unwanted messages from the hackers or third parties if they misused your personal information.
4. You should provide your address when buying an item online.
5. Hackers can steal someone's identity easily.

B. Based on the conversation, match the following words or phrases with their correct meanings.

Words/Phrase	Meaning
1. Spam	• Legal control over access to and use of data stored in computers.
2. Third party	• A marketer who sells products.
3. Sellers	• A card that allows the holder to purchase goods or pay for services without using cash.
4. Data protection	• A set of related web pages containing information about a company.
5. Company website	• A person other than the principal.
6. Credit card	• Unwanted emails or messages, (usually advertisements) sent to a large number of people.



Teacher's Note

- Teacher guides pupils to listen to the conversation.
- This can be a group activity.

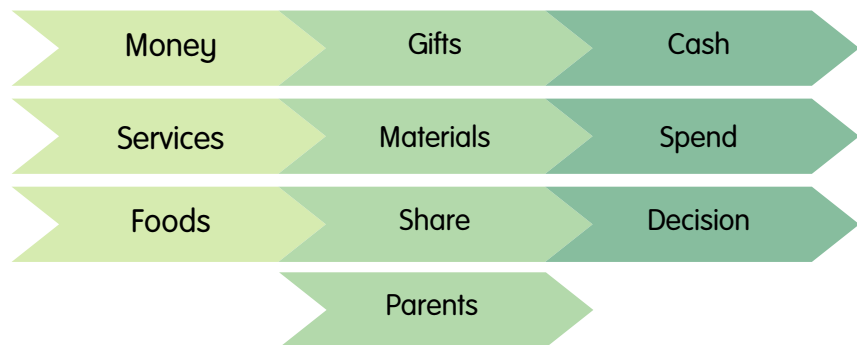
 **Listening**

C. Listen to the Radio Talk and circle the words that you heard.



Scan Here

<http://arasmega.com/qr-link/unit-12-exercise-b-how-to-save-money/>



D. Circle the correct answer and fill in the blanks.

1. What is the main idea of the radio talk?
 - a. How to Spend Money
 - b. How to Save Money
 - c. How to Divide Money

2. In your opinion, why is it important to have a saving? 

E. Write 30 word essay starting with the following phrase.

If I were a billionaire, I would _____



Teacher's Note

- Teacher guides pupils to listen to the talk and answer the questions.
- Teacher guides pupils to write good sentences.



Speaking



Group Work

A. In groups of four, discuss the steps that should be taken by Miss Melissa to become a smart consumer. Use the ideas below.



- Check the expiry date before buying a product.
- Research about the product and compare the prices before buying.
- Write a list of things or products to buy before going to the store.
- Check the main ingredients or contents on the food label carefully.
- Read the rules for storage and preparation before buying a food item.

Example:

1. Miss Melissa should check the food label before purchasing it.

2. _____

3. _____

4. _____

5. _____



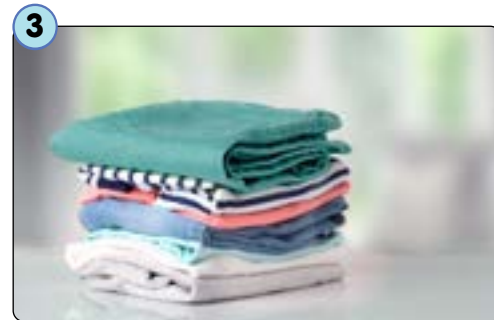
Teacher's Note

- Teacher encourages pupils to share their opinions and ideas.
- Teacher guides pupils to write correct sentences.

B. Based on the advice in A, discuss the topic on being a wise shopper with your group members. You may use the questions below to help you.

- Why is it important to be a wise shopper?
- Are you a smart shopper? Why or why not? Justify.
- What else should you do to become a wise shopper?

C. Based on the pictures below, pick two items that should be bought. Justify your answer.



Teacher's Note

- Teacher encourages pupils to express their opinions about the topic.
- Teacher guides pupils to use the notes given for the group discussion.

Reading

A. Read the following text below.

Money Can't Buy Happiness

There was a farmer named Daniel living in village. He was very rich and had a lot of money. He never spent his money because he was scared that someone would know about his wealth and try to steal from him. He always pretended that he was poor by wearing old clothes. In the village, people laughed at him due to his foolishness, but he didn't care. He only cared about his money.

One day, after selling all of his farm produce at the market, Daniel finally collected enough money to buy a solid lump of gold. He was so happy on that day. He hid his gold bar in a hole. He sat on the hole and then said, "No one will ever find my precious gold." He smiled.

Unknown to him, a thief saw Daniel when he was digging the hole to hide his gold. After Daniel left and went home, the thief dug the hole and saw the shiny gold bar. He took it, slipped it into his bag and ran away without looking back.

The next day, Daniel went to check his gold bar, he was so shocked to see it was gone. He was totally confident that no one knew about the hole. He was so disappointed and depressed. Daniel could not hold his tears. All of his hard work has gone! He cried and cried so loudly until a wise old man heard him.

The old man tried to calm Daniel down and finally he asked "What did you do to the lump of gold before it was stolen?"

Daniel replied, "I didn't do anything, I just came and checked on it and looked at it every day." "Very well, then you should do exactly the same to this stone." said the old man. "Yes, you're right, I am wasting time by just looking at my gold." said Daniel.

Adapted from Traditional Stories: The Lump of Gold. Retrieved on 25th July 2020 at <https://learnenglishkids.britishcouncil.org/>

Glossary

- Foolishness: Lack of judgement and good sense.
- Depressed: A person in a state of unhappiness.



Teacher's Note

- Teacher guides pupils to read the text with the correct pronunciations.

 Reading

B. Tick (✓) the main idea of the text.

1. Money can't bring us happiness if we don't use it wisely.
2. The village is a place where rich people live.
3. Daniel sold his entire farm produce in order to buy a gold bar.

C. Read the text again and answer the following questions.

1. Why couldn't Daniel hold his tears?

2. The next day when Daniel went to check his gold, he was so _____.
 a. uncertain c. shocked and disappointed
 b. grateful d. excited
3. The old man said that you do not need money to be happy. Do you agree? Why?

D. Use a dictionary to find the meaning of these words.

Lump: _____
 Produce: _____
 Gold: _____
 Despair : _____



Teacher's Note

- Teacher guides pupils to answer all the question correctly.

 Reading

E. Read the article below.

TODAY'S NEWS



Kuala Lumpur, June 23 – One of the famous Malaysia preachers, Ebit Lew had announced that he is in the process of opening his own mart, ElewsMart by mid-July this year.

He also stated that the locations of this ElewsMart branches will cover Klang Valley area including Bandar Baru Bangi,

Adapted from Popular Preacher Ebit Lew to Open a Chain of ElewsMart in Klang Valley with Food Bank to Help the Needy, retrieved from <https://www.malaymail.com/news/life/2020/06/24/popular-preacher-ebit-lew-to-open-chain-of-elewsmart>

Kajang, Cyberjaya, Sungai Buloh, Balakong, Shah Alam, Damansara, Cheras, Prima Gombak and Subang Perdana.

Lew, who always finds happiness in helping those who are less fortunate, stated that ElewsMart is one of his initiatives to give back to the community.

In addition to these intentions, he plans to have a food bank for the needy at all branches and ensuring that his stores would offer cheaper prices so it could ease the burden of the people.

"I want to help everyone despite their race and religion," he said.

F. List down five new words that you have learnt from the article and find their meanings in the dictionary.

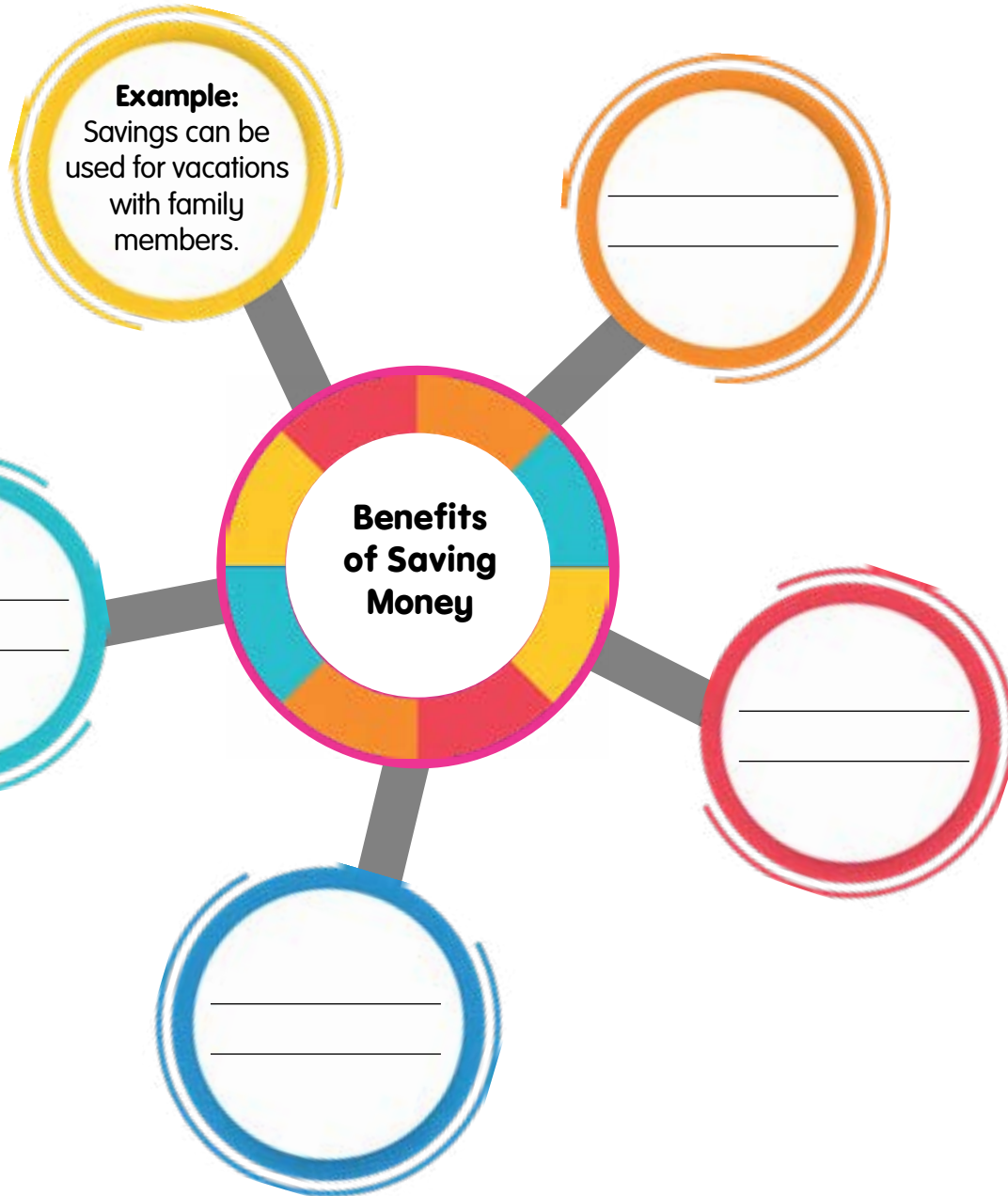
Word	Meaning
1.	
2.	
3.	
4.	
5.	



Teacher's Note

- Teacher guides pupils to read the text with correct pronunciations.
- Guide pupils to fill in the blanks with correct answers.

A. Discuss with a partner on "The Benefits of Saving Money".



 **Teacher's Note**

- Teacher guides pupils to fill in the bubble map.

B. Read the conversation between Muaz and his father, Mr. Mikail. Fill in the blanks with the correct phrases or sentences.

Would you mind	I need	Why don't you earn some extra money?	Can I ask you	Is it okay
Can you	favour	I will pay you	Will you need	Okey, it's a deal!

Muaz: Hello dad, Good evening.

Mr. Mikail: Good evening, Muaz.

Muaz: _____ something?

Mr. Mikail: Yes, what is it?

Muaz: _____ do me a _____?

Mr. Mikail: Yes, sure.

Muaz: _____ lending me some money, please?

Mr. Mikail: May I know what is the money for?

Muaz: We need new books for our new classes.

Mr. Mikail: How much do you need?

Muaz: _____ RM200 for the books.

Mr. Mikail: Okay, I will wire you the money by tomorrow. Anything else, Muaz?

Muaz: Dad, I would also like to ask for my pocket money for this month.

Mr. Mikail: Of course. How much is it?

Muaz: RM300 should be enough.

Mr. Mikail: Okay. I will send you RM500, and that's including your pocket money.

Muaz: Thanks dad, please take care of your health. See you soon.

Mr. Mikail: Will do, bye.

Indirect Questions

- An indirect question is a question embedded inside another questions or statement.

Example:

Direct Question	Indirect Question
When is your brother coming?	Do you have any idea when your brother is coming?
Where does he go every day?	Would you tell me where he goes every day?

A. Fill in the blanks with the following phrases to form indirect questions.

Would it be possible Would you mind telling me Could you tell me

Do you know Do you have any idea?

- _____ what time the show starts?
- _____ where Merab Pesona street is?
- _____ if the tournament has started yet?
- _____ for you to help me move out on a Saturday?
- _____ why they are not wearing school uniforms?

B. Construct indirect questions based on the direct questions given.

- Direct question: How much do you earn?

- Direct question: Where is Petaling Jaya located?

- Direct question: Was Zhang Wei the first to arrive?



Teacher's Note

- Teacher explains indirect questions and provide examples to pupils.
- Teacher guides pupils to answer the questions.



Topical Quiz

A. Read the following announcement. Then, answer the questions.

How to Make a Savings Plan

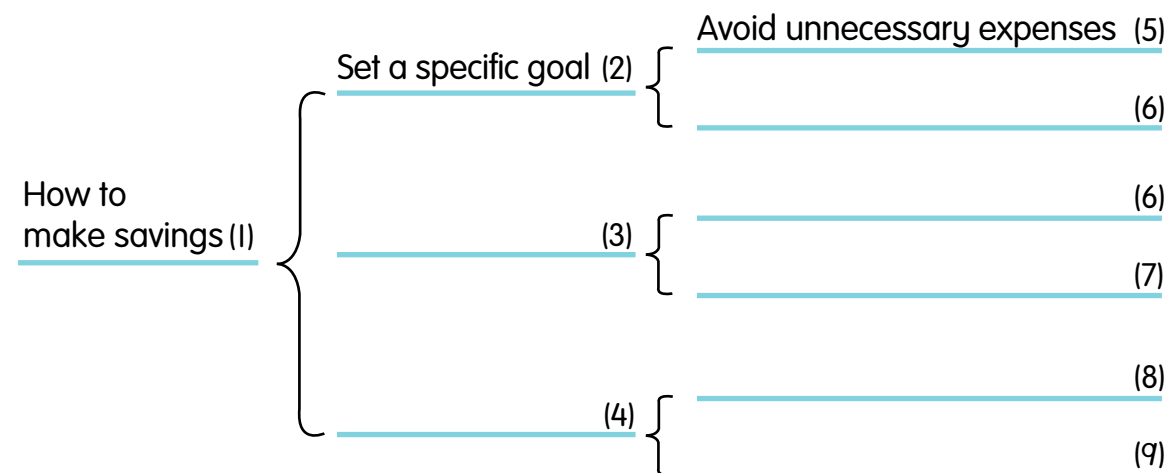
Good morning, students of SMK Jitra! Today, I would like to share with you how to make a savings plan. This will be beneficial for your future references.

First, set a specific goal of how much you want to save. This will help you to stay motivated to keep saving up until you reach your goal. This way, you can also avoid unnecessary expenses.

Second, keep track on how much you have saved so far. Make a creative chart to record your transactions. If you have a smartphone or tablet, you may use an app to record your money-saving activities.

Third, keep your savings in a safe place. You need to decide whether to put it in a savings account or in your house. It is a good idea if you keep it somewhere out of your sight so that you will not be tempted to use the money for shopping.

B. Based on the talk above, complete the brace map below.





Games Begin!

Currency Exchange Games

Instructions:

1. Get into groups.
2. Each one of the groups will take one column of the currency exchange.
3. The first group to answer correctly is the winner.

Foreign Currency Unit		Malaysia Ringgit (MYR)
1 Turkish Lira	TRY	0.61
1,000 Korean Won	KRW	3.53
1 US Dollar	USD	4.21

ITEMS	PRICES IN FOREIGN CURRENCIES		
	TRY	KRW	USD
 RM250			
 RM150	650		
 RM100		583.60	473.20
 RM300			
 RM220	600.30		

Audio Tapescript



A. Arjun and Little Brother's Daily Activities.

Hello! I'm Arjun and I am 17 years old. I study at SMK Taman Mergong Jaya in Form 5. I have a little brother at the same school. His name is Jeevan and he is in Form 2. I'm going to talk about my daily activities with my brother. Our typical day starts very early in the morning at 6:00 o'clock. We brush our teeth and go to shower. Each of us has a 20 minutes shower. We usually have hot chocolate and cereal for breakfast. We go to school together at 7:00 a.m. by school bus. We have our lessons until 1:00 p.m. and then have lunch with our friends before the afternoon school activities begin. In the afternoon, I have a school band practice with my bandmates while my little brother, Jeevan has a basketball practice with his team. We go back home at 4:30 p.m. At night, I go to tuition classes while Jeevan has art lessons. After that, we start doing our homework at 9:30 p.m. and then finally go to bed at 11:00 p.m.

B. Combine " Pictures and Recording".

- | | |
|---------------|---|
| 1. Daniel: | Grandma I cooked your favourite meal, it's chicken porridge. |
| Grandma: | Oh, thank you! You are such a sweet boy. |
| 2. Madeena: | Hello, I am Madeena. I am 17 years old. I am schooling at SMK Taman Harmoni. My father is a teacher while my mother is a housewife. I have five siblings. |
| 3. Teacher: | What do you do every evening? |
| Tan Pei Kee: | I play with my little sister at the playground every evening. |
| 4. Boy: | Can we have an English extra class on 10 th of June Madam? |
| Madam Faezah: | Oh, I'm so sorry my dear. I'm going back to my hometown to celebrate my niece's birthday on that date. |
| 5. Friend: | Which one is your sister? |
| Muaz: | The one with a dark brown scarf. |



UNIT 2

A. Dialogue of Stacy ordering food in a restaurant.

Waiter: Hello, can I help you?
 Stacy: Yes, I'd like to order some dinner.
 Waiter: What would you like to order?
 Stacy: I'd like to have fried noodles. Make sure they are not spicy.
 Waiter: Okay. Would you like anything to drink? I would like to suggest coconut shake or fruit juice since both are hot-selling beverages in our restaurant.
 Stacy: I'd prefer fruit juice. Do you have apple juice?
 Waiter: Yes, we do.
 Stacy: Great. I'd like apple juice with less sugar.
 Waiter: Anything else you would like to add as a side dish?
 Stacy: French fries would do. That's all, thank you.
 Waiter: You're welcome.



UNIT 3

A. Listen and then recite the poem.

Garden of Sand

Soft waves of the sea
 tickle my feet
 Salt on my face
 A wandering breeze
 sunlight's embrace
 Horizon so near
 a small fishing boat
 The sound of the sea
 My soul is afloat

B. Conversation of a father and daughter on going for a vacation in Langkawi Island.

Encik Akhir: Melissa, when will your school holiday start?
 Melissa: It will start next Friday, father.
 Encik Akhir: Wonderful, Melissa! I have planned a special vacation for the whole family.
 Melissa: Awesome! So where is our destination this time, father?
 Encik Akhir: We are going to Langkawi Island, dear.
 Melissa: What are the attractions there, father?
 Encik Akhir: Langkawi Island lies close to the border of Thailand, where the country's nearest island Koh Lipe is only a 30minutes boat ride away. Besides having a beautiful scenery, it has several attractions such as Seven Wells, Langkawi Cable Car, Kilim Geoforest Park, Eagle & Lagenda Park, Tanjung Rhu and many more. We should visit some of the nice temples, eat out at the various hawker stalls and food courts, have fun at Underwater World, and stop by the secluded beach (Black Sand Beach) over there.
 Melissa: Sounds great, father. Can't wait! In addition, I used to read in a travel magazine that there are also popular destinations such as Tasik Dayang Bunting (The Lake of the Pregnant Maiden), Gua Cerita (Cave of Stories), Gua Langsir (Curtain Cave), Hot Springs, and Field of Burnt Rice on the island. We should totally visit all these places too, father!
 Encik Akhir: No worries, we are going to spend almost 5 days and 4 nights there.
 Melissa: Wow, this is going to be so much fun! Are we going there by plane?
 Encik Akhir: Definitely, yes!



A. Weather forecast announcer.

Hello! My name is Naufal, and I am the weather forecast announcer for this week. Now, let's see what the weather is like today. In the north of the country it is very windy and cool. There is a chance of some rain too, so don't leave home without your umbrella!

The minimum temperature is between 31 and 33 degrees Celsius and is never exceeded; while the maximum temperature is between 22 and 23.5 degrees Celsius. This week we will receive a minimum of 600 mm (100 in) of rain.

In the east it is going to be raining all day with thunderstorms; whereas in the middle and south of the country the weather is dry but cloudy. So, there'll be no rain for you although it is quite windy. The temperature would be about 12 degrees Celsius. The south has the best weather today. It is cloudy most of the time, but sunny the whole afternoon. The temperature is between 10 and 15 degrees Celsius. Stay hydrated throughout the day.

B. Madeena's opinions about phone call and social media.

Tan Pei Kei: What's your opinion, Madeena? Do you like to use technology as a medium of communication?

Madeena: Personally, I don't like to use technology as a medium of communication especially social media. This is because I cannot see the facial expressions and body language of the person who is communicating with me. If I must use technology, I prefer phone conversations than social media interactions since it is more meaningful when we listen to the voice of the other person. I only use social media on weekends. I try my best to limit myself from using too much social media as I might get addicted to it. My mother always advises me to use social media wisely.



A. Conversation between Madeena and her father about booking online tickets.

Madeena: Father, I'm booking online tickets for a movie show tomorrow night. Is that okay for you?

Father: Great! What film are we watching tomorrow night?

Madeena: Maze Runner: The Death Cure. It is showing at TGV Cinema in Subang Parade at 8:10 p.m.

Father: Whoa, I really love the movie! It's great, then. We will still have time for light dinner before the show.

Madeena: I have selected row B, seats 7 to 10. Father, I need your debit card to complete the transaction.

Father: Here it is, but please be careful when you enter my personal details on the website.

Madeena: Sure father. What is your CW number?

Father: Did you mean my CVV number? It is actually a verification value at the back of the card. It is a security number for individual bank cards.

Madeena: Got it father. No worries. The payment is being processed. They will send the TAC to your mobile number for confirmation.

Father: Here, the TAC is 9988.

Madeena: Thank you. The payment is now settled.

Father: Don't you need to print out the details of the booking?

Madeena: No need. I just got the confirmation via an email, and I can just use my phone to display the barcode to be scanned at the cinema.

Father: Alright, then.



UNIT 6

A. Scientific words.

- Technique
- Equipment
- Leak
- Quantity
- Pressure

B. Magical Plastic Bag and Pencil!

You can try this fun experiment in class! You will need the following equipment:

- A ziplock bag
- Sharp pencils
- Water

First, fill the plastic bag with water until about 3/4 full and seal it. Don't fill it too much or you won't be able to close it.

Next, hold up the plastic bag with one hand and use the other hand to firmly push a pointy sharpened pencil against the surface of the plastic bag. Keep up the pressure and push the pencil through the other piece of plastic.

Can you see the water is not leaking out? This is because the pressure of the water inside the bag has caused the plastic to form a seal around the pencil.

Now, add more sharpened pencils at different angles but use the same technique!

C. Conversation about an experiment about how to blow the balloons using vinegar and soda bicarbonate.

Madeena: Hello, Zhang Wei! I would like to ask you about tomorrow's experiment for Science Class.

Zhang Wei: Sure. What do you want to ask?

Madeena: What experiment will Mr. Mikail teach tomorrow?

Zhang Wei: Mr. Mikail will show us how to blow balloons using vinegar and soda bicarbonate.

Madeena: Do we need to bring anything from home for the experiment?

Zhang Wei: No. Mr. Mikail said that the laboratory will provide the vinegar, bottle, balloons and soda bicarbonate.

Madeena: Oh, so all the materials will be provided for us! I am so excited for tomorrow's experiment!

Zhang Wei: Me too. Can I join your group?

Madeena: Sure. So, do you know how the mixture of soda bicarbonate and vinegar can blow the balloons?

Zhang Wei: I have done some reading. The mixture will produce carbon dioxide that will cause the balloons to blow.

Madeena: Oh, wow! That's fantastic. I can't wait! See you tomorrow.



UNIT 7

A. How to Eat Better.

Hello, students! today I would like to talk about how to eat better. In order to get a healthy body, you should watch your daily food intake. You should consume unprocessed food, fruits and vegetables, fish and plain water. Step one; eat whole food whenever possible. This means unprocessed food instead of canned food, whole grains instead of refined flour, brown rice instead of white rice, and homemade meals instead of fast-food take-outs. Avoid "low fat" and "zero calorie" food products because they typically have refined sugar to improve the taste. Step two: follow the Ministry of Health rules to eat five servings of fruits and vegetables per day. You can try sprinkling some fruits into your cereals, drinking natural fruit juices, and adding more vegetables to your daily meals. Step three: pay attention on how much and what time you eat. Keep track of what you eat by writing in a diary. Don't multitask when eating, because you will likely pick convenient but unhealthy foods. Step four: try to drink as much plain water as you can daily to improve your digestion and to keep you full. You can drink plain water before you eat as it may help fight your urge to overeat. Step five: eat fish twice a week because it contains a lot of top-quality protein and omega 3 fatty acids which can provide many health benefits. As a conclusion, in order to maintain a healthy body, you must start monitoring your daily food intake. Just remember, healthy food for healthy body.



A. Weather forecast.

Welcome to the weather forecast. Now, let's see what the weather is like today. In Kuala Kangsar, there is a chance it will be raining at lunch time. So, don't leave home without your umbrella. In the north of Peninsular Malaysia, it is going to be worse than the south since it will be raining all day today. I'm afraid there will be thunderstorms in the evening. Meanwhile, in Putrajaya, the weather is dry but cloudy. East Malaysia, Sabah and Sarawak will have the best weather of the week. Sabah and Sarawak will be hot on all days this week. Lastly, a gentle reminder for you that the Southwest Monsoon will start this weekend causing less rainfall during the period.



A. Counselling on mental health.

A counselling forum on mental health will be held on Tuesday, 14th July, at the main hall of SMK Bandar Baru Salak Tinggi. It will start at 3:00 p.m. sharp. Pupils of Form 3 to Form 5 are required to come early to listen to the forum. 50 early birds will receive goodie bags. Please inform the school counsellor, Mr. Damanhuri for any absence. The participants must attend the forum in complete school uniforms. Please inform your parents earlier about this program as you are not going back home at the usual time.



A. Words related to money.

- Buy
- Cost
- Sell
- Save
- Spend

B. Muaz's efforts to buy a smart watch.

Muaz, who is a school athlete, had the intention to buy a smart watch. The smart watch can monitor his heart rate and help him to access his smart phone applications easily.

However, the price of a smart watch is expensive. It costs around RMI,700. Muaz put his thought into how to get RMI,700 to buy the smart watch.

Muaz thought he should save his school pocket money. Other than that, he wanted to do small online business to earn more.

He sold fitness T-shirts online. He advertised and promoted the T-shirts on social media like Facebook and Instagram. He gained a lot of profits from the small business.

Eventually, he managed to buy the smart watch. He was very happy to own the smart watch. What's more important, he learnt how to do business and saw that success requires efforts.

C. Conversation between Reporter, Stacy and Arjun about shopping.

Reporter: Hello, welcome to Look Book Show! This week, we're coming to you live from Suria Pavilion Shopping Mall, where some of the most fashionable people in Kuala Lumpur do their shopping! Let's talk to a few of them. Hi! What's your name?

Stacy: Stacy.

Reporter: Are you from Kuala Lumpur, Stacy?

Stacy: No, I came here for a holiday. I'm from Perak.

Reporter: Have you bought anything yet?

Stacy: Yes, a new bag. It is cheap here.

Reporter: So, what kind of colours do you prefer in bags?

Stacy: I prefer dark colours.

Reporter: Well, I hope you find lots more bargains.

Stacy: Thanks!

Reporter: Hi! Can I interview you for a minute?
 Arjun: Sure.
 Reporter: What did you buy today at Suria Pavilion?
 Arjun: I bought a pair of new jeans.
 Reporter: Tell me about your fashion style today.
 Arjun: I usually buy used clothes, so my jacket is actually from a thrift shop near my house and I borrow this bag from my brother.
 Reporter: Cool! Thank you. Right, now let's get back to Claudia at the studio.



A. Advantages of Online Business.

Hello everyone. Good day to all of you. Today, I would like to talk about the advantages of online business. Most of the time, our activities on shopping platforms on the internet involve buying instead of selling. However, did you know that it is quite easy to do online business? There are so many advantages of this type of business.

The first advantage is that they have global access. Whether you are selling homemade brownies, clothes, and many others, once the advertisement is posted online the whole world will get to see it. Unlike physical shops which require you to open and close according to a specified time, online businesses can be operated 24 hours a day, 7 days a week.

Online businesses can be managed from any place in the world. Besides, with today's technology and advancement in logistics efficient delivery of products is guaranteed. Right after orders are placed by the customers, items will be processed for immediate shipment so that the parcels can reach their destinations all over the world within a short period of time. Lastly, online business can also be cost saving, and this is beneficial especially for new entrepreneurs. All in all, there are great advantages in doing some online business.



A. Advantages of Online Shopping.

Madam Faezah: Hi, Stacy! I heard that you are going to buy a school bag online. Is that true?

Stacy: Hi, Madam Faezah! Yes, it is true. What are the safety precautions that I should take when buying stuff online?

Madam Faezah: The first thing that you need to consider is not to provide too much personal information when shopping online because it might be used by third parties for harmful intentions. This will cause you to receive many spam emails and unwanted messages from potential scammers.

Stacy: That sounds very serious. What should I do to avoid this?

Madam Faezah: Buy from local and trusted online sellers that provide data protection security. Moreover, do not save any credit card information on any website when buying things. In addition, you should also check their store policy on the shopping websites.

Stacy: Oh, I see. Besides, I am going to ask my friends who have bought school bags online and ask for their opinions and feedbacks. I can also ask them from which online store they got them.

Madam Faezah: That's a good idea, Stacy.

Stacy: Thank you for your concern and advice, Madam. Really appreciate it.

Madam Faezah: You're welcome.

B. How to Save Money.

Hello, everyone! I am Daniel from SMK Pendidikan Khas, Setapak. Today, I would like to share with you the tips to save money. In order to save our money, there are various ways. One of the ways is by using glass jars. Get three glass jars and then label them as "spend", "save" and "share". Did you know that it is super important to equally allocate our money for personal saving, and for sharing it with other people? You can buy other people some gifts or give donations to a charity. Once you get your pocket money from your parents, immediately divide them into these three jars. For an example, if you get RM30, put RM10 into the "spend" jar, RM10 into the "save" jar, and another RM10 into the "share" jar. Do not use the money from the "save" jar whenever you want to buy something. Instead, wisely use the money from the "spend" jar and "share" jar to pay for it. Train yourself to save some money for emergencies and for future use. That's all for today. Thank you.

Dengan ini **SAYA BERJANJI** akan menjaga buku ini dengan baiknya dan bertanggungjawab atas kehilangannya, serta mengembalikannya kepada pihak sekolah pada tarikh yang ditetapkan.

Skim Pinjaman Buku Teks			
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